

Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S  
EMOTIONAL  
WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?  
WE'RE HERE TO HELP.  
JUST COME ALONG

NEED TO CHAT  
TO SOMEONE  
IMPARTIAL  
ABOUT  
SOMETHING?

Need relationship  
advice? Having  
trouble at school?  
Just feeling a bit  
low? Come talk to  
us for free and  
confidential  
support and  
advice.

