

SUBJECT: Component 3					
LONG TERM PLAN	Number of lessons	Acquired knowledge – build in opportunities to revisit & sequence carefully	Acquired Skills – embed, revisit and build in checks to ensure they have acquired them	PR Assessment – What have they learnt and remembered?	Extra- curricular links: School values CEIAG Trips Links to local context Working across subjects
Factors that affect health and wellbeing	6	Learners will explore how physical factors can affect an individual's health and wellbeing positively or negatively.	Comparison and interpreting skills- comparing positive and negative impact to health. DS	AO1 Demonstrate knowledge and understanding of factors that affect health and wellbeing . Explain two lifestyle factors that could have a negative effect on Jacob's health and wellbeing. You are a healthcare assistant at a GP practice. You have been asked to help assess the health and wellbeing of a newly registered patient. The GP surgery has asked you to review the information about Jacob. Explain two environmental factors that could have a negative effect on Jacob's health and wellbeing.	This links to, and extends, knowledge and understanding of life events covered in Component 1, but here the focus is on health and wellbeing. Assessment asks student to act in the role of a health care assistant in a GP surgery. SP: Develop awareness of individual differences in case studies to include special educational needs, medical conditions and the impact of these in reference to access to services.
Factors that affect health and wellbeing	3	Learners will explore how Social, emotional and cultural factors can have positive or negative effects on health and wellbeing	interpreting data and plotting on charts NS Being able to compare data to national averages NS	AO1 Demonstrate knowledge and understanding of factors that affect health and wellbeing Explain one impact of living in a new country on Nabil's social wellbeing. Explain three effects that imprisonment could have had on Jacob's social and emotional wellbeing.	Case studies from the local demographic area of physical activity levels and impact on wellbeing Related career in PE, Mental health nurse, Activity coordinators, life coach C: show understanding of cultural differences that can affect access and treatment available to service users.
Factors that affect health and wellbeing	3	Learners will explore how Economic and environmental factors that can have positive or negative effects on health and wellbeing	Links to, and consolidates, knowledge and understanding from Component 1 in particular the impact on early development form life experiences	AO1 Demonstrate knowledge and understanding of factors that affect health and wellbeing Explain two effects of being separated from his parents on Nabil's emotional wellbeing.	Case studies from local demographic area e.g. effect of deprivation on development/ Effect of Rushden Lakes infrastructure/ job market for the community/ Traffic increase C: show understanding of socio economic status, in the local area/ deprivation studies and how this can affect access and treatment available to service users.
Interpreting health indicators	2	Learners will interpret indicators that can be used to measure physiological health, interpreting data using published guidance.	Links to, and consolidates, knowledge and understanding from Component 2, in particular support services and also care values in terms of the need for a person-centred approach. PL	AO2 Interpret health indicators Explain what the data provided by Dr Brown suggests about: <ul style="list-style-type: none"> Sarah's current physical health risks to her future physical health. 	Maths-plot data from health tests. / Science/ PE understanding physiological changes and responses in the body Explore case studies from the local area showing physiological health conditions and their prevalence.

					C- Appreciate additional needs and respect individual differences
Interpreting health indicators	4	interpret lifestyle data in relation to risks posed to physical health, specifically risks to physical health associated with: smoking, alcohol consumption, inactive lifestyles	interpreting data and plotting on charts DS Being able to compare data to national averages DS	AO2 Interpret health indicators Read the 'Lifestyle data' and the information above, then complete the activity. Explain what the data provided by the Practice Nurse suggests about Jacob's current physical health and risks to his future physical health.	Health active lifestyles links to Science and PE. /Maths- Interpreting and representing data/ PSHE- Smoking, Alcohol and Drugs Careers in supporting lifestyle improvement- PE Teacher, healthy lifestyle advisers, nutritionists, health check practitioners, nurse practitioners SP: Develop awareness of individual differences in service users to include special educational needs, socio economic and lifestyle choices
Person-centred health and wellbeing improvement plans	4	Learners will explore the features of health and wellbeing improvement plans.	Research skills around lifestyle improvement NS Collecting sources and information for clients NS	AO3 Design a person-centred health and wellbeing improvement plan You are a healthcare You have been asked to assess the health and wellbeing of one of the service users.Design a health and wellbeing improvement plan for Damien. Your plan should describe three recommended actions.	Assessment focuses on taking on the role of a healthcare assistant. Visits from HSA from local care home/ kettering general hospital Guest speaker from Northampton university
Person-centred health and wellbeing improvement plans	4	Learners will explore the obstacles that individuals can face when implementing these plans and how they may be mitigated.	Designing and implementing health plans NS	AO4 Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans	Careers in health improvement to include- Life coach, Personal training, dietician, nutritionist, health improvement officer, public health officer Class discussion around respect of individual differences and obstacles faced when trying to implement support