



Rushden Academy Newsletter

Aspire, Explore, Succeed

01/12/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

At the end of a frosty and chilly week there is lots for me to write home about.

Firstly, Mrs Ogilvie led the assemblies for all year groups this week. Her assembly was in two parts, the first looking at the Equality Act (2010) in relation to protected characteristics and the second part sharing important information from the new Online Safety Act (2023). Students looked at 9 protected characteristics and Mrs Ogilvie explained how the act ensures that people with such protected characteristics are protected from harassment, discrimination and prejudice. They then went on to learn about the new Online Safety Act which has introduced much more stringent legislation around social media platforms duties to remove harmful online material. Platforms will also be held to account for enforcing age restrictions and will also have to provide much better mechanisms for you as parents and carers to report harmful content. Finally, students learned that the act has introduced new criminal offences including an intimate abuse offence, which makes it a crime to share an intimate image of someone without their consent as well as a 'cyberflashing' offence which criminalises sending an explicit image for the purposes of sexual gratification or for causing humiliation. This is an important new Act and it was good to see all students listening carefully to the information shared by Mrs Ogilvie. If you would like to know more, there is an invitation in the newsletter to our online safety coffee morning or alternatively, you can read more here <https://learning.nspcc.org.uk/news/2023/november/what-online-safety-act-means-children-professionals>.

Members of the Social Action Squad were back at The Serve Day Centre to spend time chatting and playing games with the elderly residents. Our intention was for the Squad to run a Christmas event for elderly members of the community but the inclement weather has put paid to those plans and instead the Squad will run a Summer event.

With just two and a half weeks remaining of the term, Mrs Ede's Sixth Form Performing Arts students are entering the final phases of pantomime preparation with this year's production being Jack and the Beanstalk. I am very much looking forward to seeing it on the 19th of December and tickets are available to all via the trybooking link; I look forward to seeing as many of you as possible there to witness the fruits of our students' hard work.

Continues on the next page...

Message From the Principal Continued...

The entries for this Year's design a Christmas tree decoration are coming in thick and fast with some truly incredible entries and I would like to thank the students that have contributed so far for their efforts. I look forward to judging the best in a couple of weeks time but more importantly I am looking forward to seeing them all on our Christmas tree. On the theme of Christmas, we will be supporting Save the Children's Christmas jumper day and so on Thursday 7th December, students are permitted to wear a Christmas jumper as part of their school uniform.

With the weather turning colder and winter sickness bugs doing the rounds, we are running an attendance raffle for students who attend all of the remaining days for which their names will be entered into a raffle to win one of two Kindle Fire tablets. I would also like to make you aware that the last day of term will be a half day with students being permitted to leave at 12:30pm. Further details of these arrangements will be sent to you in due course, I am just giving you advanced notice.

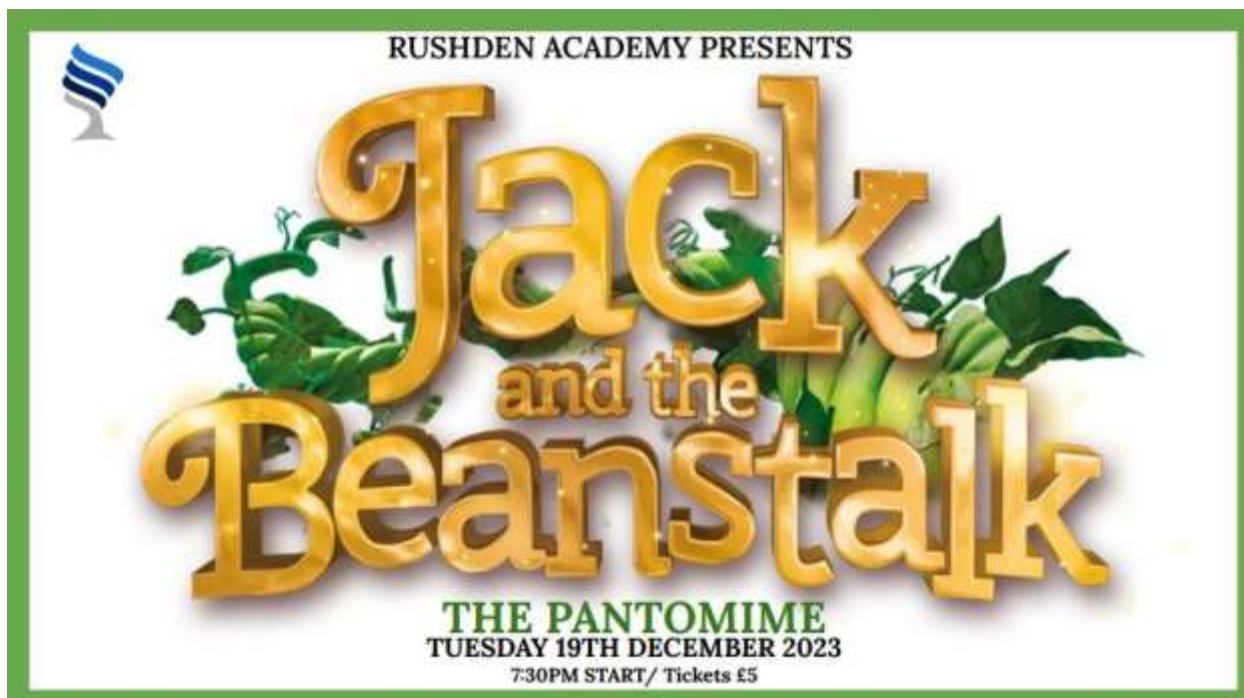
Finally, there have been a couple of unfortunate incidents in which car park users have been abusive to staff who have politely asked them to move their cars and adhere to the guidance I sent out. This is not what I expect from members of our school community and so please can I ask that you be polite to staff if you are asked to move your car at drop off or pick up time.

Have a restful weekend,

Yours sincerely,

Mr B Baines
Principal





Tickets now on sale for our Christmas Pantomime - Jack and The Beanstalk.

Book now to avoid disappointment

<https://www.trybooking.com/uk/CXQT>

6th Form News

We would like to congratulate:

Harry W for securing a Level 4 Degree Apprenticeship with *Shynee Marketing and Design*. He will be studying for his degree at Anglian Ruskin University in September next year. Well done Harry!

Don't forget to follow the 6th form and the creative arts on Instagram



rushdenacademy6thform


rushdencreativearts

Mrs A Owen
Director of KS5



Do Good December

Have a look at Action for Happiness' calendar for December. Will you try any of the ideas?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				Spread kindness and share the December calendar with others	Contact someone you can't be with to see how they are	Offer to help someone who is facing difficulties at the moment
4	5	6	7	8	9	10
Support a charity, cause or campaign you really care about	Give a gift to someone who is homeless or feeling lonely	Leave a positive message for someone else to find	Give kind comments to as many people as possible today	Do something helpful for a friend or family member	Notice when you are hard on yourself or others and be kind instead	Listen wholeheartedly to others without judging them
11	12	13	14	15	16	17
Buy an extra item and donate it to a local food bank	Be generous. Feed someone with food, love or kindness today	See how many different people you can smile at today	Share a happy memory or inspiring thought with a loved one	Say hello to your neighbour and brighten up their day	Look for something positive to say to everyone you speak to	Give thanks. List the kind things others have done for you
18	19	20	21	22	23	24
Ask for help and let someone else discover the joy of giving	Contact someone who may be alone or feeling isolated	Help others by giving away something that you don't need	Appreciate kindness and thank people who do things for you	Congratulate someone for an achievement that may go unnoticed	Choose to give or receive the gift of forgiveness	Bring joy to others. Share something which made you laugh
25	26	27	28	29	30	31
Treat everyone with kindness today, including yourself	Get outside. Pick up litter or do something kind for nature	Call a relative who is far away to say hello and have a chat	Be kind to the planet. Eat less meat and use less energy	Turn off digital devices and really listen to people	Let someone know how much you appreciate them and why	Plan some new acts of kindness to do in 2024

Reverse Advent Calendar

DECEMBER 2023						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SATURDAY
The reverse advent calendar is a way to collect food and other items for families struggling this Christmas. Most supermarkets have an area where items can be left for the local food bank, and any of the suggestions below would be gratefully received.				1 Chocolate bars	2 Biscuits	3 Instant coffee or tea
4 Rice or pasta	5 Shower gel	6 Tinned fruit	7 Long life milk	8 Shampoo (men & women)	9 Tinned rice pudding	10 Tinned fish
11 Toothpaste and brushes	12 Long life fruit juice	13 Tinned vegetables	14 Toilet paper	15 Pasta sauce	16 Shaving foam and disposable razors	17 Tinned tomatoes
18 Jam	19 Cereal	20 Cat or dog food	21 Instant mash	22 Tinned meat	23 Tinned or packet soup	24 Baked beans

WANT MORE INFORMATION ABOUT INTERNET SAFETY?



If your child is in Year 7 or 8, come to our Online Safety Coffee Morning on Thursday 7th December 9.30am-11.30am for resources, advice and a chance to talk to our safeguarding team.

How to protect young people from social scams

internet
matters.org

In partnership with
 BARCLAYS



Talk to children about the issue using news stories to start conversations

- When there is a story in the news about the latest online scam then **share this with the whole family** – don't just target young people as anyone can be affected by these things and the more we talk about online issues the more natural and normal it will become!

Encourage young people to check their privacy settings on their social media accounts

- Most social media platforms and popular apps are public by default, but most will allow users to control their privacy for example choosing who can see their content or who can contact them. You can find information on [how to access these privacy settings here](#). Once the privacy settings are in place it is still important to remind children and young people to think carefully before sharing too much information.



Encourage young people to be more critical about the ads they see on social media

- Adverts on social media will often look genuine and encourage you to click to visit their website to make a purchase, **it is especially important to make sure that you are on the site that you think you are on**. If in doubt, then browse to the site yourself rather than relying on a link in the advert. [Also, have a read of our online critical thinking guide](#) to help young people learn how to make smarter choices online.



If you are in any doubt about whether an offer or a post is genuine then visit the website yourself

- Encourage young people not to click on any links in a social media post or email – type in the address, login if necessary and see whether the offer or claim is indeed genuine.



Reinforce the importance of protecting personal data

- Remind young people that their bank will **NEVER** ask them to provide online banking password details or a One-Time-Passcode if they are using two-factor authentication via an email or social media platform, nor will their bank ever ask them to transfer funds to a safe account or say their money is at risk.

Always report if something looks like a scam

- If you or your children become aware of something that looks suspicious online, then it is important to act. **Report it to the platform** ([you can find out how to do that here](#)) and you can also report to [Action Fraud](#). Action Fraud is the UK's national reporting centre for fraud and cybercrime and is the place where we should report scams if we live in England, Wales, or Northern Ireland. In Scotland this can be reported directly to the [police](#).

Visit internetmatters.org for more advice

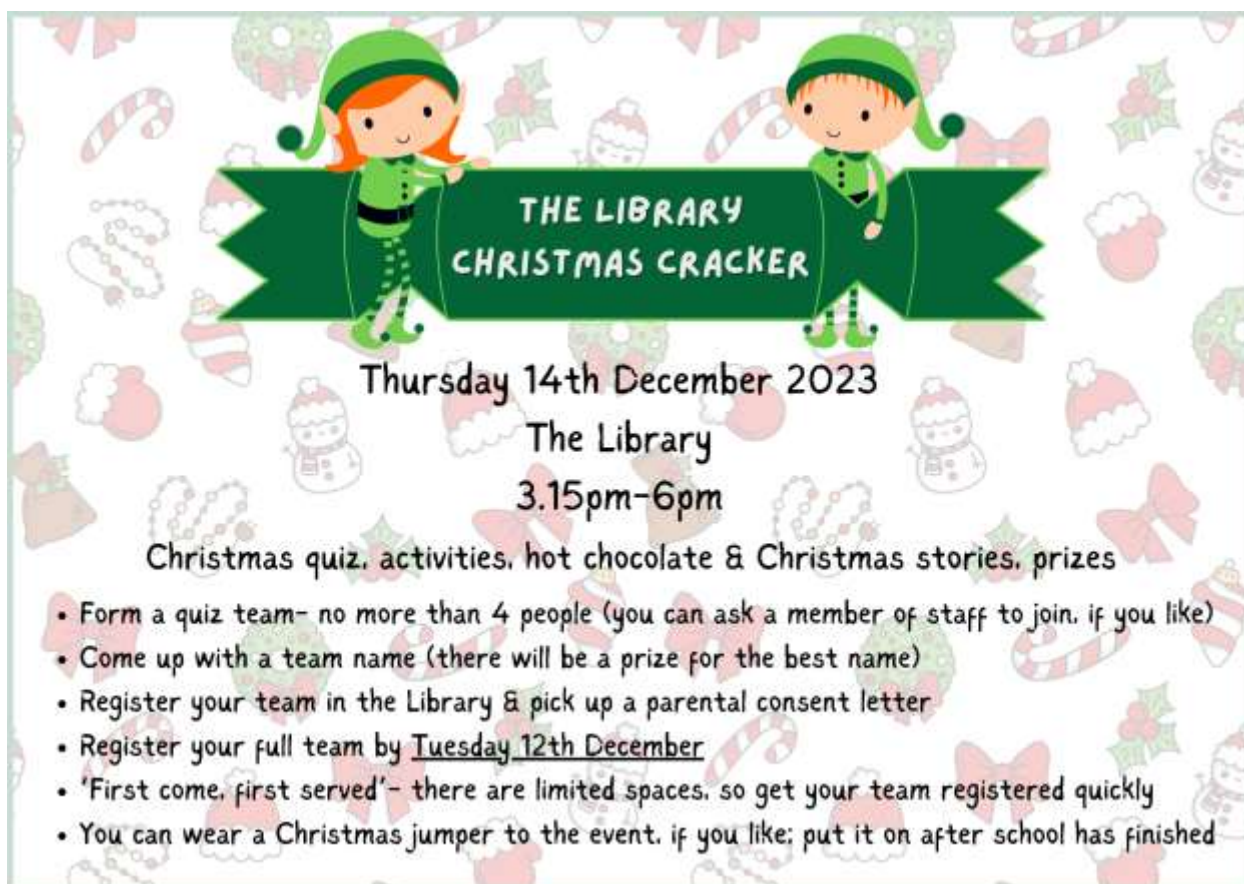
 InternetMatters

 internetmatters

 @im_org

Library News

Library Christmas Cracker



Twelve days of Christmas

Celebrate the festive season in these last few weeks of term by taking part in the *12 Days of Christmas* competition running in the Library. Each day a student will be asked to open one of the 'doors', which will reveal a Christmas book and a sweet surprise. Alongside that, there will be a different question posed during the twelve days, which students will need to find out the answer to. They will need to come in everyday to see the new questions. Entry forms are there for them to take away and all correct forms must be given to Ms Raven or Mrs Quantrill by January 5th. All correct entries will be placed in a hat and one overall winner will be drawn and will receive a prize.



For any more information, students can pop into the Library and ask the staff there.



6th Form UCAS Update

This is the term when Year 13 students are beginning to plan their post 18 pathways and applying to university.

Each week we will give you an update on who has completed their application alongside any offers or interviews they have received.



Name	Date sent	First Choice	Course	Offer/interview?
Lucy	25.09.23	Imperial College, London	Medicine	Interview
Cody	3.10.23	University of Lincoln	Law for Business	conditional offers
Jay	9.10.23	Nottingham Trent University	Primary Education	conditional offers
Ruby	12.10.23	Sheffield Hallam University	Fine Art	conditional offers
Andreea	16.10.23	De Montfort University, Leicester	Pharmacy	interview
Jakub	19.10.13	University of Bath	Maths & Physics	conditional offers
Laura	2.11.23	De Montfort University	Psychology	Conditional offers
Sam	6.11.23	University of Southampton	Biomedical engineering with integrated masters	Conditional offer
Tilly	8.11.23	De Montfort University, Leicester	Forensic science	Unconditional offer
Alicia	16.11.23	University of Bedfordshire	Early years education	conditional offer
Josh	16.11.23	De Montfort University, Leicester	Pharmacy	conditional offer
Jorja	16.11.23	De Montfort University, Leicester	Interior Design	conditional offer
Leyla	30.11.23	Northampton University	Dental Nursing	
Holly	1.12.23	University of East Anglia	English	
Amy-Kay	1.12.23	University of Lincoln	Law	

THE CRITERIA

REWARD TRIPS 2024

- **95% AND ABOVE ATTENDANCE
(MEDICAL/RELIGIOUS ETC ARE TAKEN INTO
ACCOUNT).**
- **300 TRPS OVERALL ONCE NNS HAVE BEEN TAKEN
OFF**
- **NO SUSPENSIONS (INTERNAL OR EXTERNAL).**
- **NO OUTSTANDING DETENTIONS AT THE POINT OF
CREATING FINAL LISTS.**
- **NO MORE THAN 2 REMOVES**

**THE CRITERIA PERIOD WILL RUN FROM OCTOBER HALF
TERM UNTIL EASTER AND WAS SHARED IN LAST TERM'S
REWARD ASSEMBLY.**



Calling Year 9 Students... Sign Up to DofE Now

Attention all Year 9 students! We're recruiting for #DofE – it's the perfect way to meet new people and try new things. Here is a video explaining a little bit about the programme.

https://m.youtube.com/watch?v=yN7wTcxK408&list=PLJwqW7XmD1vkTFCjRVTZWka5OnaRND_vr&pp=iAQB

Information was shared in a special assembly last week, but for more information or to sign up, see Mr Smart in the Pastoral Hub #Classof2026



Rushden Academy SAS

Well done to Squad Phoenix who visited The Beeches care home last week to chat to the residents. Everyone had a great time, and the students did us proud as ever with their friendly, respectful attitudes. Go Squad Phoenix!



Members of Squad Elf visited the Serve Day Centre this week:

Our experience with the SAS at the Serve day centre was amazing. The residents were super funny. We had a chat and played Bingo. Overall it was an extremely fun experience. They told us lots of fun stories about their childhood and Amelie even got a full house in bingo.

Freddie, Amelie, Jewel and Libby
- Year 7

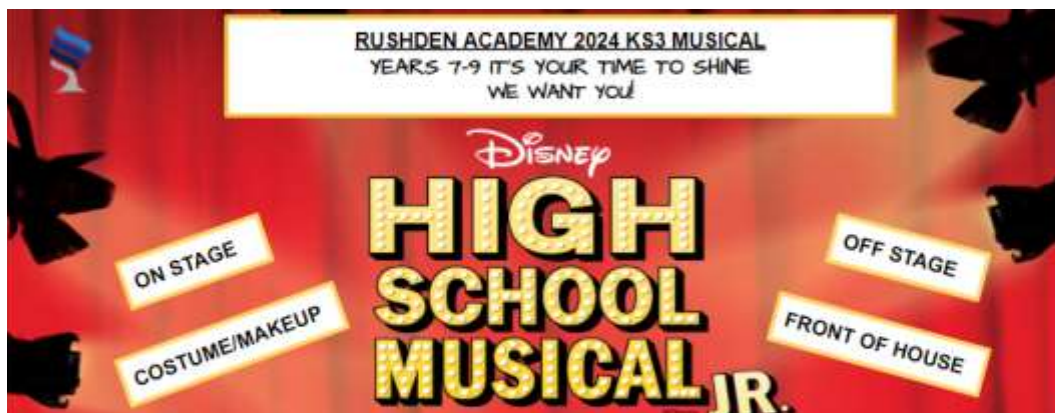
#TeamRushden #RASAS
#ServeDayCentre #Ethos
#GraceFoundation



Rushden Academy's Social Action Squad's (SAS) are always looking for opportunities to help within the community. If you know of anywhere we could help or support please let us know. We are looking for one off opportunities, short term commitments and long term projects.

To contact the Social Action Squad, email socialactionsquad@rushden-academy.net.

Performing Arts Update



After School Clubs Timetable



Monday	Tuesday	Wednesday	Thursday
Netball (Year Groups will Train Separately)	Basketball (Year Groups will Play Separately)	Fitness Suite	Football (Year Groups will Train Separately)
<i>Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!</i>			

Library Extra-Curricular Activities

Monday

Lunch-time	After-School
	
Board & Card Games	Student Library Assistants Meeting

Tuesday

Lunch-time	After-School
	
Chess	Chess



Wednesday

Lunch-time	After-School
	
Jigsaws	Rushden Academy Newspaper

Thursday

Lunch-Time	After-School
	
Tranquil Thursday - reading, homework, quiet voices	Role-Playing Games

Friday

Lunch-time	After-School
	
Fill-it-in Friday - crosswords, word searches, colouring, sticky dot to dots etc.	Closes at 3.15pm

NB: For any after-school activities you'll need to get a parental consent letter from the Library.

Rushden Academy

Library

Literacy Challenge

This term we are focusing on prefixes that mean not, no or opposite. In- is a very common prefix in English which can serve this purpose, although it can also have other meanings as well, including “in” or “into”.

Group the following In- words depending on whether the prefix gives the meaning of “in/into” or “no/not”.

Inject

Influx

Inadequate

Integrate

Invalid

Insane

Inactive

Intestine

Inadvertently

Internal

Incorrect

Ingest

Literacy SUPER Challenge

Which four of the following words can be prefixed with In- to give the meaning of “no/not”?

Visible

Flexible

Contagious

Attractive

Conscientious

Amusing

Magnetic

Curable

Attentive



Numeracy Problem of the Week

The standard Fibonacci sequence 1, 1, 2, 3, 5, 8, 13, ... begins with two 1s and each later number in the sequence is the sum of the previous two numbers.

Other Fibonacci-like sequences can be constructed by starting with any two numbers a and b , and using the same rule for creating the other numbers in the sequence.

What is the first term of the Fibonacci-like sequence whose second term is 4 and whose fifth term is 22?

Last Week's Solution: 22 minutes

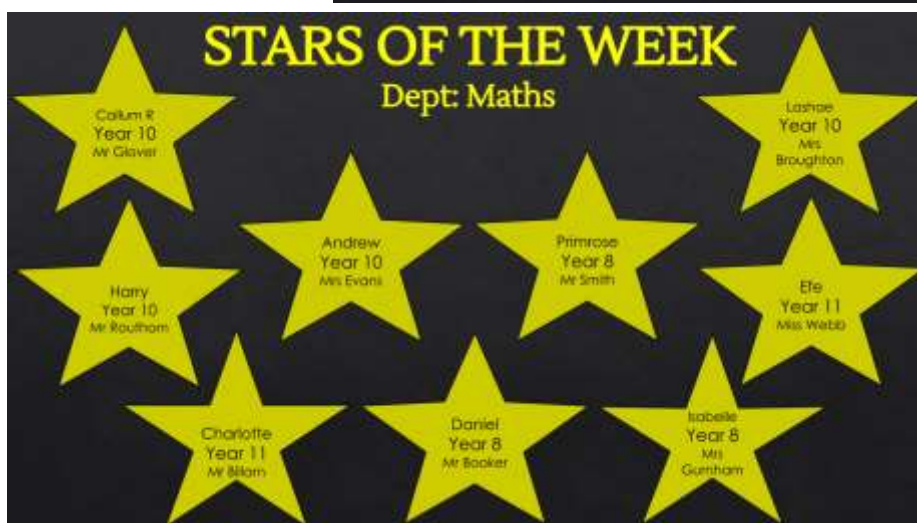
Join the Google Classroom code **h2fcjll** to submit your answer

January TENC BTEC Exam Timetable

Date	Subject	Unit	Groups	Length	Venue	Start Time
Tuesday 9th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Tuesday 9th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Wednesday 10th January	Yr 13 PA	Unit 1	all	3 hours	Homeschool	9.00 am
Wednesday 10th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 10th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 10th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 10th January	Yr 13 Business	Unit 2A	all	2 hours	Ferrers	1.30 pm
Thursday 11th January	Yr 13 Business	Unit 2B	all	3 hours	Ferrers	9.00 am
Thursday 11th January	Yr 12 CPLD	Unit 1	all	1.75 hrs	Homeschool	9.00 am
Friday 12th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 12th January	Yr 13 ICT	Unit 1	resits	2hrs	Homeschool	9.00 am
Friday 12th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 15th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 15th January	Yr 13 Business	Unit 3	resits	2hrs	Homeschool	9.00 am
Monday 15th January	Yr 12 & 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 16th January	Year 13 ICT	Unit 2	all	3 hours	Ferrers	1.30 pm
Tuesday 16th January	Year 12 ICT	Unit 2	all	3 hours	Huxlow	1.30 pm
Thursday 18th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Friday 19th January	Yr 13 Applied Science	Unit 3	all	2.25 hrs	Homeschool	9.00 am
Monday 22nd January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Tuesday 23rd January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 23rd January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

Stars of the Week

Congratulations to the following students for achieving star of the week.



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How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and student behaviour.

Students and parents can access this at home to keep up to date, by checking timetables and behaviour events. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Assistant Principal on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **contraception** **DRUGS**
exam anxiety
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
 social networking & cyber bullying
SELF HARM **MENTAL HEALTH**
 relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

WELLBEING CAFÉ
 A DROP-IN SERVICE FOR 11-18 YEAR OLDS

OPEN

CHANGE OF VENUE

Book on appointment or drop in during our opening times.

Tuesdays 4pm - 8 pm
 Rushden Mind
 Phoenix House,
 Skinner's Hill, Rushden
 NN10 9YE
 01933 277520

Support and Advice
 Wellbeing Activities
 Peer Support
 Parent Support is Available

YOUTH WORKS
 Time 2 TALK
 CHAT

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

espresso yourself

Monday 4pm - 8pm
 the lowdown,
 3 Kingswell Street,
 Northampton, NN1 1PP
 01604 654385

Tuesday 4pm - 8pm
 Youth Works at Corby Mind,
 18 Argyll St, Corby NN17 9RU
 01536 518339

Wednesday 4pm - 8pm
 Chat,
 Souster Youth Building,
 30 Midland Road, Thrapston,
 NN14 4JU
 01832 274422

Thursday 4pm - 8pm
 Youth Works,
 47 Rockingham Rd,
 Kettering, NN16 9HX
 01536 518339

Friday 4pm - 8pm
 the lowdown,
 3 Kingswell Street,
 Northampton,
 NN1 1PP
 01604 654385

Saturday 10am - 2pm
 Service Six,
 15 Sassoon Mews,
 Wellingborough,
 NN8 3LT
 01935 277535

1:1 SUPPORT AND ADVICE
 ALSO AVAILABLE REMOTELY
 1:1 PARENT SUPPORT IS AVAILABLE

the lowdown
 St Andrew's
 YOUTH WORKS
 CHAT

#weareNHS

CAMHS LIVE
 #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/US/AMHS/LIVE

t f

QR code

CAMHS
 Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU