

Dance – Year 8

	Learning Aim	Learning Outcome	Useful links and resources
Term 1	<p>Healthy Dancer</p> <p>LAA: Apply skills and techniques in rehearsal and performance</p>	<p>LAA</p> <p>Developing knowledge and understanding of safe dance practice</p> <p>Use repetition as part of the rehearsal process</p> <p>Reproduction of a dance fitness routine showing accuracy, coordination and musicality</p>	<p>Dance fitness</p> <p>https://www.realbuzz.com/articles-interests/sports-activities/article/why-dance-is-good-for-fitness/</p> <p>Safe dance practice</p> <p>http://www.4dancers.org/2016/04/safe-dance-practice-what-is-it-and-why-do-we-need-it/</p> <p>Dance fitness video examples</p> <p>https://www.youtube.com/watch?v=4NBUHeXZ2yc</p> <p>https://www.youtube.com/watch?v=LUOjiTr7LJw</p>
Term 2	<p>Dancing through the movies</p> <p>LAA: Develop expressive skills and techniques for performance</p> <p>LAB: Apply skills in rehearsal and performance.</p>	<p>LAA</p> <p>Explore social dance styles and the popularity of dance films</p> <p>Developing knowledge of expressive skills in performance relevant to dance style</p> <p>LAB</p> <p>Use of expressive skills to communicate meaning/mood to the</p>	<p>Expressive skills</p> <p>https://www.youtube.com/watch?v=nM3_-BHVwM0</p> <p>Still life at the penguin cafe- Expressive performance</p> <p>https://www.youtube.com/watch?v=uvEUrtGkw0UI</p>

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		audience during performance	
Term 3	<p>Gumboot/Stomp Dance</p> <p>LAA: Develop technical performance skills and choreography</p> <p>LAB: Apply skills in rehearsal and performance.</p>	<p>LAA</p> <p>Explore and appreciate the history and evolution of South African gumboot dance</p> <p>Developing knowledge of technical skills in performance</p> <p>Select and evaluate the use of ASDR</p> <p>LAB</p> <p>Apply performance and choreography skills to developed Gumboot dance</p>	<p>Mother africa Gumboot dancers</p> <p>https://www.youtube.com/watch?v=yOjWala0ObY</p>
Term 4	<p>Swansong by Christopher Bruce</p> <p>LAA: Develop physical skills and techniques for performance</p>	<p>LAA</p> <p>Identify key actions from the professional work 'Swansong; by Christopher Bruce</p> <p>How to use a prop successfully in dance</p>	<p>Contact improvisation</p> <p>https://www.dancemagazine.com/rules-of-contact-improv-class-2529732730.html</p> <p>Swansong- Trio</p> <p>https://www.youtube.com/watch?v=038BdfaaVVs</p>

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	LAB: Perform dances communicating artistic intention	Partner and trust work leading to weight bearing contact work LAB Select and apply relevant actions to communicate contrasting characters	
Term 5	Skills Project- Stimuli LAA: Develop choreography skills	LAA Select and evaluate the use of ASDR Exploration of physical, technical and expressive skills Responding to creative tasks	Stimuli selection https://slideplayer.com/slide/5190954/
Term 6	Choreography Project LAA: Review own develop of skills for choreography LAB: Apply skills and techniques in rehearsal and performance.	LAA Application of specific performance skills Demonstration of complex structure Responding to visual stimuli Application of advanced choreographic devices	The process of a choreographer https://www.youtube.com/watch?v=hEVQdkRtbqI

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	Opportunity to evaluate effective use of basic choreographic devices	
	LAB	
	Choreography of group section based on visual stimuli	
	Deliver a polished performance in a flash mob setting	