

BTEC Sport: Year 10 context sheet for 2022-23

Topic:	Learning Episode	Learning outcomes	Useful links and resources
Term 1 Sept - Oct half term	<p>Component 1 - Preparing Participants to take part in sport and physical activity</p> <p>Learning Outcome A - Explore types and provision of sport and physical activity for different types of participant.</p>	<ul style="list-style-type: none"> ● A1 Types and providers of sport and physical activities ● A2 Types and Needs of Sport and Physical Activity Participants ● A3 Barriers to Participation in Sport and Physical Activity for Different Types of Participant ● A4 Methods to Address Barriers to Participation in sport and physical activity for different types of participant. 	<p>National sports Councils (https://www.sportengland.org/), (http://www.sportni.net/), (https://www.sport.wales/) – detail and guidance to supporting participation.</p> <p>NHS (www.nhs.uk) – information about healthy living and the benefits of exercise.</p> <p>BBC Bitesize (www.bbc.com/education/) – study support resource for school-age students</p> <p>www.getbodysmart.com Get Body Smart – An online anatomy and physiology textbook that has detailed tutorials about each of the body systems as well as useful interactive quizzes</p>
	<p>Component 1 - Learning Outcome A - Explore types and provision of sport and physical activity for different types of participant.</p>	<ul style="list-style-type: none"> ● A4 Methods to Address Barriers to Participation in sport and physical activity for different types of participant. 	<p>BBC Health (www.bbc.co.uk/health/) – latest health news</p>
Term 2 Oct half term - Xmas	<p>Component 1 - Learning Outcome B - Examine equipment and technology required for participants to use when taking part in sport and physical activity</p>	<ul style="list-style-type: none"> ● B1 Different types of Sports Clothing & Equipment required for participation in sport and physical activity ● B2 Different types of technology and their benefits to improve sport and physical activity participation and performance ● B3 The limitations of using technology in sport and physical activity 	<p>Behind the Team: Performance Analysis with Gary Neville, Ray Lewington and Andy Scoulding (https://www.youtube.com/watch?v=X2GCmJQH6_M) : describes how performance analysis is conducted in the England football team.</p> <p>Athletics - Men's 100m - T44 Final - London 2012 Paralympic Games (https://www.youtube.com/watch?v=mcdUsMULNzo): 'blade runners' in the Paralympics Asics</p> <p>Running Shoes Biomechanics (https://www.youtube.com/watch?v=ipzM03urL8A): the biomechanics of footwear</p> <p>Why Do Footballers Wear GPS Vests? (https://www.youtube.com/watch?v=oAjRA4m2mFE): why GPS tracker vests are used in football training</p>
	<p>Component 1 - Learning Outcome C - Be able to prepare participants to take part in physical activity</p>	<ul style="list-style-type: none"> ● C1 - Planning a warm up 	<p>Teach PE (www.teachpe.com) – sports coaching and physical education information, providing coaching</p>

			tips, video drills, training advice, lesson notes, online quizzes and downloadable worksheets
Term 3 Jan - Feb half term	Component 1 - Learning Outcome C - Be able to prepare participants to take part in physical activity	<ul style="list-style-type: none"> • C1 - Planning a warm up • C2 Adapting a Warm Up for Different Categories of participants and different types of physical activities • C3 - Delivering a warm up to prepare participants for physical activity 	Top End Sports (https://www.topendsports.com) – information on sports, fitness, training, testing and nutrition
Term 4 Feb half term - Easter	COMPONENT 1 ASSESSMENT WEEKS TASK 1: 20th Feb - 3rd March TASK 2: 6th March - 17th March TASK 3: 20th March - 31st March (Sample Marking and Moderation to take place following assessment weeks)		
Term 5 Easter - May Half Term	Component 2 - : Taking Part and Improving Other Participants Sporting Performance Learning Outcome A - Understand how different components of fitness are used in different physical activities	<ul style="list-style-type: none"> • A1 Components of physical fitness • A2 Components of skill-related fitness 	Top End Sports (https://www.topendsports.com) – information on sports, fitness, training, testing and nutrition www.britishswimming.org Amateur Swimming Association www.badmintonengland.co.uk Badminton Association of England www.britishcycling.org.uk British Cycling www.british-gymnastics.org.uk British Gymnastics www.olympics.org.uk The British Olympic Association www.britishvolleyball.org British Volleyball Association www.englandbasketball.co.uk English Basketball Association www.thefa.com The Football Association www.lta.org.uk The Lawn Tennis Association www.rfu.com The Rugby Football Union www.sportsofficialsuk.com Sports Officials UK www.ukathletics.net UK Athletics
Term 6 May half term - Summer	Component 2 - Learning Outcome B - Be able to participate in sport and understand the roles and responsibilities of officials	<ul style="list-style-type: none"> • B1 Techniques, strategies and fitness required for different sports • B2 Officials in sport 	
	Component 2 - Learning Outcome B - Be able to participate in sport and understand the roles and responsibilities of officials	<ul style="list-style-type: none"> • B3 Rules and regulations in sports 	