



Rushden Academy Newsletter

Aspire, Explore, Succeed

21/04/2023

Message From the Principal



In this newsletter:

- Message From the Principal
- Literacy Challenge of the Week
- Numeracy Problem of the Week
- Cost of Living Support
- Exam Timetables
- Hair & Beauty at Rushden Academy
- Stars of the Week
- Fearless
- PE Updates
- Library Update
- Rushden's Got Talent Auditions Next Week

Team Rushden - United we stand, divided we fall

Dear Parent / Carer

It was a pleasure to welcome the students back after their Easter holidays with so many of them keen to tell me where they had been and what they had been up to during the break. Jet was particularly happy to see all the students return and has been on the receiving end of non-stop fuss all week!

I led the assemblies this week on the theme of high hopes. I shared a number of short stories with students all about giving people hope via different narratives. Students also reflected on their hopes of what they want to achieve at the end of their time at Rushden Academy and were also encouraged to think about what careers they might pursue in later life.

A number of Year 11s have been undertaking their final Art examinations this week with other students set to complete photography exams along with French and German speaking assessments next week. There are only a few weeks remaining before the rest of the terminal examinations commence in the sportshall and so every day and every lesson counts now in terms of revision. If you are unsure how to support your child with their revision please do not hesitate to give Mr Smith (Head of Year 11) a call and he will be more than happy to help you.

Loud Mouth were in on Thursday to give our Year 13 students a talk about harmful sexualised behaviours which was very informative and gave the students the opportunity to engage with the characters from the drama piece by asking questions about their thoughts, feelings and actions.

On Friday, a number of Year 7, 8 and 9 students took part in a 'Making a Difference' course led by Deji from Think for the Future. Students thoroughly enjoyed these sessions and got a lot out of them in terms of thinking about how they can each make an individual difference in the future.

Following a few incidents of students bringing water pistols into school that they have purchased in Asda, please can I ask for your support in reiterating to your children that they shouldn't be bringing these into school at any point. Thank you in advance for your support with this.

Have a lovely weekend,

Yours sincerely,

Mr B Baines
Principal

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PE Updates

Year 7 Netball League

This week we played the last fixture for the Year 7 Netball League. We were away at Huxlow and we were aware they had a strong team that were undefeated so far.

We played a longer game of 4 quarters. In the first quarter we made a strong start and scored two goals thanks to Lacie and Imogen. Our defence frustrated their shooters, not giving them much chance to score.

They came at us stronger in the second quarter and scored quickly to make it 2-1 at half time.

In the third and fourth quarters we remained focused and settled and scored 2 more to make it a 4-2 win overall.

The girls played really well and we were chuffed to win against such a strong side. Well done girls!

That's the end of the netball season now but we look to our summer rounders fixtures!



**WHO ARE WE?
WHAT DO WE DO?**

We are a professional and charitable organisation, working across North Northants, with two key areas of focus:

1. Impartial and life changing housing, debt and benefits advice
2. Supported accommodation for single homeless people in North Northants

We empower individuals to move out of debt, out of hunger, out of poverty and out of homelessness.

At Accommodation Concern we believe everyone deserves the right to live their best possible life.

Housing Advice
Eviction paperwork, Homelessness, Repairs, Landlord/tenants obligations, liaising with landlords/ council/ Housing Associations.

Money & Debt Advice
Budgeting support, Access Debt Solutions e.g. Debt Relief Orders, repayment plans etc., Breathing space

Welfare Benefits
Maximising income, Benefit claims/Appeals (incl PIP, ESA)

Other Support
KCU food parcels distributor, Grants: rent deposits, white goods etc.

Supported Accommodation Provision
For single, homeless adults - building life skills; preparing for independent living; increasing confidence through a planned programme of re-settlement.

 accommodation-concern  @accorncern  accommodation-concern  accommodationconcern

Office: 01536 418560 **Email:** help@acc-c.org.uk **Website:** www.accommodationconcern.co.uk

Accommodation Concern is a registered charity (number 1146257), and a company limited by guarantee (number 07145756)

Library Update

Our Year 7 & 8 students have been doing amazingly well with their reading. We have calculated that since September students in Years 7 & 8 have taken over 3,500 AR quizzes! The word count is pretty impressive too - with over 50 million words read so far this academic year!

The top 3 forms in each year group are as follows:

Year 7

7PD - 8,222,615

7LHU - 5,367,104

7RMC - 7,189,705

Year 8

8WF - 11,653,932

8GO - 11,605,971

8ABR - 8,167,872

There are also 15 students who are now AR Millionaires - 6 of these being in Year 7 & 9 in Year 8 - with 7 more students extremely close to hitting their first million.

Stationary

It is nearly exam season so if your child requires any stationary they are able to purchase it in the library. Items available including scientific calculators & clear pencil cases. Price list below. This is a cash only service.

Overdues

The library staff would also like to thank all parents who have reminded their child to return their library books on time - this has had a huge impact on the overdue totals. Form tutors have also been reminding students at the start of the day. Students are able to borrow 2 books for up to 2 weeks - if a few more days are needed just to finish the last couple of pages/ chapters they just need to pop in to see the library staff.

Happy reading!

Item	Price
Biro Pen (black,blue, red or green)	15p
Handwriting Pen (black or blue)	25p
Cartridge Pen	80p
Ink Cartridge	5p
Pencil	15p
Highlighter Pen	40p
Eraser (small)	10p
Eraser (large)	20p
Pencil Sharpener	10p
15cm ruler	15p
30cm ruler	30p
30cm Left-handed Ruler	30p
Protractor/ Set Square	15p
Small Clear Pencil Case	40p
Large Clear Pencil Case	60p
Scientific Calculator (KS3)	£3.50
Scientific Calculator (KS4)	£9.25

**RUSHDEN'S
GOT
TALENT**

AUDITIONS
WEDNESDAY 26th
APRIL
AFTER SCHOOL

ACTS WILL NEED TO PREPARE A SHORT AUDITION PIECE
IF YOU ARE SUCCESSFUL YOU MUST BE AVAILBLE FOR PERFORMANCE
ON THURSDAY 25th MAY
**COLLECT A SIGN UP SLIP FROM THE
PERFORMING ARTS OFFICE**

Fearless

Fearless is the dedicated youth service of the independent charity Crimestoppers. They give young people the power to report crime 100% anonymously. You can give information to them using their online form or by calling their freephone number, 0800 555 111. They cannot track your IP address or your phone number and have no way of knowing who has contacted them. Fearless are not the police - they are a charity. You will not be contacted by the police after passing information on to Fearless as the police have no way of knowing who the information has come from.

Possession of knives

The idea of carrying a knife for protection is not a good one. The weapon could end up being used against you or you could unintentionally use it against someone else. If you don't carry a knife these things can't happen and you, and those around you, are safer. Even carrying a knife in a public place can result in a maximum prison sentence of four years, depending on the circumstances, and there is a minimum sentence of six months if you are found carrying one on more than one occasion. Getting a criminal record can affect the rest of your life, from job prospects to travelling to certain countries.

Personal safety advice

Please see below for some advice which you may wish to consider and discuss with your child:

- Ensure your child has their location shared with you on their mobile device and that mobiles are fully charged
- Encourage your child to walk with friends and to let you know where they are going, when, and at what time they are leaving a location and expecting to arrive at their destination.
- Encourage your child to keep to busy, well-lit streets, walkways and paths which are more likely to be covered by CCTV
- Remind your child to be aware of their surroundings - encourage them not to text whilst walking as they will be less aware of what's going on around them
- Remind your child to keep any comments to themselves - what they might think of as just a bit of fun, can be insulting, upsetting or even scary to someone else
- Remind your child not to share information publicly and on social media about any activities that they are planning or attending.

Further information

Anyone who has any information or incidents can call the police on 101, 999 in an emergency.

Alternatively, if anyone is worried about passing information directly to the police, they can call the independent charity Crimestoppers anonymously on 0800 555 111, or online here (crimestoppers-uk.org). Crimestoppers have no way of finding out who has reported information to them but will pass it on to the relevant police force.

Hair & Beauty at Rushden Academy

Please be aware we are a training salon, so appointments may be cancelled due to absences of the students.

Your hair and beauty services will be carried out by a student and will be supervised by a member of staff.

Treatments that are offered will vary, dependant upon the assessment criteria that is needed at the time by the students.

The prices for colouring does not include a cut, but does include a finish.

For any treatments with colour, a skin test needs to be completed 24-48 hours prior to the services.

Call us to book your appointment or for further enquires 01933 417858



Beauty Price List		Hair Price List		Level 2	Level 3
<u>Facial treatments</u>		<u>Styling</u>			
Cleanse and make up	£8.00	Wash & blow-dry/set		£5.00	£6.00
Facial with cleanse and mask	£6.00	Ladies cut		£5.00	£10.00
Luxury facial	£7.00	Restyle		£8.00	£12.00
<u>Holistic treatments</u>		Wash, cut & finish		£10.00	£13.00
<u>Massages:</u>		Restyle and finish		£8.00	£15.00
Indian head massage (30mins)	£7.00	Gents		£5.00	£7.00
Indian head massage (45mins)	£8.00	Conditioning treatment (with finish)		£10.00	£12.00
Hot stone (back only)	£8.00	<u>Colouring</u>			
Hot stone (full body)	£12.00	Quasi permanent colour			
Full body massage	£11.00	Full head - short hair (long hair)		£12.00 (£16.00)	£16.00 (£20.00)
Back, neck & shoulder massage	£7.00	Semi permanent:			
<u>Body treatments</u>		Semi permanent - short hair (long hair)		£10.00 (£13.00)	£11.00 (£14.00)
G5 massage	£9.00	Colouring and permanent tinting			
Infrared	£5.00	Full head - short hair (long hair)		£13.00 (£19.00)	£20.00 (£25.00)
<u>Manicure & pedicure</u>		Roots only		£10.00	£13.00
Mini manicure (file/polish)	£3.50	Roots & refresh - short hair (long hair)		£13.00 (£20.00)	£20.00 (£25.00)
Manicure	£5.00	Highlights/Lowlights			
Luxury manicure	£7.00	With cap		£12.00	£15.00
Mini pedicure (file/polish)	£3.50	Woven - short hair (long hair)		£22.00 (£27.00)	£27.00 (£30.00)
Pedicure	£5.00	T-section - short hair (long hair)		£12.00 (£17.00)	£20.00 (£25.00)
Luxury pedicure	£7.00	Flashes (per pack)			£3.00
Re varnish	£3.00	Lightening products bleach			
Nail art extra	£3.50	Full head - short hair		£22.00 (£25.00)	£25.00 (£28.00)
		Spectrum (specialised tonal highlighting) extra		£8.00	
		<u>Extras</u>			
		Colour mousse -		£1.00	
		Eraser colour remover & colour correction - (Consultation needed)			
		Toner -		£5 extra on top of the colour service	

Literacy Challenge

Task 1: Fill in the missing vowels to give the word that matches the definition:

1) A person or describing a person who speaks only one language (noun/adj.):

M _ n _ g l _ t

2) Describing a succession of sounds or words uttered in a single tone of voice (adj.); lacking in variety or tediously unvarying (adj.):

M _ n _ t _ n _ _ s

3) A lengthy, uninterrupted speech by a single character, as in a play or novel (noun):

M _ n _ l _ g _ _

Task 2: Choose one/two of the mono- words from Task 1 that fit(s) each of the following sentences:

1) She launched into a _____ about herself which she delivered in a painfully _____ voice.

2) I remain _____, despite the fact that I am well travelled.

3) I sometimes feel dissatisfied in my work as a data entry clerk since it is often uninteresting and _____.

Good to know: A prefix is letters attached to the beginning of a word stem that change the meaning of the word e.g. the prefix un + happy = not happy.

Your focus for this week's challenge is the prefix "mono", which means "alone", "single", or "one".

Numeracy Problem of the Week



Sophie has to choose seven different positive (non zero) whole numbers whose mean is 7.

What is the largest possible number that she could choose as one of the seven numbers?

Last Week's Solution: 45

Join the Google Classroom code **f2esulr** to submit your answer

Cost of Living Support

Warm Spaces

Organisation	Opening Times
Salvation Army	Mondays 10am-2pm
St Mary's Church, Rushden	Tuesdays 10am-2pm
Wesleyan Church, Rushden High Street	Wednesdays 10.30am-1.30pm
St Mary's Church, Rushden	Thursdays 12 noon-4pm
Rushden Town Council (Rushden Hall)	Fridays 1.30pm-3.30pm
Rushden Library	Monday-Friday 9am-6pm Saturdays 9am-5pm
Hope Methodist Church, Higham Ferrers	Tuesdays 1pm-3pm
St Mary's Church, Higham Ferrers	Thursdays 10am-2pm

Food Bank

Encompass	
19-21 Church Street	01933 733001
Rushden	Info@encompasscharity.org.uk
NN10 9YU	

School are able to make referrals so that you receive additional support

ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT

<https://www.northnorthants.gov.uk/cost-living>

Stars of the Week

Congratulations to the following students for achieving star of the week.



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Year 12 Assessment Week

Students will sit their exams in homebase schools unless indicated otherwise

TUES 2nd May	WED 3rd May	THURS 4th May	FRI 5th May	
Art (Huxlow) Art (Rushden) Chemistry Paper 1 Psychology Paper 1 German	4hrs 4hrs 1hr 30mins 2hrs 1hr 45mins	4hrs 2hrs 30mins 1hr 30mins 2hrs	1hr 30mins 2hrs 2hrs	1hr 30mins 2hrs 30mins 2hrs 2 hrs 30mins 2 hrs 30mins 2hrs
Art (Ferrers) Art (Rushden) Chemistry Paper 1 (CH) English Lit (EG paper) French Maths Paper 1	1hr 1hr 1hr 30mins 2hrs 2hrs 2hrs	1hr 1hr 30mins 1hr 15mins 1hr 30mins 2hrs 2hrs	1hr 30mins 1 hr 1hr 30mins	

KS4 Summer Exam Timetable

	Mon 15th May	Tues 16th May	Wed 17th May	Thurs 18th May	Fri 19th May
AM 9am		Biology Paper 1(CS) 1 hr 15 mins	English Lit Paper 1 1 hr 45 mins	History Paper 1 1 hr 15 mins	Maths Paper 1 1 hr 30 mins
		Biology Paper 1(Trp) 1 hr 45 mins			
PM 1.30pm		German Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins		Business Paper 1 1 hr 45 mins	BTEC H & SC Unit 3 2 hrs
		Sociology Paper 1 1 hr 45 mins		BTEC Childcare Unit 3 2 hrs	

	Mon 22nd May	Tues 23rd May	Wed 24th May	Thurs 25th May	Fri 26th May
AM 9am	Chemistry Paper 1 (CS) 1 hr 15 mins	French Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	English Lit Paper 2 2 hrs 15 mins	Physics Paper 1 (CS) 1 hr 15 mins	German Paper 4 F 1 hr 10 mins / H 1hr 20 mins
	Chemistry Paper 1 (Trp) 1 hr 45 mins			Physics Paper 1 (Trp) 1hr 45 mins	
PM 1.30pm	Geography Paper 1 1 hr 30 mins	BTEC ICT Unit 3 1 hr 30 mins		Sociology Paper 2 1 hr 45 mins	
				BTEC Sport Unit 2 1 hr 30 mins	

Mon 29th May	Tues 30th May	Wed 31st May	Thurs 1st June	Fri 2nd June
HALF TERM				

	Mon 5th June	Tues 6th June	Wed 7th June	Thurs 8th June	Fri 9th June
AM 9am	English Lang Paper 1 1 hr 55 mins		Maths Paper 2 1 hr 30 mins		Geography Paper 2 1 hr 30 mins
PM 1.30pm	French Paper 4 F 1 hr 10 mins / H 1hr 20 mins		History Paper 2 B1-B4 1 hr 45 mins	Contingency session in the event of national or significant local disruption to exams in the UK.	Biology Paper 2 (CS) 1 hr 15 mins Biology Paper 2 (Trp) 1 hr 45 mins

	Mon 12th June	Tues 13th June	Wed 14th June	Thurs 15th June	Fri 16th June
AM 9am	English Lang Paper 2 1 hr 55 mins	Chemistry Paper 2 (CS) 1 hr 15 mins	Maths Paper 3 1 hr 30 mins	History Paper 3 1 hr 20 mins	Physics Paper 2 (CS) 1 hr 15 mins
		Chemistry Paper 2 (Trp) 1 hr 45 mins			Physics Paper 2 (Trp) 1 hr 45 mins
PM 1.30pm	Business Paper 2 1 hr 45 mins			Contingency session in the event of national or significant local disruption to exams in the UK.	Geography Paper 3 1 hr 15mins

28th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.

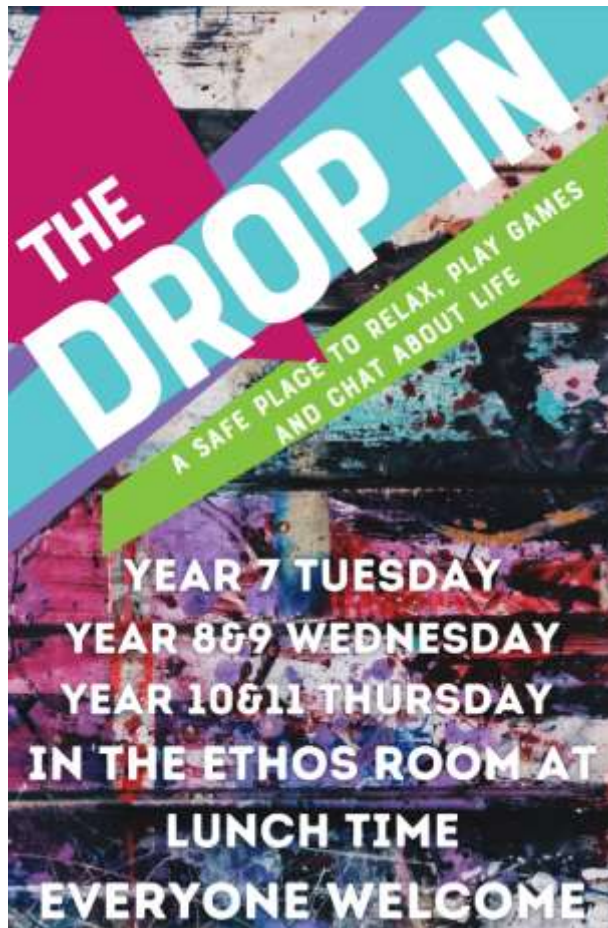
KS5 Summer Exam Timetable

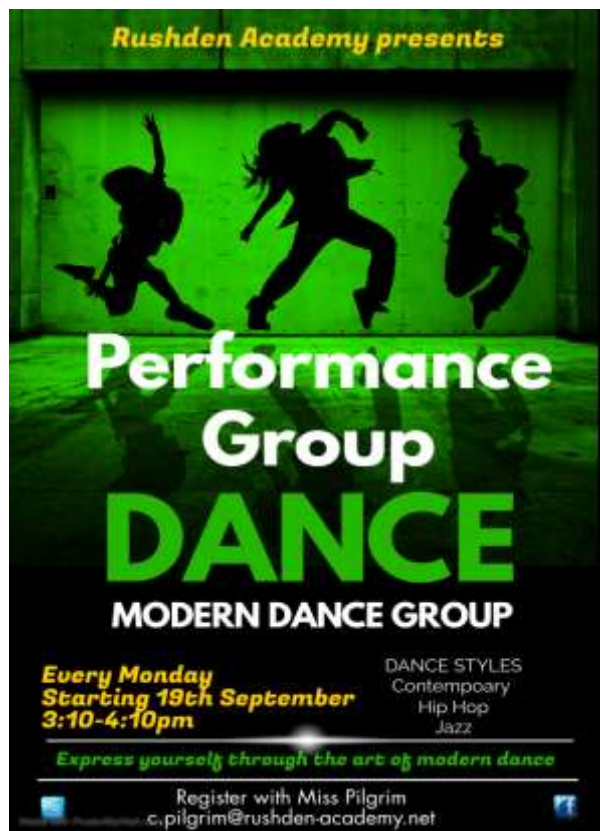
KS5 Timetable Summer 2023

	Mon 1st May	Tues 2nd May	Wed 3rd May	Thurs 4th May	Fri 5th May
AM		BTEC PA Unit 1 3 hrs		BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins	
9am				BTEC Sport Unit 2 2 hr 30 mins	
	Mon 8th May	Tues 9th May	Wed 10th May	Thurs 11th May	Fri 12th May
AM			BTEC ICT Unit 2B 2 hrs		BTEC Business Unit 2B 3hrs
9am			BTEC Sport Unit 19 2 hr 30 mins		
PM		BTEC ICT Unit 2A 3 hrs		BTEC Business Unit 2A 2hrs	
1.30pm					
	Mon 15th May	Tues 16th May	Wed 17th May	Thurs 18th May	Fri 19th May
AM			Geography Paper 1 2hrs 30 mins	BTECBusiness Unit 3 2hrs	Psychology Paper 1 2 hrs
9am			Core Maths Paper 1 1 hr 30 mins	BTEC Sport Unit 22 3 hrs	BTEC H&SC Unit 2 1 hr 30 mins
					GCSE Maths Paper 1 1 hr 30 mins
PM	BTEC H&SC Unit 1 1 hr 30 mins				
1.30pm	BTEC Sport Unit 1 1 hr 30 mins				
	Mon 22nd May	Tues 23rd May	Wed 24th May	Thurs 25th May	Fri 26th May
AM	Sociology Paper 1 2 hrs	Business Paper 1 2 hrs	History Paper 1 2hrs 15 mins	English Lang/Lit Paper 1 1 hr	BTECSscience Unit 5P 50 mins
9am	BTEC H&SC Unit 4 3 hrs	Dance 2 hrs 30 mins			
		BTEC Science Unit 1C 40 mins			
PM	Media Paper 1 2 hrs	BTEC Science Unit 1B 40 mins	English Lit Paper 1 2 hr 30 mins	Fur Maths A Paper 1 1 hr 30 mins	BTECSscience Unit 5B 50 mins
1.30pm			Physics Paper 1 2 hrs	Psychology Paper 2 2 hrs	
			Core Maths Paper 2 1 hr 30 mins	BTEC Science Unit 5C 50 mins	
			BTEC Science Unit 1P 40 mins		
	Mon 29th May	Tues 30th May	Wed 31st May	Thurs 1st June	Fri 2nd June
HALF TERM					

KS5 Summer Exam Timetable

	Mon 5th June	Tues 6th June	Wed 7th June	Thurs 8th June	Fri 9th June
AM 9am	English Lang/Lit Paper 2 2 hrs	Geography Paper 2 2hrs 30 mins	Business Paper 2 2 hrs	English Lit Paper 2 2 hr 30 mins	Physics Paper 2 2 hrs
	BTEC L3 H&SC Unit 3 1 hr 30 mins		Spanish Paper 1 2 hrs 30 mins		Sociology Paper 2 2 hrs
	GCSE English Lang P1 1 hr 55 mins		GCSE Maths Paper 2 1 hr 30 mins		BTEC ICT Unit 1 2hrs
PM 1.30pm	Psychology Paper 3 2 hrs	Maths Paper 1 2 hrs	Biology Paper 1 2 hrs	Contingency session in the event of national or significant local disruption to exams in the UK.	History Paper 2 1 hr 30 mins
	Fur Maths A Paper 2 1 hr 30 mins	Media Paper 2 2 hrs	Drama Unit 3 2 hrs 30 mins		
			Graphics 2hrs 30 mins		
	Mon 12th June	Tues 13th June	Wed 14th June	Thurs 15th June	Fri 16th June
AM 9am	Chemistry Paper 1 2hrs 15 mins	History Paper 3 2hrs 15 mins	Business Paper 3 2 hrs	English Lang/Lit Paper 3 2 hrs	Biology Paper 2 2 hrs
	GCSE English Lang P2 1 hr 55 mins		Spanish Paper 2 2 hrs	Physics Paper 3 2 hrs	
			GCSE Maths Paper 3 1 hr 30 mins		
PM 1.30pm	Computer Science 1 2hrs 30 mins	Maths Paper 2 2 hrs	Further Maths FM1 1 hr 30 mins	Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FS1 1 hr 30 mins
			Sociology Paper 3 2 hrs		
	Mon 19th June	Tues 20th June	Wed 21st June	Thurs 22nd June	Fri 23rd June
AM 9am	Computer Science 2 2hrs 30 mins		Biology Paper 3 2 hrs		Chemistry Paper 3 1 hr 30 mins
PM 1.30pm	Chemistry Paper 2 2hrs 15 mins	Maths Paper 3 2 hrs			Further Maths D1 1 hr 30 mins
28th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.					





How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ♦ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ♦ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ♦ This will send you an email link with your password
- ♦ Login with your new password

Parental access to Go4Schools

- ♦ Go to the Go4Schools parent access page
- ♦ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ♦ This will send you an email link with your password
- ♦ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking
Assistant Principal

Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@Rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argyle St, Corby NN17 9JU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
47 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 3LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

the lowdown **St Andrew's** **YOUTH WORKS** **CHAT**

#weareNHS

CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/UKCAMHS/LIVE

t f

Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU