



Rushden Academy Newsletter

Aspire, Explore, Succeed

19/05/2023

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

The penultimate week of this half term has meant the start of the Summer exam period for our Year 11s and they have made a fantastic start with all students showing great levels of positivity and resilience.

In relation to the exam period, further correspondence has been sent out by Mr Bocking but please can I remind parents not to contact the school asking for Year 11 students to go home unless there is a genuine medical reason. There is no study leave because lessons are still taking place for all subjects where exams are yet to be undertaken and therefore we will not be authorising any Year 11 student to leave school. Where students are attending lessons where they have already completed the exam, they will be supported with their revision. Thank you in advance for your understanding and support with this.

Mrs Brainwood was on the assembly rota for this week and delivered a powerful assembly on the theme of stillness and mindfulness. Students were encouraged to think about how rare moments of genuine silence are and how useful such moments can be in terms of clarifying thoughts or thinking deeply about a particular problem. Mrs Brainwood shared an insightful anecdote about her father and Christmas morning in relation to the absence of all the usual hustle and bustle of any other day. The assembly finished with a story of people who went to the mountains in search of moments of silence and solitude and the benefits this had for them.

Thursday evening was parents' evening for Year 10 and it was nice to see parents and students receiving lots of feedback about how to improve in each of their subjects. The number of parents in attendance was slightly lower than we have seen at other evenings so we will be writing to parents to get your feedback on why some of you were unable to make it. There were some requests from parents about more detail in reports and following the Year 10 mock examinations in term 6, you will all receive a detailed breakdown of your child's performance as well as clear identification of topics and skills which need improving.

In a bid to help prepare Year 10 students for Year 11, in term 6, we will be introducing weekly mandatory maths, English and science homework for all Year 10 students. If students do not complete it then they will be collected to stay behind on Friday evenings in order to complete the work. We did exactly the same with Year 11 and it really supported students with their revision and so we are starting early with Year 10 to get them into good habits.

Continues on the next page...

Message From the Principal Continued...

Mrs Owen spent a huge amount of time preparing and displaying Year 11 student's art, photography and graphics work ready for moderation which took place on Friday. The work produced by the students was absolutely stunning and a reminder of just how incredibly talented they all are. I took lots of pictures of the displays which I will share on twitter so you can see first hand just how impressive the students' work is!

Finally, in relation to uniform, there has been an increased number of students coming into school in leggings which are not part of our school uniform. In many cases we know that the student has school trousers at home so where possible please can you support us by ensuring that your child leaves the house in the correct uniform. Where students arrive in leggings, we have a number of pairs of clean trousers for students to wear which we will provide to prevent them receiving any sanction.

Have a pleasant weekend,

Yours sincerely,

Mr B Baines
Principal



Year 9 HPV2 Vaccinations

Reminder that Year 9 are having their HPV2 vaccinations on Tuesday 22nd May. Please check your emails for more information.

This Term in English

Year 7 and 8

This term, year 7 and 8 have been learning about some of Shakespeare's most popular plays!

In year 7, students have been introduced to a wide array of plays to get them used to Shakespeare's language and themes. The plays explored have included: *A Midsummer Night's Dream*, *Macbeth*, *Romeo and Juliet*, *The Merchant of Venice*, *Much Ado About Nothing* and *Julius Caesar*. Students have enjoyed exploring the plot and characters through a Whoosh! Which is a short and modern version of the play which encourages students to get up and improvise the main events. Next term, year 7 will be doing a creative writing unit called 'Alter Egos'- we hope they will be able to draw influence from everything they have learnt this term!

In Year 8, students have been diving into the tragic and treasonous world of *Macbeth*! We have considered the impact of the supernatural, explored themes of power and even learnt some context focusing on King James and his obsession with witches. Next term, year 8 will be exploring poetry through the ages which will include some of Shakespeare's sonnets so we hope they can apply everything they have learnt to analyse how language and structure has been used in the poems.

Year 9

This term, year 9 students have been introduced to some of the poems from the Edexcel GCSE relationship anthology. These poems include: *La Belle Dame Sans Merci*, *My Last Duchess*, *Nettles*, *Sonnet 43*, *I wanna be yours* and *First Date He, First Date She*. We hope that this small introduction will alleviate some of the pressure to get through all 15 poems next year when students start their GCSEs. Next term, students will be introduced to another GCSE text: *Romeo and Juliet*. We will explore the plot, characters and themes as well as analyse how Shakespeare used language and structure to interest and engage his audience.

Year 10

Over the whole of the summer term, year 10 will be partaking in their GCSE speaking and listening exam. This is a compulsory element to the English GCSE and will award students with a pass, merit or distinction grade. Students must present a 3-5 minute talk on a topic of their choice to an audience which will be recorded and sent to the examination board. We are doing all that we can to co-operate with our students, offering after school and lunch time recordings to alleviate some of the pressures and anxieties behind presenting to a whole class. We appreciate any and all support from parents in this matter- if students refuse, they unfortunately will gain a 'fail' which will be present on their GCSE certificate. If you have any questions about the speaking and listening element of the English GCSE then please get in contact with your child's English teacher or the Head of Faculty, Miss Neville.

Year 11

The time has come for year 11 to apply all that they have learnt during their journey with Team English! We have been revising for all of the papers- completing walking talking mocks, making flashcards with relevant quotations, analysing language and structure, writing creatively and rhetorically and ensuring we know the content of the exams inside out. The English team wish year 11 the best of luck and have every faith that they will blow the examiners away!

Rushden Academy SAS

A huge well done and thank you to our brilliant Year 7s who have kicked off our Rushden Academy SAS project this week.

The Year 7 PSHE classes have done a FANTASTIC job of clearing, digging, planting, painting and building to work towards our new wellbeing garden. All the students worked so hard and had a brilliant time, we can't wait to see how it looks once the plants all get growing!

Stay tuned for more information and how to sign up to Rushden Academy SAS coming very soon...



Police Surgeries During June

Officers from your East Northants Neighbourhood Policing Team will be holding the following Surgeries using our Police Beat Bus in Rushden next month:



Northamptonshire
Police

Saturday 10th June

10am-Midday at Rushden Lakes (near Greggs)

1-2.30pm at Waitrose Car Park, Crown Park



Northamptonshire
**Neighbourhood
Alert**

Tuesday 27th June

10am-Midday at Asda Car Park Washbrook Road

1-2.30pm at Sainsburys Car Park High St. South



Please feel welcome to visit us to discuss any issues that may be causing you concerns.

Mental Health Week 15th-21st May 2023

At Rushden Academy we are honouring Mental Health Awareness week this week by involving the students in various workshops and activities.

Students have been learning about the important topics surrounding Mental Health that may bring difficult emotions to the surface for many of our students and families.

In order to help confidently engage in conversations with your children at home, I have included a website link below to use as a guide to help navigate these conversations.

[Advice for parents and guardians - Mental Health UK \(mentalhealth-uk.org\)](https://www.mentalhealth-uk.org/)

Please let me know if you have any queries,

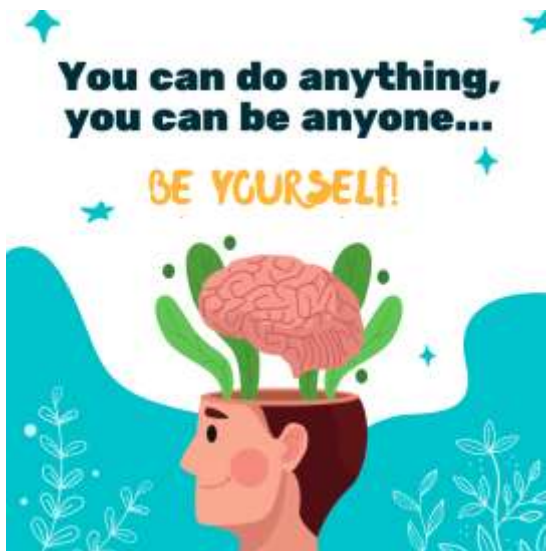
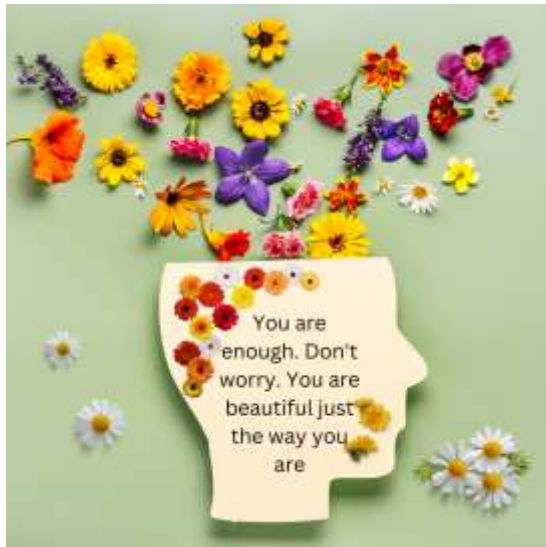
Miss L McKenzie
Family Support Worker

Supporting Your Child in Anxious Moments

It can be challenging when someone you love struggles with anxiety. Parents and carers may not understand what's causing their child to worry, or how best to respond to their anxious behaviours. YOUNG MINDS [guide to anxiety](#) will teach parents and carers about anxiety, including how to recognise and manage challenging behaviours, and explain how to find professional help for their child. They also have a [Parents Helpline and Webchat](#) available five days a week to support with any concerns they may have about their child.

Mental Health Week at Rushden Academy

As part of mental health week our students have been creating their own positive post-it's to encourage and support each other. Have a look at some of them here!



Junior Maths Challenge

The results are in! On the 26th of April fourty of our brightest mathematicians in years 7 and 8 participated in the UK wide Junior Maths Challenge put on by the UK Mathematics Trust.

A very special congratulations to William in year 8 who not only received a gold award but also qualified for the Junior Kangaroo challenge that takes place next month.

Our silver award winners were Callum and Noah in year 7 and Evan, Lois, Ella, Harry, Ethan and Hareem in year 8.

Our bronze award winners were Ethan, Casper, Riley, and Nelvin in year 7 and Naomi , Austin, and Ben in year 8.

The maths department would like to thank and congratulate all those who took part this year.

Northampton Active

MAY HALF TERM



Kids Club Ages 7 - 17 yrs
Parent & Tot Ages 2 - 4 yrs
Parent & Child Ages 4 - 7 yrs
Discover Paddlesports Suitable for all ages 7+
Taster Days Suitable for all ages 7+

29th May - 2nd June
Northampton Active NN4 7AA
Check online for times

We have a wide range of activities to be enjoyed here (session depending)

Canoeing
Kayaking
Paddleboarding
MEGA Paddleboard
Archery
High Ropes

Whitewater Tubing
Whitewater Rafting
Problem Solving
And more...



More information www.northamptonactive.com 01604 634040



Don't forget to book your tickets for Rushden's Got Talent next week!

https://www.trybooking.com/uk/events/landing/41765?fbclid=IwAR0WJPz4peW6ZGR56sEiU1y_raRBWzp_uOLHW6pcSCZZMrRq1Rm3fZbQCM0



Performing Arts Update

Drama:

Year 9 have looked deeper into the play 'Blood Brothers' this week. We have learnt about historical and social context and how this impacts the way we perform. The year 9s have been intrigued about the difference in life compared to now and have enjoyed applying the themes of the play within performance. We have seen some really nice performances that have consideration for the circumstances in them.

Dance:

Year 10 have been working hard towards their assessment taking place this Friday. The dancers will perform a 1 minute solo demonstrating their physical skills; the ability to use skills such as Balance, Strength, flexibility, coordination and more. Physical skills are the skills needed to be an effective dance performer and our students have recognised that developing their physical skills is important for their own personal performance. Good Luck Year 10

Music:

Year 8 students have been forming their bands this week and looking at how they can work together on different instruments to create their piece. Students have been given the choice of 4 songs: Queen - Another One Bites The Dust; Deep Purple - Smoke On The Water; White Stripes - Seven Nation Army and Survivor - Eye Of The Tiger. We look forward to seeing these pieces progress and take shape.

Performing Arts Career of The Week: Casting Director

Casting directors find the stars to bring the characters in a film or TV drama to life. They are hired by the production company to match actors to roles. Casting directors read scripts and meet with producers and directors to get a sense of the type of person they are looking for.

Estimated Annual Salary: £41,917 per year



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

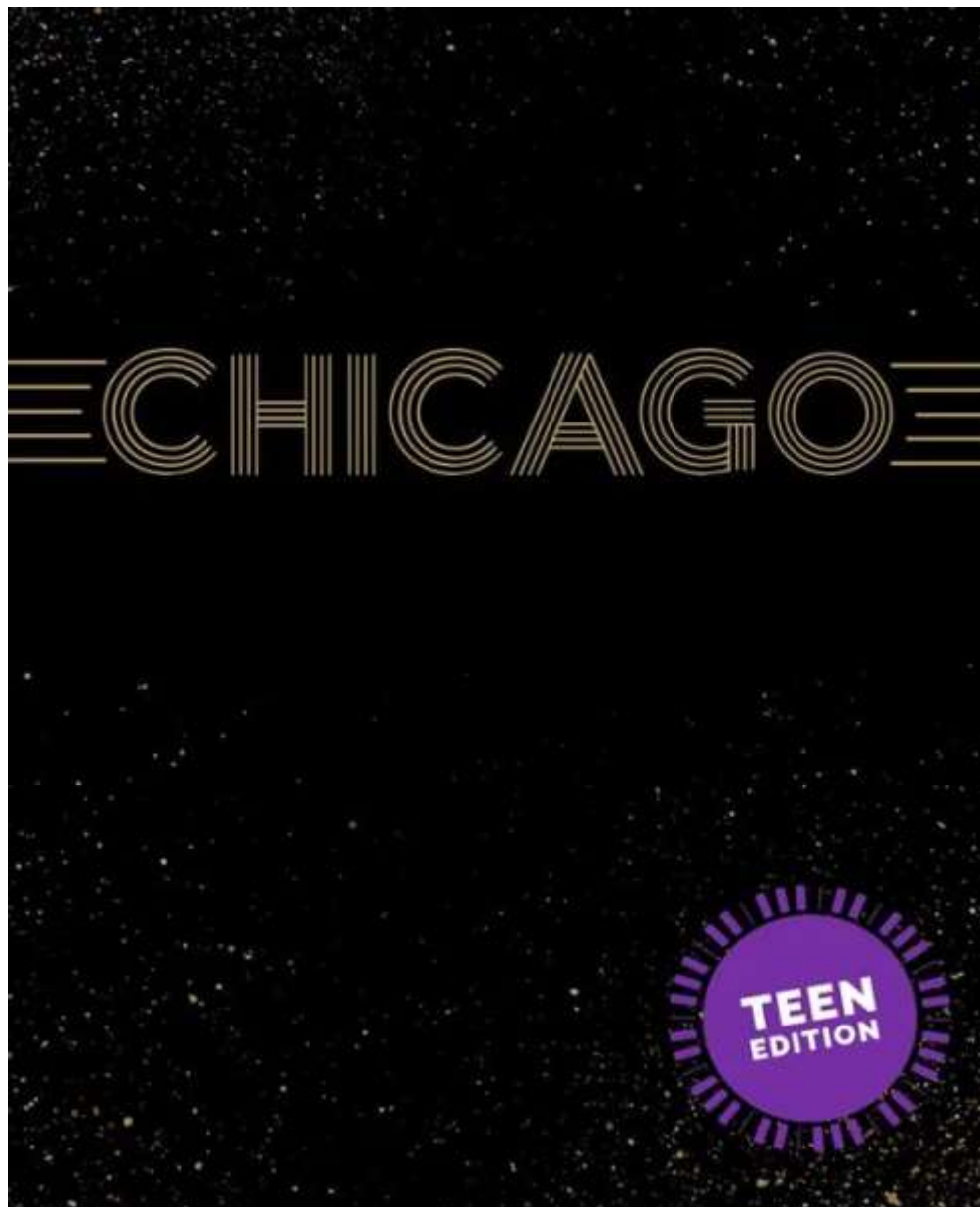
r.brooks@Rushden-academy.net



Performing Arts Update

Chicago TEEN Edition:

This was a really exciting week for Chicago. We had a professional photographer in to run a photoshoot with some of the cast for our poster. The cast absolutely smashed it and have really captured the nature of the show. The pictures truly show how talented our cast are and will surely create a buzz for the show! Remember show week is the 18th, 19th and 20th July!! Make sure to get your tickets as soon as they are available.



How to Navigate Difficult Conversations with Your Teenager

Important conversations with teenagers are among the biggest challenges of parenting. They can feel like walking a tightrope. Lean too much - or too little - into commands and restrictions and you're likely to tip over.

Conversations with teens are difficult for a number of reasons. First of all, adolescence is a time when young people develop their own identities. To try out different parts of those identities they make more decisions without their parents, some of which can be quite risky.

But teens are still dependent on parents and seek their love and approval - even if they don't want to admit it. Conversations that meet these complex needs often require flexibility, responsiveness and patience. Researchers are still learning about how parents can best support their teenagers' needs, but studies conducted so far point to some key things to keep in mind.

Talk about tricky topics often

Talk to your teenager, often and with interest. Engage them on topics that matter to them. When teens feel they can talk to non-judgmental parents about important topics they open up more. Along with the quality of conversation, the frequency also matters. Initiating more frequent conversations will help teens share more.

Listen with love

My own research shows that high-quality listening on your part can improve wellbeing in teenagers and lead them to be willing to share more in the future.

Listening well involves attending carefully to what your teenager says, attempting to understand issues from their perspective and conveying that you value and love them - even if you may not necessarily value what they've done or what they say.

Listen with an open mind

Listening does not require parents to agree to requests without good reason. At the start of the conversation, you can explain the difference between wanting to understand and being willing to accommodate your teen.

Explain your reasoning

Listening is not always enough, and parents are called to respond to, or direct, their child's actions. The way you do this can help teenagers understand the importance of a request beyond their parent's whim.

For example, a parent can give a command: "You have to put down your phone now!" Or, they could give a request with explanation: "It's important to put the phone down now that we're having family time so we can connect." Explaining decisions and making requests may not protect you from teenage protests, but doing so conveys your values and allows your teenager to make a choice about their behaviour. This ultimately helps teenagers to internalise or buy into parental rules and norms.

Continues on the next page...

How to Navigate Difficult Conversations with Your Teenager

Think about tone of voice

Not just what parents say, but how they say it, matters. My research shows that warm, inviting and soft tones of voice are better received by adolescents, who report that that a supportive tone of voice helps them to get on board with parental messages, feel positive emotions and experience a sense of connection with parents.

In contrast, pressuring tones of voice can alienate young people and undermine efforts to communicate effectively for positive change.

Think about your own wellbeing

Listening well, and using ideal tones of voice and words to convey messages to teens, may be difficult when parents are exhausted, under pressure, or have been dealing with difficult behaviour from their children. Parents and children both benefit when these conversations take place after a good rest, or at least a deep breath. It may help to track your own mood, and step away from a conversation when you are not in the right headspace.

It's also important to watch out for your own feelings of threat and fear during conversations, because these can get in the way of being responsive, loving, and still firm – as needed – when things get tough.

Understand that a conversation can't solve everything

Adolescents are on their own journeys to growing, and often these journeys are influenced by some, often complex, personality factors, peer influence, and mental health difficulties. Parents certainly have the power to encourage teenagers to talk about issues affecting them and promote their wellbeing, but parents also deserve to have compassion for themselves as well as for their teens. They don't have infinite power; doing their very best might just have to be enough.

Netta Weinstein <https://theconversation.com/how-to-navigate-difficult-conversations-with-your-teenager-203999>

National Day of Numeracy

National Numeracy Day was on the 17th of May and pupils took part in numeracy related activities to mark the day.

If you are interested in testing and improving your own numeracy skills or supporting those for your child please visit the National Numeracy website below. It has resources as well as a challenge you can take to test and improve your numeracy skills.

<https://www.nationalnumeracy.org.uk/>

Hair & Beauty at Rushden Academy

Please be aware we are a training salon, so appointments may be cancelled due to absences of the students.

Your hair and beauty services will be carried out by a student and will be supervised by a member of staff.

Treatments that are offered will vary, dependant upon the assessment criteria that is needed at the time by the students.

The prices for colouring does not include a cut, but does include a finish.

For any treatments with colour, a skin test needs to be completed 24-48 hours prior to the services.

Call us to book your appointment or for further enquires 01933 417858



| Beauty Price List | | Hair Price List | | Level 2 | Level 3 |
|---------------------------------------|--------|---|--|---------------------------------------|-----------------|
| <u>Facial treatments</u> | | <u>Styling</u> | | | |
| Cleanse and make up | £8.00 | Wash & blow-dry/set | | £5.00 | £6.00 |
| Facial with cleanse and mask | £6.00 | Ladies cut | | £5.00 | £10.00 |
| Luxury facial | £7.00 | Restyle | | £8.00 | £12.00 |
| <u>Holistic treatments</u> | | Wash, cut & finish | | £10.00 | £13.00 |
| <u>Massages:</u> | | Restyle and finish | | £8.00 | £15.00 |
| Indian head massage (30mins) | £7.00 | Gents | | £5.00 | £7.00 |
| Indian head massage (45mins) | £8.00 | Conditioning treatment (with finish) | | £10.00 | £12.00 |
| Hot stone (back only) | £8.00 | <u>Colouring</u> | | | |
| Hot stone (full body) | £12.00 | Quasi permanent colour | | | |
| Full body massage | £11.00 | Full head - short hair (long hair) | | £12.00 (£16.00) | £16.00 (£20.00) |
| Back, neck & shoulder massage | £7.00 | Semi permanent: | | | |
| <u>Body treatments</u> | | Semi permanent - short hair (long hair) | | £10.00 (£13.00) | £11.00 (£14.00) |
| G5 massage | £9.00 | Colouring and permanent tinting | | | |
| Infrared | £5.00 | Full head - short hair (long hair) | | £13.00 (£19.00) | £20.00 (£25.00) |
| <u>Manicure & pedicure</u> | | Roots only | | £10.00 | £13.00 |
| Mini manicure (file/polish) | £3.50 | Roots & refresh - short hair (long hair) | | £13.00 (£20.00) | £20.00 (£25.00) |
| Manicure | £5.00 | Highlights/Lowlights | | | |
| Luxury manicure | £7.00 | With cap | | £12.00 | £15.00 |
| Mini pedicure (file/polish) | £3.50 | Woven - short hair (long hair) | | £22.00 (£27.00) | £27.00 (£30.00) |
| Pedicure | £5.00 | T-section - short hair (long hair) | | £12.00 (£17.00) | £20.00 (£25.00) |
| Luxury pedicure | £7.00 | Flashes (per pack) | | | £3.00 |
| Re varnish | £3.00 | Lightening products bleach | | | |
| Nail art extra | £3.50 | Full head - short hair | | £22.00 (£25.00) | £25.00 (£28.00) |
| | | Spectrum (specialised tonal highlighting) extra | | £8.00 | |
| | | <u>Extras</u> | | | |
| | | Colour mousse - | | £1.00 | |
| | | Eraser colour remover & colour correction - (Consultation needed) | | | |
| | | Toner - | | £5 extra on top of the colour service | |

Literacy Challenge

This term you have been focusing on prefixes that denote quantity:
MONO-/UNI-/BI-/TRI-

Which of the following is the name for something with **THREE LEGS**?

1. Tripod
2. Triped
3. Trifoot
4. Tristand

What is the name for someone who speaks **one language**?

1. Unilingual
2. Monoglot
3. Bilingual
4. Trilingual

Which of the following is a correct definition of **MONOLOGUE**?

1. A long, tedious speech by one person during a conversation
2. An historical account written by one person
3. A play or story which features one character

5) Which of these words **DOES NOT** feature the **bi-** prefix meaning two?

1. Bicycle
2. Biannual
3. Bigotry
4. Bilateral

What does **BICENTENNIAL** mean?

1. The two thousandth anniversary of a significant event
2. The one thousandth anniversary of a significant event
3. The two-hundredth anniversary of a significant event
4. The three-hundredth anniversary of a significant event

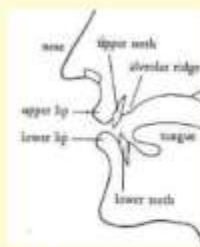
Good to know: A prefix is letters attached to the beginning of a word stem that change the meaning of the word e.g. the prefix un + happy = not happy.

Literacy SUPER Challenge

Match the words to one of the definitions or pictures below

1. Unicameral
2. Monorail
3. Monopod
4. Bicentenary
5. Monochromatic
6. Monopoly
7. Bilabial
8. Monolith
9. Trident
10. Trilogy

- Having or appearing to have **a single** colour
- Exclusive control by **a single** group producing or selling a commodity or service
- A span of **200** years/A **200th** anniversary
- A spear with **three** prongs
- Having **one** legislative chamber.



Numeracy Problem of the Week



The standard Fibonacci sequence 1, 1, 2, 3, 5, 8, 13, ... begins with two 1s and each later number in the sequence is the sum of the previous two numbers.

Other Fibonacci-like sequences can be constructed by starting with any two numbers a and b , and using the same rule for creating the other numbers in the sequence.

What is the first term of the Fibonacci-like sequence whose second term is 4 and whose fifth term is 22?

Last Week's Solution: 22 Minutes

Join the Google Classroom code **f2esulr** to submit your answer

Cost of Living Support

Warm Spaces

| Organisation | Opening Times |
|---------------------------------------|--|
| Salvation Army | Mondays 10am-2pm |
| St Mary's Church, Rushden | Tuesdays 10am-2pm |
| Wesleyan Church, Rushden High Street | Wednesdays 10.30am-1.30pm |
| St Mary's Church, Rushden | Thursdays 12 noon-4pm |
| Rushden Town Council (Rushden Hall) | Fridays 1.30pm-3.30pm |
| Rushden Library | Monday-Friday 9am-6pm Saturdays 9am-5pm |
| Hope Methodist Church, Higham Ferrers | Tuesdays 1pm-3pm |
| St Mary's Church, Higham Ferrers | Thursdays 10am-2pm |

Food Bank

| Encompass | |
|---------------------|--|
| 19-21 Church Street | 01933 733001 |
| Rushden | Info@encompasscharity.org.uk |
| NN10 9YU | |

School are able to make referrals so that you receive additional support

ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT

<https://www.northnorthants.gov.uk/cost-living>

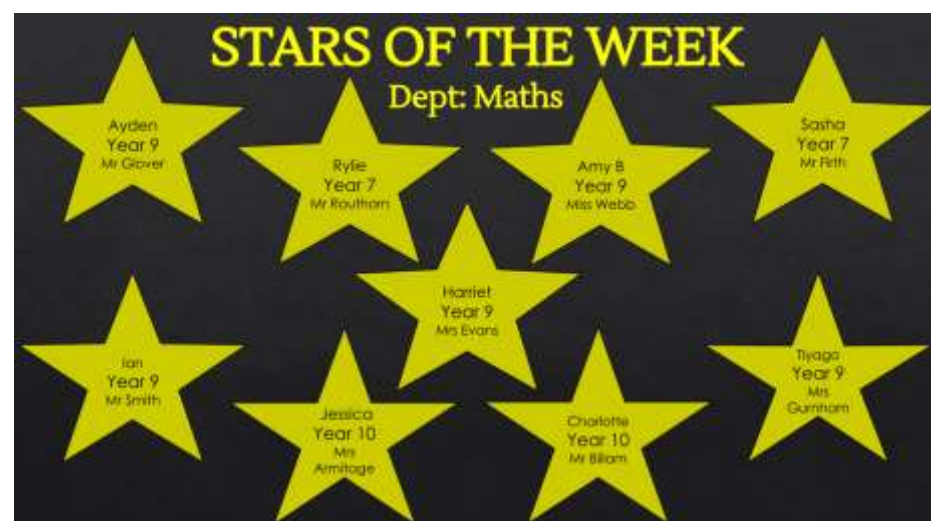
Stars of the Week

Congratulations to the following students for achieving star of the week.



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KS4 Summer Exam Timetable

| | Mon 15th May | Tues 16th May | Wed 17th May | Thurs 18th May | Fri 19th May |
|--------------|--------------|---|-------------------------------------|----------------------------------|-------------------------------|
| AM 9am | | Biology Paper 1(CS) 1 hr 15 mins | English Lit Paper 1 1 hr 45 mins | History Paper 1 1 hr 15 mins | Maths Paper 1 1 hr 30 mins |
| | | Biology Paper 1(Trp) 1 hr 45 mins | | | |
| PM 1.30pm | | German Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins | | Business Paper 1 1 hr 45 mins | BTEC H & SC Unit 3 2 hrs |
| | | Sociology Paper 1 1 hr 45 mins | | BTEC Childcare Unit 3 2 hrs | |

| | Mon 22nd May | Tues 23rd May | Wed 24th May | Thurs 25th May | Fri 26th May |
|--------------|---|---|--------------------------------------|--------------------------------------|--|
| AM 9am | Chemistry Paper 1 (CS) 1 hr 15 mins | French Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins | English Lit Paper 2 2 hrs 15 mins | Physics Paper 1 (CS) 1 hr 15 mins | German Paper 4 F 1 hr 10 mins / H 1hr 20 mins |
| | Chemistry Paper 1 (Trp) 1 hr 45 mins | | | Physics Paper 1 (Trp) 1hr 45 mins | |
| PM 1.30pm | Geography Paper 1 1 hr 30 mins | BTEC ICT Unit 3 1 hr 30 mins | | Sociology Paper 2 1 hr 45 mins | |
| | | | | BTEC Sport Unit 2 1 hr 30 mins | |

| Mon 29th May | Tues 30th May | Wed 31st May | Thurs 1st June | Fri 2nd June |
|------------------|---------------|--------------|----------------|--------------|
| HALF TERM | | | | |

| | Mon 5th June | Tues 6th June | Wed 7th June | Thurs 8th June | Fri 9th June |
|--------------|--|---------------|---------------------------------------|--|---|
| AM 9am | English Lang Paper 1 1 hr 55 mins | | Maths Paper 2 1 hr 30 mins | | Geography Paper 2 1 hr 30 mins |
| PM 1.30pm | French Paper 4 F 1 hr 10 mins / H 1hr 20 mins | | History Paper 2 B1-B4 1 hr 45 mins | Contingency session in the event of national or significant local disruption to exams in the UK. | Biology Paper 2 (CS) 1 hr 15 mins Biology Paper 2 (Trp) 1 hr 45 mins |

| | Mon 12th June | Tues 13th June | Wed 14th June | Thurs 15th June | Fri 16th June |
|--------------|--------------------------------------|---|-------------------------------|--|---------------------------------------|
| AM 9am | English Lang Paper 2 1 hr 55 mins | Chemistry Paper 2 (CS) 1 hr 15 mins | Maths Paper 3 1 hr 30 mins | History Paper 3 1 hr 20 mins | Physics Paper 2 (CS) 1 hr 15 mins |
| | | Chemistry Paper 2 (Trp) 1 hr 45 mins | | | Physics Paper 2 (Trp) 1 hr 45 mins |
| PM 1.30pm | Business Paper 2 1 hr 45 mins | | | Contingency session in the event of national or significant local disruption to exams in the UK. | Geography Paper 3 1 hr 15mins |

28th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.

KS5 Summer Exam Timetable

KS5 Timetable Summer 2023

| | Mon 1st May | Tues 2nd May | Wed 3rd May | Thurs 4th May | Fri 5th May |
|--------|-----------------------------------|---------------------------------|-------------------------------------|--|------------------------------------|
| AM | | BTEC PA Unit 1 3 hrs | | BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins | |
| 9am | | | | BTEC Sport Unit 2 2 hr 30 mins | |
| | | | | | |
| | Mon 8th May | Tues 9th May | Wed 10th May | Thurs 11th May | Fri 12th May |
| AM | | | BTEC ICT Unit 2B 2 hrs | | BTEC Business Unit 2B 3hrs |
| 9am | | | BTEC Sport Unit 19 2 hr 30 mins | | |
| | | | | | |
| PM | | BTEC ICT Unit 2A 3 hrs | | BTEC Business Unit 2A 2hrs | |
| 1.30pm | | | | | |
| | | | | | |
| | Mon 15th May | Tues 16th May | Wed 17th May | Thurs 18th May | Fri 19th May |
| AM | | | Geography Paper 1 2hrs 30 mins | BTECBusiness Unit 3 2hrs | Psychology Paper 1 2 hrs |
| 9am | | | Core Maths Paper 1 1 hr 30 mins | BTEC Sport Unit 22 3 hrs | BTEC H&SC Unit 2 1 hr 30 mins |
| | | | | | GCSE Maths Paper 1 1 hr 30 mins |
| | | | | | |
| PM | BTEC H&SC Unit 1 1 hr 30 mins | | | | |
| 1.30pm | BTEC Sport Unit 1 1 hr 30 mins | | | | |
| | | | | | |
| | | | | | |
| | Mon 22nd May | Tues 23rd May | Wed 24th May | Thurs 25th May | Fri 26th May |
| AM | Sociology Paper 1 2 hrs | Business Paper 1 2 hrs | History Paper 1 2hrs 15 mins | English Lang/Lit Paper 1 1 hr | BTECSscience Unit 5P 50 mins |
| 9am | BTEC H&SC Unit 4 3 hrs | Dance 2 hrs 30 mins | | | |
| | | BTEC Science Unit 1C 40 mins | | | |
| | | | | | |
| PM | Media Paper 1 2 hrs | BTEC Science Unit 1B 40 mins | English Lit Paper 1 2 hr 30 mins | Fur Maths A Paper 1 1 hr 30 mins | BTECSscience Unit 5B 50 mins |
| 1.30pm | | | Physics Paper 1 2 hrs | Psychology Paper 2 2 hrs | |
| | | | Core Maths Paper 2 1 hr 30 mins | BTEC Science Unit 5C 50 mins | |
| | | | BTEC Science Unit 1P 40 mins | | |
| | | | | | |
| | Mon 29th May | Tues 30th May | Wed 31st May | Thurs 1st June | Fri 2nd June |
| | HALF TERM | | | | |

KS5 Summer Exam Timetable

| | Mon 5th June | Tues 6th June | Wed 7th June | Thurs 8th June | Fri 9th June |
|---|--------------------------------------|-----------------------------------|------------------------------------|--|-----------------------------------|
| AM 9am | English Lang/Lit Paper 2 2 hrs | Geography Paper 2 2hrs 30 mins | Business Paper 2 2 hrs | English Lit Paper 2 2 hr 30 mins | Physics Paper 2 2 hrs |
| | BTEC L3 H&SC Unit 3 1 hr 30 mins | | Spanish Paper 1 2 hrs 30 mins | | Sociology Paper 2 2 hrs |
| | GCSE English Lang P1 1 hr 55 mins | | GCSE Maths Paper 2 1 hr 30 mins | | BTEC ICT Unit 1 2hrs |
| PM 1.30pm | Psychology Paper 3 2 hrs | Maths Paper 1 2 hrs | Biology Paper 1 2 hrs | Contingency session in the event of national or significant local disruption to exams in the UK. | History Paper 2 1 hr 30 mins |
| | Fur Maths A Paper 2 1 hr 30 mins | Media Paper 2 2 hrs | Drama Unit 3 2 hrs 30 mins | | |
| | | | Graphics 2hrs 30 mins | | |
| | Mon 12th June | Tues 13th June | Wed 14th June | Thurs 15th June | Fri 16th June |
| AM 9am | Chemistry Paper 1 2hrs 15 mins | History Paper 3 2hrs 15 mins | Business Paper 3 2 hrs | English Lang/Lit Paper 3 2 hrs | Biology Paper 2 2 hrs |
| | GCSE English Lang P2 1 hr 55 mins | | Spanish Paper 2 2 hrs | Physics Paper 3 2 hrs | |
| | | | GCSE Maths Paper 3 1 hr 30 mins | | |
| PM 1.30pm | Computer Science 1 2hrs 30 mins | Maths Paper 2 2 hrs | Further Maths FM1 1 hr 30 mins | Contingency session in the event of national or significant local disruption to exams in the UK. | Further Maths FS1 1 hr 30 mins |
| | | | Sociology Paper 3 2 hrs | | |
| | Mon 19th June | Tues 20th June | Wed 21st June | Thurs 22nd June | Fri 23rd June |
| AM 9am | Computer Science 2 2hrs 30 mins | | Biology Paper 3 2 hrs | | Chemistry Paper 3 1 hr 30 mins |
| PM 1.30pm | Chemistry Paper 2 2hrs 15 mins | Maths Paper 3 2 hrs | | | Further Maths D1 1 hr 30 mins |
| 28th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date. | | | | | |

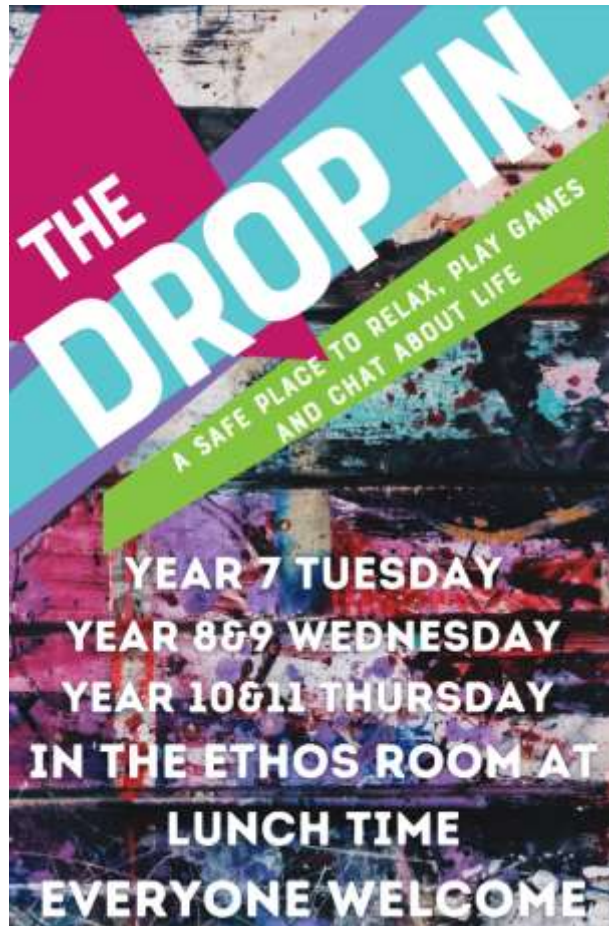
Year 10 Mock Exams June 2023

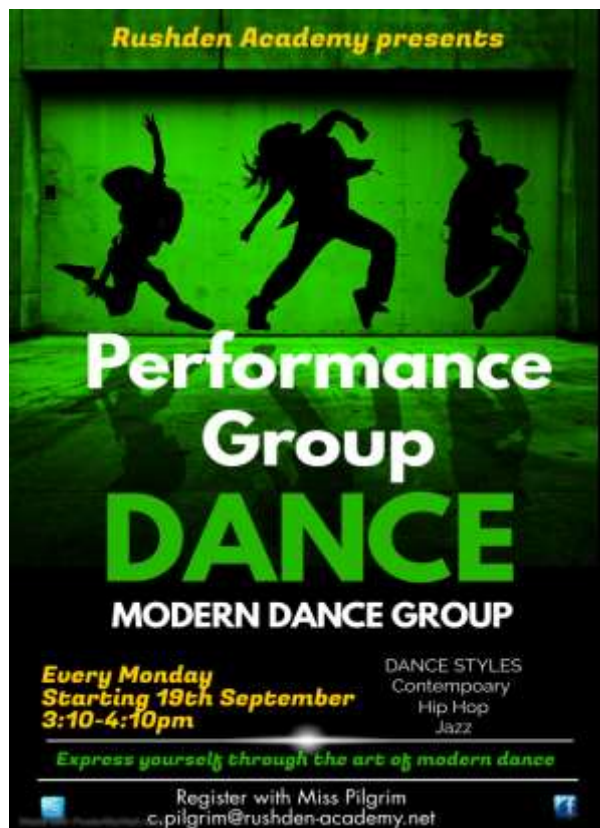
MOCK EXAMS

If you do not have an exam you will be in your normal lessons. For French and German speaking tests you will be given your own individual 30min slot between 26th and 30th June.

| P1 + P2 | | | P3 + P4 | | | Reg + P5 | | |
|-----------------------|--|-----------|--|-----------|---|----------|--|--|
| MON 19th JUNE | SOCIOLOGY (SH) 1hr 45mins | 77 | COMBINED SCIENCE Biology (SH) 1 hr 15mins TRIPLE SCIENCE Biology (SH) 1 hr 45mins | 134 22 | Normal lessons | | | |
| TUES 20th JUNE | ENGLISH LANG Paper 1 (SH) 1hr 55mins | 156 | MATHS Paper 1 (SH) 1hr 30mins (non-calculator) | 156 | Normal lessons | | | |
| WED 21st JUNE | BUSINESS (SH) 1hr 30 mins | 58 | COMBINED SCIENCE Chemistry (SH) 1 hr 15mins TRIPLE SCIENCE Chemistry (SH) 1 hr 45mins | 134 22 | Normal lessons | | | |
| THURS 22nd JUNE | COMBINED SCIENCE Physics (SH) 1 hr 15mins TRIPLE SCIENCE Physics (SH) 1 hr 45mins | 134 22 | HISTORY (SH) 1hr 10mins | 112 | GERMAN LISTENING (VOC) H 45mins F 35 mins | 18 | | |
| FRI 23rd JUNE | GEOGRAPHY (SH) 1hr 30mins | 43 | MATHS Paper 2 (SH) 1hr 30mins (calculator) | 156 | Normal lessons | | | |
| MON 26th JUNE | PHOTOGRAPHY 10D (CA6) 2hrs (PS) FRENCH LISTENING (VOC) H 45mins F 35 mins | 17 24 | PHOTOGRAPHY 10D (CA6) 2hrs (PS) | 17 | PHOTOGRAPHY 10D (CA6) 1hr (PS) | 17 | | |
| TUES 27th JUNE | ART (CA4) 2hrs (DC+SAN) | 27 | ART (CA4) 2hrs (DC+SAN) | 27 | ART (CA4) 1hr (DC+SAN) | 27 | | |
| WED 28th JUNE | Normal lessons | | Normal lessons | | Normal lessons | | | |
| THURS 29th JUNE | PHOTOGRAPHY 10B (CA6) 2hrs (LH) | 26 | PHOTOGRAPHY 10B (CA6) 2hrs (LH) | 26 | PHOTOGRAPHY 10B (CA6) 1hr (LH) | 26 | | |
| FRI 30th JUNE | GRAPHICS (CA6) 2hrs (LH) | 14 | GRAPHICS (CA6) 2hrs (LH) | 14 | GRAPHICS (CA6) 1hr (LH) | 14 | | |

Students taking maths, science, business and geography exams will need a calculator





How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

See us on your mobile phone, laptop or desktop. A free confidential helpline. All advice is confidential. For more information, visit www.nhs.uk or call 0800 111 777.

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyll St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

See us on your mobile phone, laptop or desktop. A free confidential helpline. All advice is confidential. For more information, visit www.nhs.uk or call 0800 111 777.

the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/US/AMHS/LIVE

t f

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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