

#weareNHFT

# CAMHS CONNECT

COVID 19 SCHOOL SUPPORT IS AVAILABLE NOW

## WELLBEING FOR EDUCATION RETURN

CAMHS Connect is going to be further supporting the Wellbeing for Education Return by providing specific support to schools with any concerns or queries they may have related to the current pandemic by offering consultation directly to schools; which includes:

- Support school staff wellbeing, self-care and resilience
- Advice and consultation regarding individual children and young people
- Signposting for both staff and children to more specialist services if necessary.

To find out more email the team with your details:

[camhsconnectschools@nhft.nhs.uk](mailto:camhsconnectschools@nhft.nhs.uk)

## CONSULTATION LINE AND CAMHS LIVE

A telephone line and online chat tool is available to provide advice and guidance for parents, professionals and young people regarding emotional wellbeing and mental health difficulties.

**0800 170 7055 (Mon - Fri 9am to 9pm)**

[www.nhft.nhs.uk/camhslive](http://www.nhft.nhs.uk/camhslive)

## CONSULTATION CLINICS

If you are concerned about a young person and need some help and guidance, you may find it beneficial to sit down with us and explore what is going on for the young person.

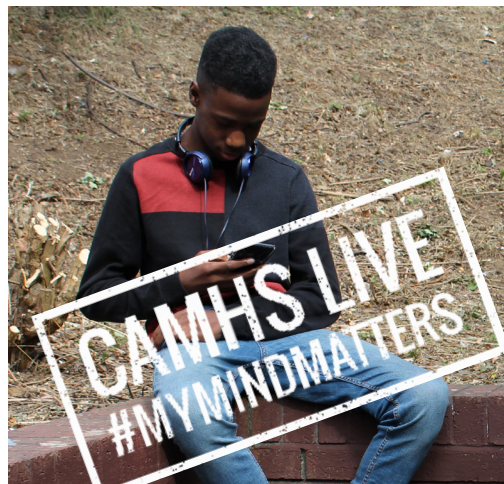
To book an appointment please email:

[CAMHSConnectTrainingandConsultation@nhft.nhs.uk](mailto:CAMHSConnectTrainingandConsultation@nhft.nhs.uk)



*Camhs*

Where Young Minds Matter



**MAKING A  
DIFFERENCE  
FOR YOU,  
WITH YOU**