



Rushden Academy Newsletter

Aspire, Explore, Succeed

16/06/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

It's been a warm week with Summer temperatures returning. I continue to review the updates in terms of any weather warnings from the Local Authority in order to make decisions about uniform. Next week's forecast looks a bit cooler with some showers but should the temperature start to rise to weather warning levels then we will consider allowing students to come in, in their PE kits. If this does occur then you will be advised at the time but until such a point arises, students must continue attending in normal school uniform excluding their blazers.

Mr Firth led the assemblies this week which continued exploring the core Team Rushden values. A large part of the assembly focused on the results of the student experience survey which all students were invited to participate in with many students taking this opportunity to have their say about the school. Where students' responses to questions suggested that things could be improved, students were encouraged to email Mr Firth so we can unpick any issues further and come up with some working groups to find solutions to any potential problems or barriers. Student feedback is really important to us and I look forward to seeing what we can do to continue to improve the day to day experience of all students.

Year 11s completed their final week of examinations and had their leavers' assembly on Wednesday following their maths examination. It was a lovely assembly where tutors shared fond memories of all students over the last 5 years with students then having the opportunity to sign each other's shirt before leaving the school site. I am proud of how hard they have worked in this exam period and look forward to celebrating their results with them in August.

On Thursday evening, we welcomed many of you into the school to meet with teachers for our Year 7 parents' evening. It was good to speak with many of you during the evening and I hope that the information you were provided with was useful in supporting your children with their studies at home. For those of you that were unable to attend, we will follow up with you directly as engagement at parents' evening is critical to ensuring that we can work together to make sure your children achieve the very best outcomes.

Continues on the next page...

Message From the Principal Continued...

A particular highlight of the week was the first outing of the newly formed Social Action Squad (SAS) who went out with Mr Smart, Miss Attwood and Rosie from our Ethos team to collect rubbish from the Greenway. The students cleared up a huge amount of litter doing their bit to tidy up our community for all. There are a number of similar projects in the pipeline and I look forward to giving lots of our students opportunities through the SAS to make a significant contribution to improving things in our community.

Finally, please can I thank Year 10 parents for your support with students completing their mandatory English, maths and science homework. Last week there were only 20 students who had to stay behind on Friday to complete this and there were similar numbers this week. This homework is about getting them into good habits as they lead into their final GCSE year in September.

Have a pleasant weekend,

Yours sincerely,

Mr B Baines
Principal

Lost Property

Please remind your children to check lost property in main reception if they misplace any items.

We currently have a selection of water bottles, pencil cases, coats/jackets, jewellery, watches, glasses, keys and other miscellaneous items.

Any items that remain unclaimed for more than 4 weeks are donated to our internal spare uniform supplies or to local charities.



MFL Updates

As we work through the last term of the year, our KS3 students get the opportunity to further their understanding of the life and culture in our target language countries through an independent research project that constitutes the final unit of each theme.



The following are our KS3 themes in French:

Year 7 Theme 1: Myself, personality and relationships

Year 8 Theme 2: My hobbies, leisure, school and future aspirations

Year 9 Theme 3: The world around me and the francophone world

Therefore, students are invited to carry out their research on the following topics:

Year 7: A famous French-speaking person, past or present

Year 8: Either a sporting event or the schooling system in a French-speaking location

Year 9: A town, region or holiday destination of interest in a French speaking country.

This time of year offers extremely rich pickings for those looking to focus on a sporting personality or event, with some of the World's major sporting events taking place in France:



The 91st 24 Hours of Le Mans (French: 91e 24 Heures du Mans), also known as the Centenary 24 Hours of Le Mans (French: Centenaire des 24 Heures du Mans), was an automobile endurance event that took place on 10–11 June 2023 at the Circuit de la Sarthe in Le Mans, France. It was the 91st running of the 24-hour race organised by the Automobile Club de l'Ouest, taking place on the 100th anniversary of the first 24 Hours of Le Mans in 1923.

The Tour de France is an annual men's multiple-stage bicycle race primarily held in France, while also occasionally passing through nearby countries. Like the other Grand Tours, it consists of 21 stages over the course of 23 days, coinciding with the Bastille Day holiday. It is the world's most prestigious and most difficult bicycle race and attracts the world's best riders.



MFL Updates



Since it began in 1994, the Evian Championship (formerly known as Evian Masters) has featured the world's greatest female golfers, like Laura Davies, Paula Creamer and Annika Sörenstam. In 2013, the prestigious tournament became one of the five Grand Slam tournaments of international women's golf. The Evian Championship thus became the first and only Major in Continental Europe.

The 2023 French Open was a Grand Slam tennis tournament played on outdoor clay courts. It was held at the Stade Roland Garros in Paris, France, from 28 May to 11 June 2023, comprising singles, doubles and mixed doubles play.

It was the 127th edition of the French Open and the second Grand Slam event of 2023 and this year saw Novak Djokovic make history by reaching a record 23 grand slam titles!



Team MFL would like to take this opportunity to wish our students the best of luck with their research projects and say that we are very much looking forward to hearing about their findings!

Rushden Academy SAS Update

Yesterday, the first squad for SAS went out into our community and cleaned up some of the local area. They have named themselves 'Squad Special Forces'. It was great to see such a competitive element in the young people with how much litter they could collect in that time whilst working with new people! You may have seen us out and about and we are looking forward to continuing this work over the next few weeks. Shortly, our t-shirts will be here and you will be able to see the sea of blue young people serving our community! #TeamRushden #RASAS #community



BOOK SALE



Prices range
from:

10p-£1

Date: From 19th June 2023,
until the end of term

Where: In the Library,
every break & lunch

STEAM Trip

This week we took 41 year 9 students to the University of Northampton where they took part in the STEAM day. The Science Technology Engineering Arts and Maths day is held yearly by the University and had an amazing amount of different things to see and do.

After arriving and checking in the students were allowed to explore the site and see all the different things on offer. They had vehicles from police, fire, ambulance, a lorry and even a copy of the world's fastest car. There were stalls from so many different companies all relating to the day where students could find out about careers, have a go at tasks and even get some freebies!

We then had our first big activity of the day - a show ran by "The Bird Man", it was a show based on ecology so students learnt about adaptations, food chains, predator/prey relationships, sustainability and much more.

All while seeing three birds of prey - a Harris Hawk named Sybil, Sparky a Barn Owl, and a Bald Eagle named Alaska who starred in "Clash of the Titans" alongside Liam Neeson. The three birds showed off their talents during the talk and also flew around the room followed by everyone's phone cameras, the birds flying far too fast to be seen clearly!



Our students again got free rein to explore the campus and see things they were interested in, students showed their excitement about some of the companies/careers that were there including the armed forces, chemical companies that made polymers, the arts and even things like virtual reality and gaming areas. Every career you could think of relating to STEAM were there and every course the university offers were there to talk to students as well.

Continues on the next page...

STEAM Trip

Students then got to go to workshops that suited their personality and interests that they picked from three options we had pre-booked.

Some students went to see the sports and rehab facilities at the university. Students got to find out about careers in that field including physiotherapy and coaching. But what was probably most enjoyed on the very hot sunny day was the students getting to use the 'cool boots' that are used to help the rehabilitation of injuries.



Other students picked the Acting for performance workshop, where they got to use the practice space at the university which was full of overhead lights and also a balcony window to be watched out of. The year 9s took to their stage by playing a number of different games that helped them build teamwork, looking for cues during performances, imagination, and concentration which resulted

in giant imaginary balls being pushed across the floor, or students playing basketball with no balls, one student even got shot with an imaginary arrow. All of their practice was then encompassed into a performance where they used all of those skills to tell a story with no spoken words - only being allowed to repeat one action each. We had the story of someone drowning in a swimming pool, a tennis match and the story of King Arthur and the Sword in the Stone.

The final group picked Photography where they saw the different studios that the university has including their dark room for processing film and shooting studios. Students got to take professional photos of each other using state of the art equipment, some of which have been passed onto the students digitally. They learnt how to pose for the camera and how to change their facial expressions to alter the whole photograph's meaning.



Thank you to the students for their impeccable behaviour on the day as it really helped the trip run smoothly, and a massive thank you to the staff who came with me and helped do a lot of the "running around" that I could not do with my crutch and recovering knee - I even got a special chair!

Miss Jepson
Head of Science

Free Parent Workshop

If your child was born after 1995 you are raising a 'digital native'; they are the first generation to grow up exclusively in the digital age. The impact of digital technology is far-reaching; creating both challenges and opportunities.

What impact is it all having them? How can parents respond? How can we help them build healthy relationships, deal with social media and learn to avoid explicit content? All these questions and more will be answered in this engaging and interactive seminar.

"I loved the wider approach to parenting teenagers too. I wasn't expecting this and it was good."

— PARENT, TWICKENHAM

"Your advice was incredible this evening and very valuable. I'll be taking away so many key points from tonight."

— PARENT, HURSTMERE SCHOOL

- SEMINAR:
Parenting in the Digital Age
- VENUE:
Rushden Academy,
Hayway, NN10 6AG
- DATE & TIME:
5th July, 2023
7.30–9pm
- COST:
£FREE BOOK HERE

Relationships
& Sex

Digital
Technology

Summer Term PE Clubs

After School Clubs Timetable

Monday	Tuesday	Wednesday
Athletics Track Events	Rounders	Tennis
Athletics Field Events	Cricket / Softball	
Please note, clubs are for boys and girls of all ages, everyone is welcome! Clubs are free and all you need to do is go to the changing rooms after school, get changed and get involved!		





**NORTH
NORTHANTS
SEND
INFORMATION
ADVICE
SUPPORT
SERVICE**

WE ARE:

North Northants SEND IASS.
We provide free, confidential, impartial advice, guidance, and support. We empower children and young people with SEND and their parents and carers to understand their entitled rights, fulfil their aspirations and reach their potential.

SOME OF WHAT WE COVER:

- Education Health and Care Plans (EHCP)
- Parental Requests for Statutory Assessment
- Appeals and Tribunal
- Post 16 Provision
- Mediation and dispute resolution
- Preparing for and attending meetings
- Support with Exclusions

CONTACT US:

- Advice Line: 0300 373 2532
Monday to Friday 9:30am – 4:30pm
- Email: sendiass@northnorthants.gov.uk
- Website : iassnorthants.co.uk



@NNCSENDIASS



Hair & Beauty at Rushden Academy

Please be aware we are a training salon, so appointments may be cancelled due to absences of the students.

Your hair and beauty services will be carried out by a student and will be supervised by a member of staff.

Treatments that are offered will vary, dependant upon the assessment criteria that is needed at the time by the students.

The prices for colouring does not include a cut, but does include a finish.

For any treatments with colour, a skin test needs to be completed 24-48 hours prior to the services.

Call us to book your appointment or for further enquires 01933 417858



Beauty Price List		Hair Price List		Level 2	Level 3
<u>Facial treatments</u>		<u>Styling</u>			
Cleanse and make up	£8.00	Wash & blow-dry/set		£5.00	£6.00
Facial with cleanse and mask	£6.00	Ladies cut		£5.00	£10.00
Luxury facial	£7.00	Restyle		£8.00	£12.00
<u>Holistic treatments</u>		Wash, cut & finish		£10.00	£13.00
<u>Massages:</u>		Restyle and finish		£8.00	£15.00
Indian head massage (30mins)	£7.00	Gents		£5.00	£7.00
Indian head massage (45mins)	£8.00	Conditioning treatment (with finish)		£10.00	£12.00
Hot stone (back only)	£8.00	<u>Colouring</u>			
Hot stone (full body)	£12.00	Quasi permanent colour			
Full body massage	£11.00	Full head - short hair (long hair)		£12.00 (£16.00)	£16.00 (£20.00)
Back, neck & shoulder massage	£7.00	Semi permanent:			
<u>Body treatments</u>		Semi permanent - short hair (long hair)		£10.00 (£13.00)	£11.00 (£14.00)
G5 massage	£9.00	Colouring and permanent tinting			
Infrared	£5.00	Full head - short hair (long hair)		£13.00 (£19.00)	£20.00 (£25.00)
<u>Manicure & pedicure</u>		Roots only		£10.00	£13.00
Mini manicure (file/polish)	£3.50	Roots & refresh - short hair (long hair)		£13.00 (£20.00)	£20.00 (£25.00)
Manicure	£5.00	Highlights/Lowlights			
Luxury manicure	£7.00	With cap		£12.00	£15.00
Mini pedicure (file/polish)	£3.50	Woven - short hair (long hair)		£22.00 (£27.00)	£27.00 (£30.00)
Pedicure	£5.00	T-section - short hair (long hair)		£12.00 (£17.00)	£20.00 (£25.00)
Luxury pedicure	£7.00	Flashes (per pack)			£3.00
Re varnish	£3.00	Lightening products bleach			
Nail art extra	£3.50	Full head - short hair		£22.00 (£25.00)	£25.00 (£28.00)
		Spectrum (specialised tonal highlighting) extra		£8.00	
		<u>Extras</u>			
		Colour mousse -		£1.00	
		Eraser colour remover & colour correction - (Consultation needed)			
		Toner -		£5 extra on top of the colour service	

Literacy Challenge

In general, prefixes have either Latin or Greek origins. For that reason, there can be two different prefixes with the same meaning. An example of this is Super- (Latin origin) and Hyper- (Greek), which both mean “over” or “in excess”.

Can you work out the SUPER- or HYPER- words these definitions are of?

Star or celebrity, thought of more highly or 'over' all other sports or music stars? (noun)

Over exaggerated claims or statements (noun)

To oversee, watch or direct (v.)

Active beyond or over what is needed or desirable (adj.)

Having or showing arrogant superiority; characteristic of someone who believes they are important over all others (adj.)

Relating to sound frequencies, which are over a thousand million hertz (adj.)

To place over or on top of (v.)

A quantity over what is needed, desired, or required (adj.)

Good to know: A prefix is letters attached to the beginning of a word stem that change the meaning of the word e.g. the prefix un + happy = not happy.

Literacy SUPER Challenge

What words are missing from these definitions?

Hyper-fit:

Someone who is f??
beyond normal

Hyperextended:

E?? beyond normal
limits

Hyperreactive:

Too r??

Hyperbole:

E?? statements

Hyperreal:

Too exaggerated
rather than r??

Hypercritical:

Inclined to judge t??
severely

Hypersensitive:

Too s??

Hypersimple:

Too s??

Hypertension:

A disorder in which
blood pressure is t??
h??

Numeracy Problem of the Week



A long-sleeved shirt has 8 front buttons and 2 cuff buttons.
A short-sleeved shirt has 6 front buttons and no cuff buttons.

The factory which makes 'Slimboy Shirts' uses 10 times as many front buttons as cuff buttons.

What is the ratio of long-sleeved shirts to short-sleeved shirts produced by the factory?

Last Week's Solution: $1/3$

Join the Google Classroom code **f2esulr** to submit your answer

Cost of Living Support

Warm Spaces

Organisation	Opening Times
Salvation Army	Mondays 10am-2pm
St Mary's Church, Rushden	Tuesdays 10am-2pm
Wesleyan Church, Rushden High Street	Wednesdays 10.30am-1.30pm
St Mary's Church, Rushden	Thursdays 12 noon-4pm
Rushden Town Council (Rushden Hall)	Fridays 1.30pm-3.30pm
Rushden Library	Monday-Friday 9am-6pm Saturdays 9am-5pm
Hope Methodist Church, Higham Ferrers	Tuesdays 1pm-3pm
St Mary's Church, Higham Ferrers	Thursdays 10am-2pm

Food Bank

Encompass	
19-21 Church Street	01933 733001
Rushden	Info@encompasscharity.org.uk
NN10 9YU	

School are able to make referrals so that you receive additional support

ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT

<https://www.northnorthants.gov.uk/cost-living>

Stars of the Week

Congratulations to the following students for achieving star of the week.



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KS5 Summer Exam Timetable

	Mon 12th June	Tues 13th June	Wed 14th June	Thurs 15th June	Fri 16th June
AM 9am	Chemistry Paper 1 2hrs 15 mins	History Paper 3 2hrs 15 mins	Business Paper 3 2 hrs	English Lang/Lit Paper 3 2 hrs	Biology Paper 2 2 hrs
	GCSE English Lang P2 1 hr 55 mins		Spanish Paper 2 2 hrs	Physics Paper 3 2 hrs	
			GCSE Maths Paper 3 1 hr 30 mins		
PM 1.30pm	Computer Science 1 2hrs 30 mins	Maths Paper 2 2 hrs	Further Maths FM1 1 hr 30 mins	Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FS1 1 hr 30 mins
			Sociology Paper 3 2 hrs		
	Mon 19th June	Tues 20th June	Wed 21st June	Thurs 22nd June	Fri 23rd June
AM 9am	Computer Science 2 2hrs 30 mins		Biology Paper 3 2 hrs		Chemistry Paper 3 1 hr 30 mins
PM 1.30pm	Chemistry Paper 2 2hrs 15 mins	Maths Paper 3 2 hrs			Further Maths D1 1 hr 30 mins
28th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.					

Year 10 Mock Exams June 2023

MOCK EXAMS

If you do not have an exam you will be in your normal lessons. For French and German speaking tests you will be given your own individual 30min slot between 26th and 30th June.

P1 + P2			P3 +P4			Reg + P5		
MON 19th JUNE	SOCIOLOGY (SH) 1hr 45mins	77	COMBINED SCIENCE Biology (SH) 1 hr 15mins TRIPLE SCIENCE Biology (SH) 1 hr 45mins	134 22	Normal lessons			
TUES 20th JUNE	ENGLISH LANG Paper 1 (SH) 1hr 55mins	156	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	156	Normal lessons			
WED 21st JUNE	BUSINESS (SH) 1hr 30 mins	58	COMBINED SCIENCE Chemistry (SH) 1 hr 15mins TRIPLE SCIENCE Chemistry (SH) 1 hr 45mins	134 22	Normal lessons			
THURS 22nd JUNE	COMBINED SCIENCE Physics (SH) 1 hr 15mins TRIPLE SCIENCE Physics (SH) 1 hr 45mins	134 22	HISTORY (SH) 1hr 10mins	112	GERMAN LISTENING (VOC) H 45mins F 35 mins	18		
FRI 23rd JUNE	GEOGRAPHY (SH) 1hr 30mins	43	MATHS Paper 2 (SH) 1hr 30mins (calculator)	156	Normal lessons			
MON 26th JUNE	PHOTOGRAPHY 10D (CA6) 2hrs (PS) FRENCH LISTENING (VOC) H 45mins F 35 mins	17 24	PHOTOGRAPHY 10D (CA6) 2hrs (PS)	17	PHOTOGRAPHY 10D (CA6) 1hr (PS)	17		
TUES 27th JUNE	ART (CA4) 2hrs (DC +SAN)	27	ART (CA4) 2hrs (DC +SAN)	27	ART (CA4) 1hr (DC +SAN)	27		
WED 28th JUNE	PHOTOGRAPHY 10B (CA6) 2hrs (LH)	26	PHOTOGRAPHY 10B (CA6) 2hrs (LH)	26	PHOTOGRAPHY 10B (CA6) 1hr (LH)	26		
THURS 29th JUNE	GRAPHICS (CA6) 2hrs (LH)	14	GRAPHICS (CA6) 2hrs (LH)	14	GRAPHICS (CA6) 1hr (LH)	14		

Students taking maths, science, business and geography exams will need a calculator



How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

See us on your mobile phone, laptop or desktop. A key service for children and young people. We offer confidential support and advice. We are open to all young people. We are open to all young people. We are open to all young people.

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

See us on your mobile phone, laptop or desktop. A key service for children and young people. We offer confidential support and advice. We are open to all young people. We are open to all young people. We are open to all young people.

the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE **MENTAL HEALTH SERVICES** YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/ABOUT/CAMHS/LIVE

t f

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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