STAY CONNECTED Locality Newsletter December 2021



Delivering children's early help and social care services across Northamptonshire

This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children and families.

To find news from your local area click the link below.

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WELLINGBOROUGH

KETTERING

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COUNTYWIDE



DADPAD

THE ESSENTIAL GUIDE FOR NEW DADS ...BECAUSE BABIES DON'T COME WITH A SET OF INSTRUCTIONS

Did you know there is a free app for dads-to-be and dads with new babies in Northamptonshire? Developed with the NHS and real-life dads, the **DadPad** gives new dads and dads-to-be the knowledge and practical skills necessary to be able to support themselves and their partner, and give their baby the best start in life.

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep
- When the crying won't stop
- Safe sleeping
- Getting to know your baby
- The Human Baby: What's it all about?!
- Washing your baby
- · Home safety and first aid
- Looking after yourself and supporting your partner

The **DadPad** app is available for **free** download. Simply enter the search term '**DadPad**' into the app store or Google Play for your phone/tablet and download.

Once the app is installed, enter your postcode when prompted and select your local area or hospital.

For more information visit: The DadPad





Household Support - Winter Hardship Fund

The government Household Support Fund aims to support households most in need of financial support this winter. Applications for a grant from the fund will be accepted from 1 December 2021 until 31 March 2022 (or until advised). This is a national scheme providing financial support to households struggling with the cost of living over the winter period. This covers a wide range of vulnerable households including those with or without children. The support fund is built around three support schemes:

School holiday food vouchers: Giving food vouchers during the school holidays directly to the parents or guardians of children living in low-income homes.

Household hardship vouchers: Supporting residents facing financial hardship with supermarket vouchers to buy food, essentials, and support household budgets to pay essential bills.

Winter fuel bank: Keeping the heat and light on in homes which have pre-payment energy meters by sending emergency top-up vouchers to households who lack the means to maintain supply. Please remember, you can also contact your energy supplier for additional support in the event of severe hardship.

Applying -If you already receive means-tested free school's meals you do not need to do anything, you will automatically receive school holiday food vouchers. Parents of eligible electively home-educated children, or those without a school place should call <u>0300 126 3000</u> to request a school holiday food voucher.

You can apply for household hardship vouchers or the winter fuel bank pre-payment meter top-ups, via the Citizens Advice Bureau. To find your nearest Citizens Advice Bureau please visit Search for your local Citizens Advice Bureau

Or telephone <u>01536 265501</u> (Corby) or <u>01536 482281</u> (Kettering) or <u>0808 196 9443</u> (Wellingborough and East Northants) or for West Northants please ring <u>0808 196 9443</u>. Lines may be very busy so please leave your name and contact number and what fund you would like to apply for e.g. Household Support Fund Somebody will get in contact with you.

You can also speak with your work coach at Jobcentre Plus. Our referral partners will discuss your circumstances with you and decide whether the Household Support Fund is appropriate for your household. They will complete an application on your behalf if you meet the criteria.

For full details for West Northamptonshire Council please visit Household Support Fund | West Northamptonshire and for North Northamptonshire council please visit Household Support Fund | North Northamptonshire Council



Northamptonshire Police Survey - Locally Identified Priorities

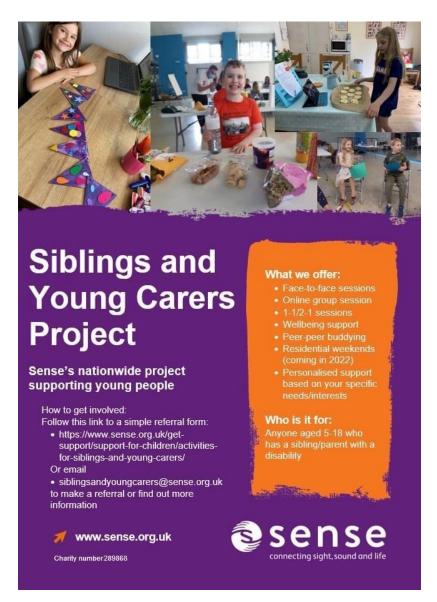
This is a great chance for local people to have their say on the Local Policing Priorities This banner below is a hyperlink that will take you through to the survey or visit Northamptonshire Police: Locally Identified Priorities Survey



Siblings and Young Carers Project

This project is being run by Sense and is for anyone aged 5 to 18 years who has a sibling/parent with a disability. These are some of the activities we can offer in this project: wellbeing support, online group sessions, face to face sessions, peer to peer buddying etc.

For more information please visit <u>Activities for Siblings and Young Carers</u> or email to make a referral siblingsandyoungcarers@sense.org.uk



Mental Health Drop-in Services for 11-18-year-olds in Northamptonshire

Espresso yourself provide drop in cafes for children and young people aged 11 to 18 years old who might be experiencing difficulty with their mental health or in a crisis.

Colleagues are on hand to provide support, for locations and opening times please visit Mental Health Drop In Services and choose Expresso Yourself from the menu on the right hand sie of the screen





Strong Start

Strong Start are putting on some under 5s singing and play and learn sessions in the next few weeks. The events are being held at Blackthorn, Daventry and Kingsthorpe Family Hubs. Families can book their places using the links below or visit our main Eventbrite page for more information. Strong Start Eventbrite

Seasonal Sing with Me

Come along and join in, sing some traditional songs and learn some new ones. You will be able to meet other families and socialise. This session is suitable for babies and children under 5.

After the session there will be an opportunity for you to talk with our qualified Early Years professionals about development and wellbeing topics, ask questions and share any concerns or worries you have about your child or your own wellbeing.

Seasonal Play and Learn

Come along to a play and learn session with a seasonal theme. There will be crafts, messy play and toys for you to enjoy with your child.

During the session there will be an opportunity for you to talk with our qualified Early Years professionals about development and wellbeing topics, ask questions and share any concerns or worries you have about your child or your own wellbeing.

Daventry

Seasonal Sing with Me:

14th December to book please visit <u>Daventry Seasonal Sing with Me</u>

Seasonal Play and Learn:

7th December to book please visit <u>Daventry Seasonal Play and Learn</u>

14th December to book please visit <u>Daventry Seasonal Play and Learn</u>

Kingsthorpe

Seasonal Sing with Me:

15th December to book please visit Kingsthorpe Seasonal Sing with Me

Seasonal Play and Learn:

8th December to book please visit Kingsthorpe Seasonal Sing with Me

15th December to book please visit Kingsthorpe Seasonal Sing with Me

Blackthorn

Seasonal Sing with Me:

16th December to book please visit <u>Blackthorn Seasonal Sing with Me</u>

Seasonal Play and Learn:

9th December to book please visit <u>Blackthorn Seasonal Play and Learn</u>

16th December to book please visit <u>Blackthorn Seasonal Play and Learn</u>

Kettering: Montagu Street Family Hub

Sing with Me:

14th December to book please visit Kettering Sing with Me

Play and Learn:

7th December to book please visit Kettering Play and Learn

Wellingborough: Penrith Drive Family Hub

Sing with Me:

15th December to book please visit Wellingborough Sing with Me

Play and Learn:

8th December to book please visit Wellingborough Play and Learn

Oundle Library:

Sing with Me:

16th December to book please visit Oundle Sing with Me

Play and Learn:

9th December to book please visit Oundle Play and Learn



Prospects Drop In Sessions

Tuesday AM - Kat 10 am - 12pm at

Blackthorn Family Hub, Longmead Court, Northampton, NN3 8QD

Tuesday PM - Lucy 2 pm - 4 pm Wellingborough Council Offices, Tithe Barn Road, Wellingborough, NN8 1BN

Wednesday PM - Marj 2 pm - 4 pm The Community Courtyard, 62 Gold Street, Northampton, NN1 1RS

Wednesday PM - Cathy 2 pm - 4 pm Penrith Family Hub, Penrith Drive, Wellingborough, NN8 3XL

Thursday AM - Paul 9 am - 1 pm Rushden Lakes Jobs Hub, Rushden Lakes, Rushden, NN10 6FH

Thursday AM - Julie 10 am - 12, The Community Courtyard, 62 Gold Street, Northampton, NN1 1RS



ADHD Parent/Carer Talk

This is for anyone raising children with ADHD. Two dates available to book Sunday 9th January at 10.00am or Tuesday 18th January at 7.00pm. The cost is £5.50 per family.



Parenting a child with ADHD comes with its own unique challenges and rewards. Join ADHD specialist teacher, trainer, psychoeducational coach Jannine Harris MA PGCE for this informative session. In this

session learn the reasons why your child behaves as they do, and strategies for how to make positive change. Jannine who has ADHD herself and 3 neurodiverse children will sort the fact from the fiction about ADHD and delve beyond the stereotypes to give you the starting point to build the best future for your child. Whether you are facing a brand new, overwhelming diagnoses for your child, or wanting to better understand a child in your life who you care for, this session has something for everyone

To register your interest please visit <u>Parent/Carer Talk</u> for more information please contact us through our Facebook page <u>Neurodiversity Hub | Facebook</u>

Parenting courses delivered by Care for the Family

HANDLING ANGER IN THE FAMILY

This is a short 4-week online course for parents of children aged 5-16 years. We will look at how we can manage and handle anger in a safe and healthy way, starting with ourselves as parents and carers and then with helping our children.

Date and time: Tuesday evenings, 7-9pm from 18th January - 8th February

Cost: £10 per household including accompanying parent handbook (RRP. £9.99) and additional resources and goodies. Bursary places are available for parents who qualify.

To Book Please visit Handling Anger in the Family





TIME OUT FOR PARENTS - THE TEENAGE YEARS

This is an **8-session course** for parents of children aged 11-19. We will cover topics such as helping our children stay safe online, communication and handling conflict well. This is a fantastic course for those parenting teenagers, and for those who are nearly there!

Date and time: Wednesday evenings, 7-9pm from 19th January - 16th March

Cost: £20 per household including accompanying parent handbook (RRP. £9.99) and additional resources and goodies. Bursary places are available for parents who qualify.

To Book Please visit Time out for Parents - The Teenage Years



Managing sibling relationships podcast

On the podcast this month we are joined by Emma Weaver, **Director of the Early Years Service for the ADHD Foundation** and Samantha Owens who is a **parent, Neurodiversity Advocate** and works for the Home Office representing **Diversity, Inclusion and Wellbeing.**

The 40-minute session looks at **Managing sibling relationships** and topics such as.

- helping a child to understand their neurodiversity
- introducing neurodiversity to siblings
- promoting positive relationships

- managing time between children
- discussions around sibling disagreements

Our podcast is all about celebrating neurodiversity, empowering parents and carers, strengthening our children's superpowers and acknowledging the heroic efforts of neurodiverse families across the country.

We hope you can join us for another great episode of SENsational!

To register for this podcast series please visit <u>The Special Educational Needs Podcast: SENsational - Witherslack Group</u> and links to all episodes will be emailed directly to you.



Wild World Heroes Reading Challenge

Time to wrap up warm and join the **WildWorldHeroes** on their winter adventure. The Reading Agency have teamed up with WWF UK again for the #WinterMiniChallenge. Children can visit wintermini.org.uk to log their reading, play games and win rewards. Lots of information in your local library about this and an ideal opportunity to get a great book out to read.



HAF Holiday Activities Northamptonshire

If your family receives benefit related free school meals, you may be eligible for HAF Northants. Funded school holiday activity and food clubs.

Please contact your school as they have been sent the code you will need to book. To have a look at all the exciting things that are happening across the county to book onto please visit HAF Activity Finder | Northamptonshire Sport

Food4Heroes - Christmas meals



The Christmas meals are freshly prepared by Kettering based company Portfolio Events. The meals come in a container which can be stored in the fridge until Christmas day when they can be reheated in an oven or microwave. To register use the QR code and fill out the form.

The registration closes on Friday 10th December 2021. We will coordinate the delivery of the meals either to a central location or to individual homes on the 23rd December 2021. Please contact John if you have any questions on 07721 513558.

SOUTH NORTHANTS AND DAVENTRY

DISC is back! Looking for qualified coaches.



Are you passionate about Sport?



Do you hold a sports coaching qualification or do you have an interest in working with youngsters with disability or special needs?



 Can you give an hour on a Sunday afternoon, every now and again?

- Northamptonshire Carers has taken over the management of DISC.
- We meet at the Towcester Centre for
- Leisure on the 1st & 3rd Sunday of the month, between 3pm & 4pm.



We re-launch the programme with our first session in January 2022.

We are looking for enthusiastic sports coaches, (paid subject to qualification, or as a volunteer) to join us and bring the DISC members and their families, back into the leisure centre for participation, learning and fun.

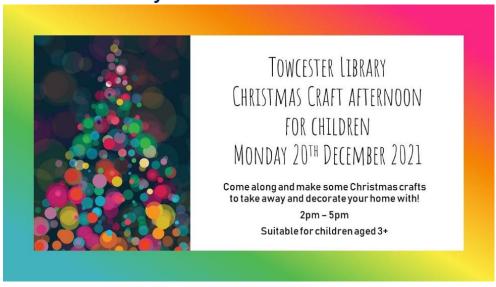
For more information or to express an interest:

call Lynette Emary on 07785 287840 or e-mail LynetteE@northamptonshire-carers.org

Northamptonshire Carers has taken over the management of DISC. We meet at the Towcester Centre for Leisure of the 1st and 3rd Sunday of the month between 3-4pm.

The first session will be in January 2022. We are looking for enthusiastic sports coaches (paid subject to qualification or as a volunteer) to join us and bring the DISC members and their families, back into the leisure centre of participation, learning and fun. For more information or to express an interest call Lynette Emery on 07785 287840 or email: LynetteE@northamptonshire-carers.org

Towcester Library Christmas Craft afternoon



Youth Inspired Free Holiday sessions





Festive Crafts for Families at Daventry Library

Join us for festive crafts with the family. Make some lovely craft items to take home with you and find out more about Family Learning. Suitable for children ages 3+ Please come dressed suitable for messy crafts.

To Book please visit Northamptonshire Adult Learning Festive Crafts for Families

Time and duration Start Date: 18 December 2021

Start Time: 10:15, Day: Saturday Morning

Session Duration: 02:00, Number of Sessions: 1

Location Daventry Library, The Abbey Advice & Resource Ct

Market Square, Daventry, NN11 4XG

Super Star Sport – Arts and Craft Sessions



To find out more about our clubs:

please email us at josh@superstarsportsmmk.co.uk or visit our website at www.superstarsportsmmk.co.uk

Brackley Lantern Parade and Community Carols

Due to the lantern parade being rescheduled to Sunday 19 December, 100 more lanterns are now available to purchase from Brackley Town Council office.

Each pack includes a lantern, light and cane for £2.50. Hurry! We only have 100 lanterns so they will be sold on a first come first served basis. Brackley Piazza

Brackley Elves Christmas Workshop

Christmas Grotto Visits

If you would like to come along to our grotto there are still spaces available to book.

Simply complete the booking form by visiting Grotto Booking Form

Brackley Elves are organising lots of Christmas activities including a free Christmas trail around the town centre, Christmas jumper collection points, Christmas boxes for assisted living centres in Brackley, letters from Santa and Community Christmas cards to find out all the details visit their website Brackley Elves



Brackley Christmas Tractor Run

Sun. 12 Dec 2021

Brackley Town Council will be hosting its first Christmas Tractor Run on Sunday 12 December in order to raise money for Yellow Wellies. Yellow Wellies is an award-winning charity that supports the physical and mental wellbeing of UK farmers.

We have a target of £500.00 to raise and with a large farming community around us here in Brackley, we hope residents will help support this wonderful cause.

All tractors/vehicles will be starting from Egerton Hall at 6pm. The route will then go down Humphries Drive, onto the Banbury Road, back up the High Street and will finish at Egerton Hall.

If you would like to enter the run and decorate your vehicle with fairy lights/festive decorations, please email us or pop into the office to pick up an application form.

Venue: Egerton Hall

Brackley

6 Week Timetable

Wednesday Only

Groups

Week 1 17/11/2021

Guided meditation 10:30 – 11:30 Reflection & Tea 11:30 – 13:00

Week 2 24/11/2021

Tea, Music/singing 10:30 - 13:30

Week 3 01/12/2021

Numerology life path number (discover more about yourself) 10:30 – 12:30

Week 4 08/12/2021

Creative writing & Tea 11 – 13:00

Week 5 15/12/2021

Arts and crafts 10:30 – 12:30

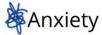
Week 6 22/12/2021

Skills & hobby share 10:30 – 13:00



Courses















*** Please note group times may be subject to change *** For further group details please contact us on 07754853701

Brackley Medical & Community Hospital Arrow Park, 4 Northampton Road, Brackley,NN13 5SZ

Phone - 01604 634310

Email - Enquires@northamptonshiremind.org.uk



To Book:

Please visit our website www.superstarsportsmmk.co.uk



Daventry Timetable



Groups

Monday

Breathing Mindfully: 10.30am- 11:30am

Tuesday

Walking / Swimming: 10:00am - 12:00pm

Wednesday

Arts & Crafts: 10:00am - 12:00pm Cooking: 1:00pm - 3:00pm Wheezy Walk: 11:00am - 12:00pm

Thursday

Armchair Exercise : 10:00am - 11:00am History: 1:00pm - 2:00pm Sports Group: 1:00pm - 2:00pm

Friday

Social Morning 10:00am - 12:00pm

Courses













Stress & Emotional Resilience

Brook Street, Daventry NN11 4GG

Phone - 01327 879416

Email - Enquires@northamptonshiremind.org.uk

Citizens Advice - Daventry and District - Free Debt & Benefits Advice



Moulton Hamper Appeal 2021 and Christmas Carol performance

Moulton Library presents an evening with Steve Dimmer, performing his one man performance of



Christmas can be a challenging for many for lots of reasons. The Community Connectors at the Moulton Health and Wellbeing Hub are collecting and distributing hampers. They are working closely with the Moulton Surgery and Home Start to identify families in need, however if you know of anyone who you think deserves then please let them know. Please email Rachael or Shelley communityconnector@moultonparishcouncil.org.uk or visit the Welcome Desk at Moulton Library Hub.



NORTHAMPTON

Pop up Play Village

Here at Pop Up Play Village, we make child's play of the world – inspiring and nurturing young minds in equal measure.

Our aim is to provide a safe and inviting space in which children and their parents can unleash their creativity and let their imaginations go wild.

Pop Up Play village is made up of role play areas. We'd call these sets or scenes if we worked in the glamorous worlds of TV or theatre – but sadly we don't! We have a hospital, vets, baby nursery, supermarket, café, construction site, library, baby play area, art studio and outdoor explorer zone. Each one filled with high quality toys, props and dressing up kits – specially sourced and impeccably clean.

December 8 @ 10:15 AM - 11:30 AM

Camp Hill Community Centre Dayrell Rd

Northampton, NN4 9RRUnited Kingdom

December 22 @ 10:15 AM - 11:30 AM

Camp Hill Community Centre Dayrell Rd

Northampton, NN4 9RRUnited Kingdom



A mobile, educational role play village for babies and children up to 8 years old!



For play sessions and other events check our website:

www.popupplayvillage.co.uk /organiser/northampton

Contact us at:
northampton@popup
playvillage.co.uk
07401871919

Northamptonshire Mind



We will be back at Grosvenor Shopping Northampton on the 10th December where our team will be ready to take on all your queries concerning everything, we offer at Northamptonshire Mind. We will be located on the first floor (next to River Island) from 10am-4pm on the day. Come say hi to our friendly team!

Northampton Timetable



Northamptonshire

IIIICtable

Groups

Monday

Arts & Crafts: 10:30am - 12:30pm Wellbeing Course - 1pm - 2pm Coffee & Games: 2pm- 3:30pm

Tuesday

Wellbeing Course - 10pm - 12pm

Wednesday

Allotment: 9:30am - 12pm Arts & Crafts: 10:30am - 12:30pm Bingo: 12:30pm- 1:30pm

Thursday

Fresh Minds (18-25yo): 11am -12:15pm Cooking: 12.30pm - 2:30pm

Friday

Walk: 10am - 11am Coffee & Quiz: 11am - 1pm Singing: 12:30pm - 1:30pm Knitting: 1:30pm - 3pm

Courses



Tuesday 7th December Anchor House x3 weeks

Anxiety

Monday 6th December Zoom x3 weeks





Friday 12th November Anchor House x4 weeks



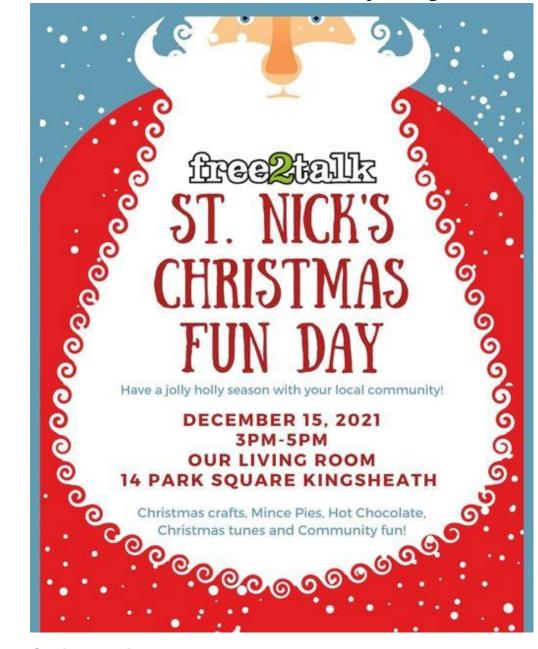
Self-Awareness

Stress & Emotional Resilience

6/7 Regent Square. Northampton. NN1 2NQ Phone - 01604 634310

Email - Enquires@northamptonshiremind.org.uk

Free2Talk St Nick's Christmas Fun Day – Kings Heath



Christmas in Northampton

Jump into the world of augmented reality with 'A Christmas Story' trail. Explore Northampton celebrates its 1st anniversary with a new Christmas experience. Fun for the whole family, you can follow the trail to find a life-sized Father Christmas in 10 locations around the Town Centre, to unlock each part of an original Northampton Christmas tale.

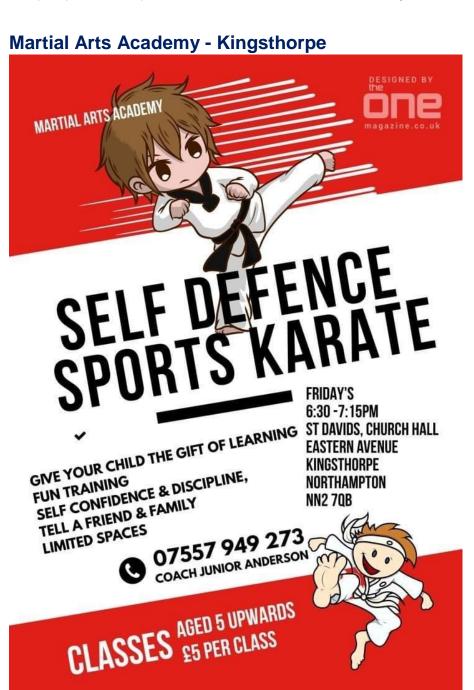
You will need to download the Explore Northampton App. For more information, please visit <u>A Christmas Story | Northampton Town Council</u> and a link to the instructions is given at the bottom of this page.



On Saturdays 11th and 18th December in the Market Square from 11am. Join the festivities with live seasonal entertainment on the main stage of Northampton's Market Square, every Saturday in the run up to Christmas with roaming street acts throughout the day.

No Christmas is complete without a visit to Father Christmas, in partnership with the BID, Northampton Town Council is delighted to be bringing Santa's Grotto to the Grosvenor Centre, for children up to 10 years old. Pre-booking is recommended to avoid disappointment. All money from this event will be donated to the Mayors Fund. There will be a £1 charge to secure the booking per family, using PayPal. Each child will receive a gift.

Shoppers in Northampton can enjoy free parking within WNC multi-storey and surface car parks from 3pm every day and all day at weekends from 20 November through to 1 January.



Every Friday at St David's Church Hall, Eastern Avenue, Kingsthorpe, Northampton. For children aged 5 years and upwards at a cost of £5 per class.

Give your child self-confidence and discipline whilst having fun training. For more information or to book a space please ring Coach Junior Anderson 07557 9492

EAST NORTHANTS

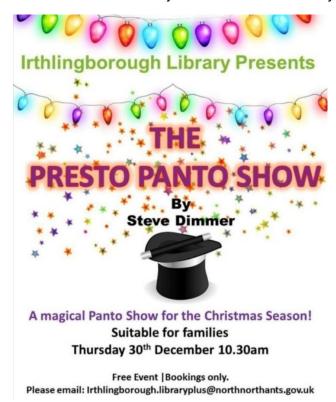
Irthlingborough Library the Presto Panto magic Show

Join us for a magic show with a panto theme for the Christmas Season! The very talented Steve Dimmer will delight your family with magic and laughter. Suitable for families
Thursday 30th December 10.30am

Free Ticketed Event - Bookings only

In person or by email.by contacting libraryplus@northnorthants.gov.uk
Please state how many adult tickets and children's tickets you would like to book and supply us with a contact number.

You will need to collect your ticket from the library to hand in on the morning of the event.





Little Crows Baby and Toddler Group

We meet every Wednesday (term time only) 9.30am-11.00am. We ask for £2.00 per family/childminder. Money goes toward paints and paper and snack food. For babies from weeks old to 5 years old. Story time, singing time and snack time. Held at the Irthlingborough Community Centre, 2 Fettledine Rd, Irthlingborough, Wellingborough NN9 5XF.

New Dodgeball Club

Every Monday, Tuesday and Wednesday evenings at venues in Rushden, Raunds and Irthlingborough. For children aged 7-11 years and all abilities are welcome. All sessions are delivered by qualified coaches who are DBS checked. The cost is £5 per session with the first session FREE.

For more information, please email prsportscoaching@gmail.com



Higham Ferrers Bauble Trail

Find the 20 green Christmas baubles hidden around the town make a note of the letter on each bauble and see if you can complete the festive phrase. All completed entries have a chance to win some vouchers to spend at the farmer's market.

Forms are available from various local shops and from the Town Hall either fill them in and drop the form off at the Town Hall or email a picture/scan of the completed form to info@highamferrers-tc.gov.uk.





Stanwick Lakes Natures Winter Wonder Trail

No booking needed just purchase your trail leaflet from The Snack Shack for £3 during the week or Visitor Reception on the weekends from 10.00am to 3.00pm daily and when completed you can get a Christmas Present prize for each trail leaflet (one per leaflet)

Runs right through to early January 22 so lots of time to go and explore. For more information on this activity and Stanwick Lakes please visit Countryside Attraction | Nature Reserve | Stanwick Lakes Stanwick Lakes -



Rushden Lakes Carol Singing

Everyone is invited to carol singing at Rushden Lakes, on Sunday 12th December, from 3pm on the Boardwalk near the big Christmas tree.

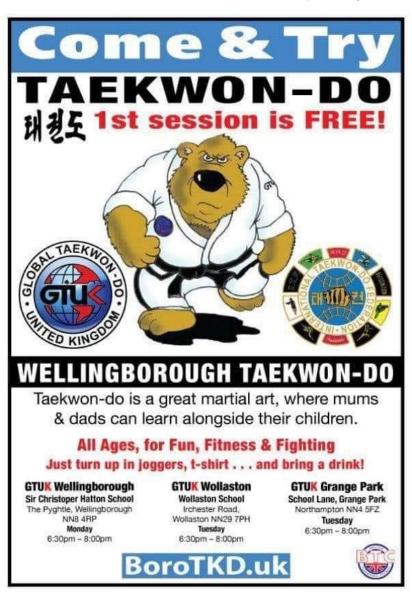
Organised by St Peter's Parish Church, Rushden. More details are available from Revd Rachel Hawkins Tel: 01933 356398 or email revrach@hotmail.co.uk

WELLINGBOROUGH

Taekwondo

Fun for all the family, come and have ago. Your first session is FREE. Just turn up at either Sir Christopher Hatton School, The Pyghtle, Wellingborough on a Monday evening 6.30-8.00pm, Wollaston School, Irchester Road, Wollaston on a Tuesday evening from 6.30-8.00pm. Please wear joggers/leggings and a T-shirt and don't forget a drink.

For more information and Christmas opening times please visit <u>Wellingborough Taekwondo - GTUK</u>
<u>Taekwondo Clubs</u> or follow us on Facebook by visiting <u>Wellingborough</u>, <u>Wollaston GTUK Taekwondo</u>



Wellingborough Christmas Market

Come meet some real Reindeer and check if you are on the naughty or nice list. Reindeer will at the Market Square between 11.00am-3.00pm on Saturday 11th December.

The market starts at 8.30am-3.00pm with lots of stalls to buy presents and festive food. At the United reform Church there is also a Christmas Tree Festival (£2.00) and a Carol service at All Hallows. Don't forget to visit Santa's Grotto in the Swansgate shopping centre.

For more information, please visit Christmas at Wellingborough Town Council



New Stay and Play in Wilby

Starting 4th January 2022 at Wilby Working Men's Club every Tuesday and Thursday during term time. From 9.15-11.00am. Cost is £4.50 per child with a drink and snack for the child provided. Parking is available on site and there is room for pushchairs in the building. For more information or to book please contact Becca 07534 502612



Glamis Hall Winter Festival

Saturday 11th December the Glamis Hall is again holding it's Christmas Festival. From 9.30am to 4.00pm. Lots of stalls, tea and coffee, face painting (£2.50 per child) and see Santa. Lets hope you have all been good this year!

To book to see Santa, £5 per child including a gift please visit <u>Christmas Festival at Glamis Hall event tickets</u> there are a few spaces left or telephone 01933 677326



KETTERING

Eden Centre Free Christmas Lunch

Enjoy **Christmas Day free lunch 2021** at The Eden Centre, 21 Montagu Street, Kettering. 12 midday to 2pm.

Help us celebrate Christmas with a feast of traditional food, warm company, crackers and carols. **Everyone is welcome** just turn up!





Mind Kettering Support Services

Student Mental Health and Wellbeing Support Service

This service if for students experiencing a mental health problem, or they are starting to find things difficult since the pandemic. For any student aged 16+ studying at sixth form, college or university. We aim to support students whose main residence is in Kettering and the surrounding towns and villages, outside of term times (so could be studying elsewhere in term times).

We can offer up to three 1:1 session with a mentor, online peer support and Mental Health Awareness workshops for student groups. Visit Kettering Mind – for better mental health - Student Mental Health and Wellbeing Service - Kettering Mind - for better mental health

Every Wednesday Morning at 10.00 am to 11.30 am at Kettering Mind, Russell Street, NN16 0EN. These weekly sessions aim to bring together people with lived experience of long covid to share with other group members. Provide a safe space where you feel accepted and understood. Visit Kettering Mind – for better mental health - Peer Support - Kettering Mind - for better mental health

This service is for adults aged 18+ who live in the borough of Kettering.

Anger Management

Dates and times to be confirmed. This is a six week course aimed at gaining a better understanding of anger, its implications, consequences and how it affects us and what individuals can do to reduce the impact it has on their lives and improve their wellbeing. Visit Kettering Mind – for better mental health Wellbeing Courses - Kettering Mind - for better mental health

This service is for adults over the age of 18 years of age, who live in the borough of Kettering.

To apply for the above courses please click on the relevant link and apply via online referral form or contact 01536 523216 to request a referral form.

Desborough Community Hub and Library

See Christmas and new activities Desborough Library and Community Hub | Facebook



The Centre in Mawsley

Children's Christmas Party Friday 10th December 2021 at 5.30 pm – 7.30 pm Come and see Steve the Magician ready to entertain your little ones and a special guest and a very special visitor. Tickets cost £4.50 per child available to purchase from the Bar.



Kettering Christmas Markets

An ideal opportunity to find your perfect Christmas gifts, festive traders and entertainment. On Saturday 11th and 18th December from 9.00am-4.00pm at the Market Place Kettering.



Youth Works Holiday Club for Winter 2021

Our Holiday Club for 5 – 11-year-olds is running from Monday 20th December 2021 to Thursday 23rd December 2021, from 9.00am – 3.00pm each day. Please visit <u>HERE</u> to fill out a booking form (please note this does not guarantee you a place and you will receive confirmation following payment). Cost is £10 per day or £3 if you are receipt of free school meals.

If you have any questions, please ring 01536 518339 or email rfletcher@youthworksnorthamptonshire.org.uk



Youth Works Young Leader Programme



ARE YOU 14-19? WANT TO MEET NEW PEOPLE?

LOOKING TO BUILD YOUR CV/ UNI APPLICATIONS?

WHY NOT TRY OUR YOUNG LEADER PROGRAMME?

- FREE REGULAR TRAINING
- CHOICE OF VOLUNTEERING OPPORTUNITES
- TAKE PART IN FUNDRASIING
- BE PART OF A TEAM
- BOOST YOUR EMPLOYABILITY
- GAIN SKILLS
- OPPORTUNITY TO START OWN PROJECTS
- BE PART OF A SOMETHING BIGGER
- YEARLY RESIDENTIAL



Street Dance Fridays

We are very excited to announce that on Friday 10th December we are running a free street dance taster session! The fun doesn't stop there as we run classes weekly during term time! To register for Street Dance please visit DANCE @ Montsaye Group Registration - Youth Works Northamptonshire

We will be running this weekly during term time at a cost of £2.50 a session at The Montsaye Academy, Greening Road, Rothwell. For ages 6-14 years sessions are at 6.00-7.00pm and for young people aged 14 years plus from 7.00-8.00pm. For more information, please contact rfletcher@youthworksnorthamptonshire.org.uk



The Cube Disability Christmas Camps



An inclusive holiday camp for children aged 5-16 years with a disability and their siblings. Running from Monday 20th to Wednesday 22nd December 2021.

The Kettering camp is being held at the Kettering Conference & leisure Centre, Thurston Drive, Kettering NN15 6PB and the Northampton camp is being held at The Tennis Centre, Kings Park Road, Moulton Park Industrial Estate, NN3 6LL.

Dance & Sports Activities from 10am-3pm. Lunch and a drink will be provided for all children. Cost is £45 per day or £35 per day for current Cube Kids. The camps can also be accessed through the Holiday Activity Fund (HAF).

To book a space or for more information please contact cubekids@thecubedisability.co.uk

CORBY

Tiddlers and Toddlers

Every Monday from 10.00am-11.30am at the Cornerstone Methodist Church, Kingsbrook, Corby. No need to pay just come and play. A social group for parents and carers

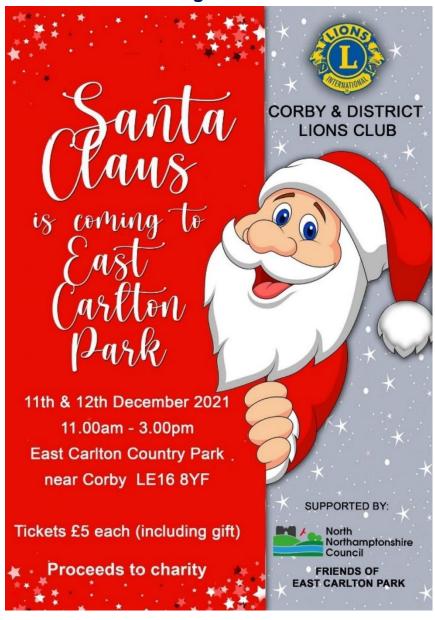




Christmas Opening Hours of Corby Foodbank 2021

During the Christmas period Corby Foodbank will be running from St Peter's and St Andrew's Church, Beanfield Avenue, Corby NN18 0EH Monday 20th December 2021 1.30 pm – 3pm
Thursday 23rd December 2021
11.30 am – 1 pm
Wednesday 29th December 2021
11.30 am – 1 pm
Wednesday 5th January 2022
11.30 am – 1 pm
10th January 2022 onwards return to normal opening hours

Santa Claus is coming to East Carlton Park on the 11th and 12th December



Come along and join in the fun from 11 am - 3 pm. Tickets can be purchased as the door £5, including a gift. All proceeds collected will be donated to local charities

Fun Activities at Jingle All the Way Splat Holiday Club December 2021

Christmas Holiday Activities in December 2021

From Monday 20th to Friday 24th December 2021 for Children aged 5-12 years. Lots of fun activities to do each day at cost of £19 per day and £10 per half day session. For more information, please contact 01536 400033 or for full details of what activities are on every day, and to book a space please visit Splat Holiday Club | Corby Leisure







Online booking available



01536 400033

www.corbyleisure.co.uk/splat-holiday-club

Made With Many - Shiny Play Day

At the Pen Green Research Base, Rockingham Road Corby. Creative play for all 0–4-year-olds and their parents/carers. For families with a Corby postcode (this includes Corby, Cottingham, East Carlton, Great Oakley, Gretton, Little Stanion, Middleton, Priors Hall Park, Rockingham, Stanion and Weldon).

9.30-10.15am is for babies under 18 months, 11.15am-12.15pm and 2.15-3.15pm for all 0–4-year-olds. This event costs £1 to book but if you can add an extra donation when booking it will go towards continuing the work we do with Families in Corby.

To book a place please visit <u>SHINY Play Day by Turned on Its Head Tickets</u> for more information please visit Shiny Play Day - Made With Many



Join dancers from Turned On Its Head for a very festive play day full of wonder, discovery and creative play for babies and toddlers aged 0-4 years and their grown ups!

Based on the company's hit show 'Shiny' and created especially for babies and young children, spend special time with your little one immersed in the wonderful world that glitters and sparkles.



9.30-10.15am:
Babies under 18 months
11.15-12.15pm:
All 0-4 years
2.15-3.15pm:
All 0-4 years









Please make a donation when booking to help us continue our work with families in Corby www.madewithmany.org/shiny







The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.