

## Dance – Year 8

	Learning Aim	Learning Outcome	Useful links and resources
<b>Term 1</b>	<p>Healthy Dancer</p> <p>LAA: Apply skills and techniques in rehearsal and performance</p>	<p>LAA</p> <p>Developing knowledge and understanding of safe dance practice</p> <p>Use repetition as part of the rehearsal process</p> <p>Reproduction of a dance fitness routine showing accuracy, coordination and musicality</p>	<p>Dance fitness</p> <p><a href="https://www.realbuzz.com/articles-interests/sports-activities/article/why-dance-is-good-for-fitness/">https://www.realbuzz.com/articles-interests/sports-activities/article/why-dance-is-good-for-fitness/</a></p> <p>Safe dance practice</p> <p><a href="http://www.4dancers.org/2016/04/safe-dance-practice-what-is-it-and-why-do-we-need-it/">http://www.4dancers.org/2016/04/safe-dance-practice-what-is-it-and-why-do-we-need-it/</a></p> <p>Dance fitness video examples</p> <p><a href="https://www.youtube.com/watch?v=4NBUHeXZ2yc">https://www.youtube.com/watch?v=4NBUHeXZ2yc</a></p> <p><a href="https://www.youtube.com/watch?v=LUojiTr7Ljw">https://www.youtube.com/watch?v=LUojiTr7Ljw</a></p>
<b>Term 2</b>	<p>Dancing through the movies</p> <p>LAA: Develop expressive skills and techniques for performance</p> <p>LAB: Apply skills in rehearsal and performance.</p>	<p>LAA</p> <p>Explore social dance styles and the popularity of dance films</p> <p>Developing knowledge of expressive skills in performance relevant to dance style</p> <p>LAB</p> <p>Use of expressive skills to communicate meaning/mood to the</p>	<p>Expressive skills</p> <p><a href="https://www.youtube.com/watch?v=nM3_-BHVwM0">https://www.youtube.com/watch?v=nM3_-BHVwM0</a></p> <p>Still life at the penguin cafe- Expressive performance</p> <p><a href="https://www.youtube.com/watch?v=uvEUrtGkw0UI">https://www.youtube.com/watch?v=uvEUrtGkw0UI</a></p>

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	audience during performance	
<b>Term 3</b>  Gumboot/Stomp Dance  LAA: Develop technical performance skills and choreography  LAB: Apply skills in rehearsal and performance.	LAA  Explore and appreciate the history and evolution of South African gumboot dance  Developing knowledge of technical skills in performance  Select and evaluate the use of ASDR  LAB  Apply performance and choreography skills to developed Gumboot dance	Mother africa Gumboot dancers  <a href="https://www.youtube.com/watch?v=yOjWala0ObY">https://www.youtube.com/watch?v=yOjWala0ObY</a>
<b>Term 4</b>  Swansong by Christopher Bruce  LAA: Develop physical skills and techniques for performance	LAA  Identify key actions from the professional work 'Swansong; by Christopher Bruce  How to use a prop successfully in dance	Contact improvisation  <a href="https://www.dancemagazine.com/rules-of-contact-improv-class-2529732730.html">https://www.dancemagazine.com/rules-of-contact-improv-class-2529732730.html</a>  Swansong- Trio  <a href="https://www.youtube.com/watch?v=038BdfaaVVs">https://www.youtube.com/watch?v=038BdfaaVVs</a>

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	LAB: Perform dances communicating artistic intention	Partner and trust work leading to weight bearing contact work  LAB  Select and apply relevant actions to communicate contrasting characters	
<b>Term 5</b>	Skills Project- Stimuli  LAA: Develop choreography skills	LAA  Select and evaluate the use of ASDR  Exploration of physical, technical and expressive skills  Responding to creative tasks	Stimuli selection  <a href="https://slideplayer.com/slide/5190954/">https://slideplayer.com/slide/5190954/</a>
<b>Term 6</b>	Choreography Project  LAA: Review own develop of skills for choreography  LAB: Apply skills and techniques in rehearsal and performance.	LAA  Application of specific performance skills  Demonstration of complex structure  Responding to visual stimuli  Application of advanced choreographic devices	The process of a choreographer  <a href="https://www.youtube.com/watch?v=hEVQdkRtbqI">https://www.youtube.com/watch?v=hEVQdkRtbqI</a>

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	<p>Opportunity to evaluate effective use of basic choreographic devices</p> <p><b>LAB</b></p> <p>Choreography of group section based on visual stimuli</p> <p>Deliver a polished performance in a flash mob setting</p>	