



Rushden Academy Newsletter

Aspire, Explore, Succeed

26/04/2024

Message From the Principal



In this newsletter:

- Message From the Principal
- Numeracy Problem of the Week
- Literacy Challenge of the Week
- Rushden Academy SAS
- Draft Summer Exam Timetables
- Time Out for Parents Courses
- Year 8 HPV Vaccinations
- Duke of Edinburgh - Preparing For Expedition
- What Parents Need to Know About Energy Drinks
- This Week in Performing Arts
- Additional Leavers Hoodies Available to purchase

Team Rushden - United we stand, divided we fall

Dear Parent / Carer

Another week has passed in the blink of an eye with lots of great things taking place around the school.

Mr Bocking delivered a hugely emotive assembly on the topic of Earth Day to all year groups. The assembly started with the iconic earthrise image which prompted discussions about why the image was so important to history. Mr Bocking then went on to talk about the rapidly increasing population and the impact on the earth's finite resources and students were encouraged to reflect on the impact that more economically developed countries are having on poorer countries. Prior to the assembly Mr Bocking had placed various pieces of litter in the assembly hall to see if any student would pick it up without being prompted to do so. It was heartwarming to see Osesenaga do just that despite her fellow students all walking past the litter as she picked it all up by herself - a true display of exemplary character from her!

The Social Action Squad have been busy undertaking a range of projects which includes planting five new fruit trees and a large number of deciduous trees at the end of the field which mark the start of a new wild patch. In addition, members of the squad returned to the Serve Day Centre where they talked with a number of residents and played bingo!

A number of Year 11 students undertook the first of their examinations in drama and art this week as we enter the GCSE exam period. We recognise that this is a stressful time for Year 11s and all subject teachers and form tutors are on hand to support them in any way possible whether that be with sourcing additional resources, helping them prioritise revision topics or just talking to them to offer reassurance. Every little bit of revision makes a difference and so you should be seeing your child revising each evening and at weekends to ensure they are in the best possible position to excel in their examinations.

We welcomed a large number of you into school on Thursday for Year 8 parents' evening. It was great to see staff updating you on how your children are progressing in all of their subjects as well as offering feedback on what they need to improve. Parents' evening is a critical evening to ensure that you are best placed to support your child with their schooling and so we will be following up directly with those of you who were unable to attend.

Continues on the next page...

Message From the Principal Continued...

Finally, Mrs Brainwood took Ben, Elliott, Olivia and Ellie to present to the Rotarian's about their experience of Prison? Me? No Way! which was funded by the Rotary Club. They presented brilliantly despite the pressures of being on stage and talking into a microphone. Another great endorsement of how amazing the children of Rushden Academy are.

Have a restful weekend,

Yours sincerely,

Mr B Baines
Principal

UNIFORM DONATIONS

GOT ANY SCHOOL UNIFORM OR PE KIT THAT DOESN'T FIT ANYMORE?

**DONATE TO THE PASTORAL HUB
AND GET PART OF YOUR STARR AWARD TICKED OFF**

WE WILL TAKE GOOD QUALITY

- Shirts
- Blazers
- Trousers
- Shoes
- Ties
- Skirts



**SCHOOL DAYS ARE
PACKED WITH
MOMENTS OF...**

**CURIOSITY, WONDER
AND CONNECTION.**

**SEARCH 'ATTENDANCE'
ON THE EDUCATION HUB**


HM Government

NHS

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Duke of Edinburgh - Preparing For Expedition

Wednesday night saw the commencement of Duke of Edinburgh expeditions skills training which was led by the very experienced and knowledgeable Mr Dunn (our in house expedition manager).

This week we have begun with the all important cooking equipment. When on expedition students will be assessed on their safe use and preparation of team meals and hot drinks using a small camping stove.

This week students learnt about the features, unpacking, cleanliness and hygiene and the very important safety around lighting and extinguishing their own stoves.

Students have been challenged for next week to obtain and bring in the mug that they will be taking and using on expedition. This will ideally be either plastic or metal to survive being carried along with all their other kit whilst journeying across the two days.

The plan for the following sessions is outlined below with more details to be shared on the Bronze 2024 google classroom.

Week 2: using the stove to make a simple hot drink

Week 3: Using the stove to make a simple meal

Week 4: Navigation, map scale, distance, measurements, symbols, grid references, contours and gradients, verbal description linking 2 places on a short simple route

Week 5: Map setting, locating position on map, geographical direction and direction of travel from the map, identification of features in the countryside by using the map.

Week 6: Route planning and simple route cards

Week 7: Compass skills - how to care for the compass and compass features, map setting by the compass, finding direction.

Week 8: Campcraft, suitable footwear, clothing, emergency equipment and its use, choosing and carrying gear, packing a rucksack, use of waterproof liners, safe rucksack lifting techniques, choosing a campsite, arrangements for water, cooking and sanitation, refuse disposal, and fire precautions

Week 9: Tent pitching / striking, care of tent

Week 10: Highway and countryside code, safe techniques to road crossing, minimising ecological impact.

Week 11: First aid

nb: Timeline is variable based on weather

We look forward to watching the students progress over the coming weeks

DofE Team



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ENERGY DRINKS

Energy drinks are highly caffeinated beverages often consumed for a quick energy boost. However, excessive intake can lead to health risks like increased heart rate and sleep disturbances. Statistics underline these products' popularity among young people – many of whom consume them regularly. Here's our expert's advice on addressing the concerns surrounding energy drink consumption in adolescents.

WHAT ARE THE RISKS?

HIGH CAFFEINE CONTENT

Most energy drinks contain high levels of caffeine: often much more than a typical cup of coffee or fizzy drink. Excessive caffeine consumption can lead to increased heart rate, high blood pressure, anxiety, insomnia, digestive issues and – in extreme cases – even more severe conditions. For children and adolescents, whose bodies are still developing, excessive caffeine intake can be particularly harmful.

INCREASED RISK OF HEART PROBLEMS

The combination of high caffeine levels and the other stimulants found in energy drinks can put extra strain on the cardiovascular system. Potentially, this could lead to irregular heart rhythms, palpitations and increased future risk of heart attack – especially in individuals who have an underlying heart condition.

IMPACT ON MENTAL HEALTH

The significant levels of caffeine and sugar in energy drinks can exacerbate anxiety, nervousness and even – in susceptible individuals – contribute to panic attacks. Additionally, the crash that often follows the initial energy boost can actually make mood swings worse and possibly lead to feelings of depression and irritability.

DISRUPTED SLEEP PATTERNS

Consuming energy drinks, especially during the afternoon or evening, can disrupt normal sleep patterns. The stimulating effects of caffeine can make it difficult for children and young adults to fall asleep – leading to insufficient rest and its associated health risks, including impaired cognitive function, mood disturbances and decreased academic performance.

LINKS TO SUBSTANCE ABUSE

Some research has suggested a correlation between energy drink consumption and higher rates of alcohol and drug use among young adults. Young people may mix energy drinks with alcohol, mistakenly believing that the energy drinks' stimulant effect will counteract the sedative nature of alcohol. This combination, however, can be dangerous and increase the risk of accidents, injuries and alcohol poisoning.

POTENTIAL FOR DEPENDENCY

Frequent consumption of energy drinks can lead to tolerance – meaning that individuals may need to consume increasing amounts to continue achieving the desired effects. This can potentially lead to dependency and addiction, especially in younger individuals who may be more vulnerable to addictive behaviours.

Advice for Parents & Educators

LIMIT CONSUMPTION

It's wise to educate young people about the potential risks related to energy drinks, emphasising the consequences of excessive caffeine consumption. Encourage healthier alternatives like water, herbal teas or natural fruit juices. You can model healthy behaviours by restricting your own consumption of energy drinks and creating a supportive environment for informed choices.

ADVOCATE FOR REGULATION

If this is something you're particularly passionate about, you could work with local health organisations and policymakers to advocate for regulations on energy drink sales to children and young people. Raise awareness among parents, educators and community members about the potential health risks associated with energy drinks and support initiatives promoting healthier options in schools and communities.

PROMOTE HEALTHIER HABITS

Schools can help with this issue by including discussions about the possible dangers of energy drink consumption into their health education curriculum. Encourage children and young adults to critically evaluate the marketing messages they see and make informed choices about their health. Teachers could also provide resources and support for children to identify healthier alternatives.

SET A POSITIVE EXAMPLE

Adults can model healthy behaviours by visibly choosing alternative beverages instead of energy drinks. Maintain open communication with children and young adults about the reasons for limiting energy drink consumption – emphasising the importance of balanced nutrition, adequate hydration and sufficient sleep for overall wellbeing and academic success.

Meet Our Expert

Dr Jason D Reurts, Headteacher of Washborough Academy, champions food education and sustainability – and his school holds the Soil Association's prestigious Gold Catering Mark. Jason has spoken about food education at Westminster briefings and overseas. A member of the All-Party Parliamentary Group on School Food, he co-founded Tasted, a sensory food education charity.



Source: See full reference on guide page at nationalcollege.com/guides/wake-up-wednesday



The National College

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.04.2024

Leavers Hoodies

Our main order is currently in production however, we have opened an extra store for you should you wish to order.



Please note Extras need to be produced separately in smaller numbers - so the costs involved in making them are higher.

<https://www.leavershoodies.com/rushden-academy-2024-leavers>



Use the link below to purchase any additional leavers hoodies you would like.

Hoodies must be ordered by the end of the day today.

<https://www.leavershoodies.com/rushden-academy-2024-leavers>

Weekly Attendance Champions Week 33 (15/4 to 19/4)



Yr 7	Form	%
1st	7JC	96.77
2nd	7MH	95.67
3rd	7LB	94.33

Yr 8	Form	%
1st	8RH	97.24
2nd	8LHU	96.43
3rd	8KT	95.56

Yr 9	Form	%
1st	9SWE	97.93
2nd	9SDA	93.67
3rd	9WF	92.86

Yr 10	Form	%
1st	10AGU	100
2nd	10SA	95.60
3rd	10SR	94.00

Yr 11	Form	%
1st	11SH	95.93
2nd	11COG	91.85
3rd	11LKE	89.13

Form Rewards (Each)

- = 10 TRPs
- = 5 TRPs
- = 2 TRPs



Fun on the Field

It has returned for the third year running! Focusing on your attendance.

When- Thursday 18th July

The Criteria-
95% Attendance (medical/religious reasons are taken into account)

No internal or external suspensions

Monday 15th April- Friday 12th July.
Will you be there?

Message from: Mr. Smart
Date added: 15th April 2024

This is what last year involved. This year will be different and it is a great chance for you to celebrate the end of the year!

Disco Themed Bouncy Castle



Inflatable Human Football



Inflatable Basketball Shootout





Lost Property

Please remind your child to check in reception if they have lost anything. We have a selection of items that need to be claimed including lost keys, jewellery and uniform.

Any items left unclaimed for 6 weeks are donated to our internal uniform stores or local charity shops.

Year 8 HPV Vaccinations

Your session is due to take place on **WEDNESDAY 22nd MAY**

Human Papillomavirus (HPV) vaccination The School Aged Immunisation Service (SAIS) will soon be visiting your child's school to deliver the Human Papillomavirus (HPV). A one-dose schedule was introduced in September 2023, where a single dose of the HPV vaccine (Gardasil 9) will be offered in school year 8 (12-13 years old)

PLEASE CLICK THE LINK BELOW TO COMPLETE THE ONLINE PROCESS, EVEN IF YOU WISH TO DECLINE THE VACCINATION.

[HPV e-CONSENT FORM](#)

If you do not wish your child to receive this vaccination, be assured that once we receive your refusal via the link above, we will not vaccinate your child. However, be aware that if we have not received any response before the vaccination session, we may offer your child the opportunity to self-consent on the day. This is in line with the 'Gillick' Competency Framework.

MMR Vaccine

We can also offer any outstanding MMR vaccinations alongside this HPV vaccine. If you believe your child may be missing one or both doses, please express your interest on the e-consent link above and a clinician will contact you to discuss this vaccine. Alternatively, you can call our phonenumber below for help and support. For information on this vaccine click link [MMR Vaccine](#) or scan the QR code below with your mobile device.

If your child is absent on the day of planned vaccinations, you will be offered the opportunity to bring them to a community based vaccination clinic.

If you have any queries, please contact the School Aged Immunisation Service on 0800 170 7055 option 5.

For more information about the HPV Vaccine, the MMR Vaccine or the School Aged Immunisation Services, use the QR codes below.



NHS HPV
vaccine



Vaccine
Knowledge



MMR Vaccine



HPV Multi-
language leaflet



0-19 Children's
Services

Yours sincerely,

School Aged Immunisation Service (SAIS) - Northamptonshire Healthcare NHS Foundation Trust

LADIES
BOXERCISE
CLASS FOR BEGINNERS

Rushden Academy
Thursdays at 6pm



FIRST CLASS
FREE!!!!
JOIN NOW

STRONGER TOGETHER

CALL DONNA 07828636759
OR EMAIL DONNA@LOVEYOURBODYBOOTCAMP.CO.UK

FREE BOXERCISE CLASS!!



COUPON CODE

BOX 24

VALID UNTIL 22ND MAY 24

AT RUSHDEN ACADEMY
THURS 6PM

CONTACT DONNA@LOVEYOURBODYBOOTCAMP.CO.UK

OR ON 07828636759

****NEW CUSTOMERS ONLY****



Service Six

Changing Lives - Creating Futures

NEW GROUP IN RUSHDEN

Starting 9th April 2024

Calling all LGBTQ+ Young People up to 18 years old

- L** Lesbian
- G** Gay
- B** Bisexual
- T** Transgender
- Q** Questioning
- +** or Other

Join our safe, friendly and confidential space to be yourself, explore your identity and connect with like-minded Young People.



To find out about current times and location, please contact

Pep E: pep.finn-scinaldi@servicesix.co.uk M: 07813 366222



Rushden Academy SAS

SAS This Week

This week it was SAS Squad Biscuit's turn to maintain the garden while Squad Elf visited the Serve Day Centre and played bingo with the service users.



Thank you all for your hard work and dedication to making Rushden Academy, and Rushden Town a nicer, friendlier place to be.

#TeamRushden #RASAS #Ethos #GraceFoundation

Rushden Academy's Social Action Squad's (SAS) are always looking for opportunities to help within the community. If you know of anywhere we could help or support please let us know. We are looking for one off opportunities, short term commitments and long term projects.

To contact the Social Action Squad, email socialactionsquad@rushden-academy.net.

Ensure Your Contact Details Are Correct

Please ensure your contact details are up to date. It is important that we have the correct phone numbers and email addresses for you and any other contacts on our system.

You can do this by calling main reception on 01933 350391 if anything changes, or by using the SIMS Parent (Lite) App.



Join us for 'Handling Anger in the Family' in June

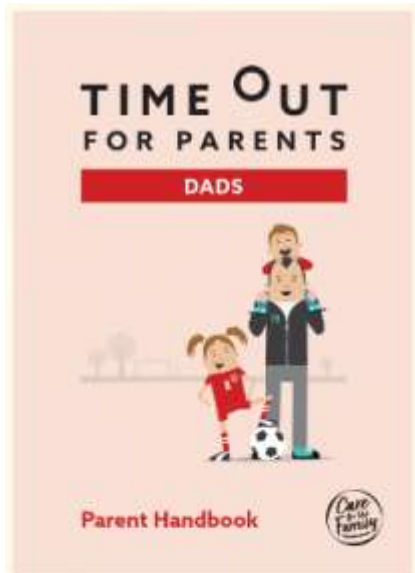
4 weekly online sessions, starting on **Wednesday evenings 5th - 26th June 2024, from 7:30pm - 9:30pm**

Registration includes accompanying parent handbook (RRP £9.99), additional resources and goodies.

£12.50 per household (supported places are available).

[Book here](#)

https://www.eventbrite.co.uk/e/handling-anger-in-the-family-registration-880675543257?aff=oddtcreator&utm_campaign=3b7b8ffee4-EMAIL_CAMPAIGN_2021_04_20_03_28_COPY_01&utm_medium=email&utm_source=Hop+for+Families&utm_term=0_e4df8181d3-3b7b8ffee4-590540206



Join us for 'Time Out for Parents - Dads' in June

Why not book a place for a father figure you know this Father's Day?

5 weekly online workshops, starting on **Sunday evenings 16th June - 14th July 2024, from 7:30pm - 9:30pm**

Registration includes accompanying parent handbook (RRP £9.99), additional resources and goodies.

£15 per household (supported places are available).

https://www.eventbrite.co.uk/e/time-out-for-parents-dads-registration-880684891217?aff=oddtcreator&utm_campaign=3b7b8ffee4-EMAIL_CAMPAIGN_2021_04_20_03_28_COPY_01&utm_medium=email&utm_source=Hop+for+Families&utm_term=0_e4df8181d3-3b7b8ffee4-590540206

YEAR 11 EXAM DROP IN



**Feeling stressed about
your GCSEs?**



**Pop into Ethos at
Tuesday breaks this
term**



**Quiet space to revise,
share the load or
develop some coping
techniques**



Performing Arts Update

Drama:

Year 8 has been exploring physical theatre this week. They are focussing on the genre of comedy and using detailed mime. We have been exploring how the body can be used as a storytelling device and how the focus on detailed mime can assist this. They have been thinking about using dramatic techniques, such as slow motion, in with their scene as well. Overall, year 8 has been progressing nicely.

Dance:

Year 7 students have recently been introduced to the dynamic Brazilian dance form known as 'Capoeira'. Throughout the term, they will delve into the intricacies of this martial arts-inspired style, mastering foundational movements and even choreographing their own duets. The enthusiasm displayed by all students towards Capoeira has been remarkable, and their progress is evident. With its blend of hidden gymnastic and karate techniques, the school hall is a vibrant showcase of their dedication and talent this term.

Music:

This term we are working on some very exciting projects. Year 7 have been introduced to pop bands and have been exploring the infinite list of 4 chord songs. Going through this term, they are going to be revisiting keyboard skills, singing and learning chords on the Ukulele to eventually create their own pop band and perform with their peers in class.

Year 8 have been exploring rock bands and have been introduced to guitar chords this week. They will also be drawing upon key skills learnt and developing their skills on the drums, to eventually form their own rock bands and perform at the end of term 6.

The year 9's have been introduced to their performance and composition tasks this term, where they get to decide if they would like to rehearse, develop and perform an existing repertoire, or if they would like to create their own piece of music by using music software to mix and create new repertoire.

We Will Rock You:

Rehearsals continue for WWRY this week and we have been looking at the routine for *Crazy Little Thing Called Love*. We have been seeing lots of extra rehearsals this week, which is fantastic.

The cast have been singing *Bohemian Rhapsody* as well and this will be an ongoing thing at the beginning of every rehearsal.

Costume lists will be coming out next week and the crew have also been continuing working on development this week.



Performing Arts Update

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

j.ede@rushden-academy.net



Auditions
Monday 25th September 3:10pm



Rushden Academy
DANCE
Company

Would you want to showcase your dance talent in the wider community? If 'YES' then this maybe for you!!

Contemporary
Hip Hop
Jazz

Express yourself through the art of modern dance

Register with Mrs Ogungbadero
Collect a registration form

PERFORMING ARTS PRESENTS

Dance
CLUB

FRIDAY 3:10pm-4:00pm
Main Hall



YEAR 7
YEAR 8
YEAR 9

Come along and learn new moves in a fun and friendly environment

FOR MORE DETAILS CONTACT
c.pilgrim@rushden-academy.net

Stationery Price List



Item	Price
Biro Pen (black, blue, red or green)	15p
Handwriting Pen (black or blue)	25p
Pencil	15p
Highlighter Pen	40p
Eraser (small)	10p
Eraser (large)	20p
15cm ruler	15p
30cm ruler	30p
30cm Left-handed Ruler	30p
Protractor/ Set Square	15p
Small Clear Pencil Case	40p
Large Clear Pencil Case	60p
Scientific Calculator (KS4)	£9.25



After School Clubs Timetable - from w/b 15th Jan

Monday	Tuesday	Thursday
Netball Y7&Y8	Futsal & Netball Fixtures	Futsal Trampolining
<p>Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!</p>		<p>For those wanting to attend Trampolining a sign up sheet has been placed outside the PE office. The club is limited to 20 students per week.</p>



This term is impacted quite significantly with parents evenings and fixtures. Please note clubs might be cancelled due to staffing.

Library Extra-Curricular Activities



Monday

Lunch-time  Board & Card Games	After-School  Student Library Assistants Meeting
---	---

Tuesday

Lunch-time  Chess	After-School  Chess
--	---



Wednesday

Lunch-time  Jigsaws	After-School  Rushden Academy Newspaper
--	--

Thursday

Lunch-Time  Tranquil Thursday - reading, homework, quiet voices	After-School  Role-Playing Games
--	---

Friday

Lunch-time  Fill-it-in Friday - crosswords, word searches, colouring, wordy dot to dots etc.	After-School  Closes at 3.15pm
---	---

NB: For any after-school activities you'll need to get a parental consent letter from the Library.

Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

Olivia L.

You always push yourself, try your best and share your answers with the class, a great example of Team Rushden values. Well done!
Mr Ross

 ChatHealth


Northamptonshire Healthcare
NHS Foundation Trust

Aged 13-24?

Text the NHFT Sexual Health team for confidential advice and support!

07312 263114

Chathealth.nhs.uk
@NorthantsSexualHealth

WHAT IS

CHAT HEALTH?

FREE TESTING, ADVICE,
CONTRACEPTION AND MUCH
MORE!



Numeracy Problem of the Week

What is 20% of 30% of 40% of £50?

Last Week's Solution: 7

Join the Google Classroom code **h2fcjll** to submit your answer



Literacy Challenge

Good to know: Suffixes are attached to the end of a word to change its meaning, often by changing the form of the verb or changing from one word class to another. For example – react (verb) + ion (suffix) = reaction (noun).

Your focus for this week's challenge is the suffix "er/or", which often affixes to a verb to give the sense of someone or something that does that action.

Choose one of the words from the list on the left to complete the sentences on the right:

Report~~er~~

Watch~~er~~

Author

Doct~~or~~

Edit~~or~~

- a) The film _____ chooses the best shots
- b) I'll see the _____ if I continue to feel unwell
- c) When reading a novel, it can sometimes be difficult to work out the intention of the _____
- d) The town is usually guarded by a careful _____
- e) The _____ is going to investigate the news story

Literacy SUPER Challenge

What er/or words would you use to complete the following sentences?

A trained _____ in roman times was called a Gladiator

I'll need to use a _____ for this equation

The orchestra watched their _____ carefully as they played

Stars of the Week

Congratulations to the following students for achieving star of the week.



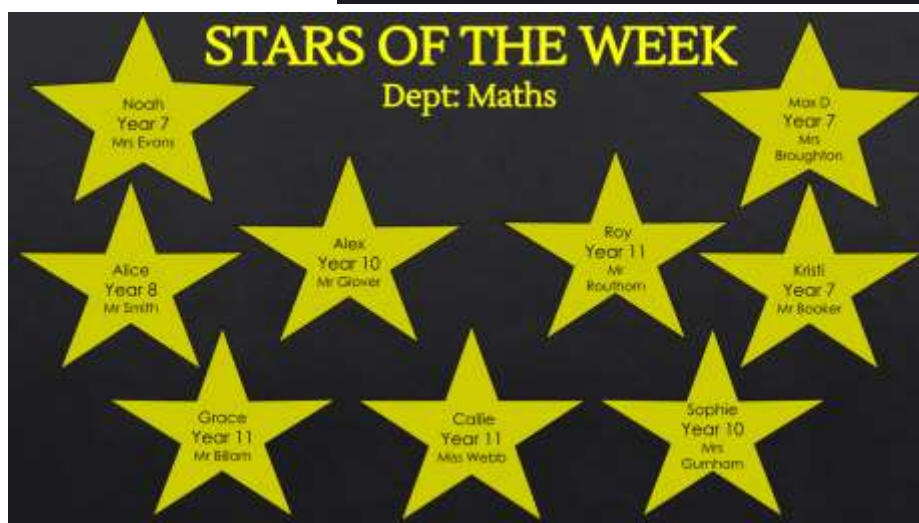
Stars of the Week

Congratulations to the following students for achieving star of the week.



Stars of the Week

Congratulations to the following students for achieving star of the week.



KS4 Timetable Summer 2024

	Mon 29th April	Tues 30th April	Wed 1st May	Thurs 2nd May	Fri 3rd May
PM 1.30pm				BTEC ICT Unit 3 1hr 30 mins	
	Mon 6th May	Tues 7th May	Wed 8th May	Thurs 9th May	Fri 10th May
AM 9am		BTEC H & SC Unit 3 2 hrs		BTEC Sport Unit 2 1hr 30 mins	Biology Paper 1(CS) 1hr 15 mins
					Biology Paper 1(Trp) 1hr 45 mins
PM 1.30pm					German Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins
					Sociology Paper 1 1 hr 45 mins
					BTEC Childcare Unit 3 2 hrs
	Mon 13th May	Tues 14th May	Wed 15th May	Thurs 16th May	Fri 17th May
AM 9am	English Lit Paper 1 1hr 45 mins	French Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	History Paper 1 1hr 15 mins	Maths Paper 1 1hr 30 mins	Chemistry Paper 1 (CS) 1hr 15 mins
					Chemistry Paper 1 (Trp) 1hr 45 mins
PM 1.30pm		Business Paper 1 1hr 45 mins			Geography Paper 1 1hr 30 mins
		Chinese Paper 1 & 3 1hr 50 mins			
	Mon 20th May	Tues 21st May	Wed 22nd May	Thurs 23rd May	Fri 24th May
AM 9am	English Lit Paper 2 2 hrs 15 mins	German Paper 4 F 1 hr 10 mins / H 1hr 20 mins	Physics Paper 1 (CS) 1 hr 15 mins	English Lang Paper 1hr 55 mins	French Paper 4 F 1 hr 10 mins / H 1hr 20 mins
			Physics Paper 1 (Trp) 1hr 45 mins		
PM 1.30pm		Sociology Paper 2 1hr 45 mins	Chinese Paper 4 1hr 25 mins		

	Mon 27th May	Tues 28th May	Wed 29th May	Thurs 30th May	Fri 31st May
HALF TERM					
	Mon 3rd June	Tues 4th June	Wed 5th June	Thurs 6th June	Fri 7th June
AM 9am	Maths Paper 2 1hr 30 mins	Spanish Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	Geography Paper 2 1hr 30 mins	English Lang Paper 2 1hr 55 mins	
PM 1.30pm	Russian Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	History Paper 2 B1-B 1hr 45 mins	Business Paper 2 1hr 45 mins	Contingency session in the event of national or significant local disruption to exams	Biology Paper 2 (CS) 1hr 15 mins
					Biology Paper 2 (Trp) 1hr 45 mins
	Mon 10th June	Tues 11th June	Wed 12th June	Thurs 13th June	Fri 14th June
AM 9am	Maths Paper 3 1hr 30 mins	Chemistry Paper 2 (CS) 1hr 15 mins			Geography Paper 3 1hr 15mins
		Chemistry Paper 2 (Trp) 1hr 45 mins			
PM 1.30pm	Spanish Paper 4 F 1hr 10 mins / H 1hr 20 mins	History Paper 3 1hr 20 mins	Polish Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	Contingency session in the event of national or significant local disruption to exams	Physics Paper 2 (CS) 1hr 15 mins
					Physics Paper 2 (Trp) 1hr 45 mins
	Mon 17th June	Tues 18th June	Wed 19th June	Thurs 20th June	Fri 21st June
AM 9am	Russian Paper 4 F 1hr 20 mins / H 1hr 25 mins				
PM 1.30pm		Polish Paper 4 F 1hr 10 mins / H 1hr 20 mins			
26th June 2024 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.					

KS5 Timetable Summer 2024

DRAFT

		Mon 29th April	Tues 30th April	Wed 1st May	Thurs 2nd May	Fri 3rd May
AM				BTEC PA Unit 1 3 hrs	BTEC Sport Unit 2 2 hr 30 mins	BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins
9am						
		Mon 6th May	Tues 7th May	Wed 8th May	Thurs 9th May	Fri 10th May
AM					BTEC ICT Unit 2B 2 hrs	BTEC Business Unit 2B 3hrs
9am						
PM				BTEC ICT Unit 2A 3 hrs	BTEC Business Unit 2A 2hrs	BTEC Sport Unit 19 2 hr 30 mins
1.30pm						
		Mon 13th May	Tues 14th May	Wed 15th May	Thurs 16th May	Fri 17th May
AM			Business Paper 1 2 hrs	German AS Paper 1 1 hr 45 mins	Geography Paper 1 2hrs 30 mins	Psychology Paper 1 2 hrs
9am				Core Maths Paper 1 1 hr 30 mins	GCSE Maths Paper 1 1 hr 30 mins	BTEC Sport Unit 22 3 hrs
PM		BTEC H&SC Unit 1 1 hr 30 mins		BTEC Sport Unit 1 1 hr 30 mins	BTEC Business Unit 3 2hrs	BTEC H&SC Unit 2 1 hr 30 mins
1.30pm						BTEC ICT Unit 1 2hrs
		Mon 20th May	Tues 21st May	Wed 22nd May	Thurs 23rd May	Fri 24th May
AM		Sociology Paper 1 2 hrs	Business Paper 2 2 hrs	Psychology Paper 2 2 hrs	History Paper 1 2hrs 15 mins	English Lit Paper 1 2 hr 30 mins
9am		BTEC H&SC Unit 4 3 hrs	German AS Paper 2 1 hr 30 mins		Core Maths Paper 2 1 hr 30 mins	Physics Paper 1 2 hrs
			BTEC Science Unit 1C 40 mins		BTEC CPLD Unit 1 1 hr 45 mins	BTEC Science Unit 5P 50 mins
					GCSE English Lang P1 1 hr 55 mins	
PM		Media Paper 1 2 hrs	BTEC Science Unit 1B 40 mins	Fur Maths A Paper 1 1 hr 30 mins	English Lang/Lit Paper 1 1 hr	BTEC Science Unit 5B 50 mins
1.30pm				BTEC Science Unit 1P 40 mins	BTEC Science Unit 5C 50 mins	
		Mon 27th May	Tues 28th May	Wed 29th May	Thurs 30th May	Fri 31st May
HALF TERM						

	Mon 3rd June	Tues 4th June	Wed 5th June	Thurs 6th June	Fri 7th June
AM 9am	Geography Paper 2 2hrs 30 mins	Sociology Paper 2 2 hrs	English Lit Paper 2 2 hr 30 mins	Business Paper 3 2 hrs	English Lang/Lit Paper 2 2 hrs
	GCSE Maths Paper 2 1 hr 30 mins			Physics Paper 2 2 hrs	
				GCSE English Lang P2 1 hr 55 mins	
PM 1.30pm	Fur Maths A Paper 2 1 hr 30 mins	Maths Paper 1 2 hrs	Biology Paper 1 2 hrs	Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FM1 1 hr 30 mins
	Psychology Paper 3 2 hrs	Media Paper 2 2 hrs	Graphics 2hrs 30 mins		History Paper 2 1 hr 30 mins
	BTEC L3 H&SC Unit 3 1 hr 30 mins				
	Mon 10th June	Tues 11th June	Wed 12th June	Thurs 13th June	Fri 14th June
AM 9am	Chemistry Paper 1 2hrs 15 mins	History Paper 3 2hrs 15 mins	English Lang/Lit Paper 3 2 hrs		Biology Paper 2 2 hrs
	GCSE Maths Paper 3 1 hr 30 mins				
PM 1.30pm	Computer Science 1 2hrs 30mins	Maths Paper 2 2 hrs		Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FS1 1 hr 30 mins
		Sociology Paper 3 2 hrs			
	Mon 17th June	Tues 18th June	Wed 19th June	Thurs 20th June	Fri 21st June
AM 9am	Physics Paper 3 2 hrs	Chemistry Paper 2 2hrs 15 mins	Biology Paper 3 2 hrs		Chemistry Paper 3 1 hr 30 mins
PM 1.30pm		Computer Science 2 2hrs 30 mins		Maths Paper 3 2 hrs	Further Maths D1 1 hr 30 mins
26th June 2024 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.					

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and student behaviour.

Students and parents can access this at home to keep up to date, by checking timetables and behaviour events. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Assistant Principal on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

NHS Northamptonshire Healthcare
Youth Works
The Lowdown
Time 2
CHAT

WELLBEING CAFÉ
A DROP-IN SERVICE FOR 11-18 YEAR OLDS

OPEN

CHANGE OF VENUE

Tuesdays 4pm - 8 pm
Rushden Mind
Phoenix House,
Skinner's Hill, Rushden
NN10 9YE
01933 277520

YOUTH WORKS
The Lowdown
Time 2
CHAT

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 3RU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277520

espresso yourself

1-1 SUPPORT AND ADVICE
ALSO AVAILABLE REMOTELY
1-1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare
The Lowdown
St Andrew's
YOUTH WORKS
CHAT

#weareNHS

NHS Northamptonshire Healthcare

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.
CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/01604/CAMHS/LIVE

t f

QR code

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU