



# Rushden Academy Newsletter

Aspire, Explore, Succeed

24/02/2023

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

As always, it was a pleasure to welcome the students back after the half term break and hear all about what they did during their week off.

I delivered assemblies this week on the topic of mental health and wellbeing. The aim of the assembly was to raise awareness of mental health issues and discuss how there have been significant steps forward as a nation to challenge the negative stigma surrounding mental health issues. I explained that every person can take positive action to improve their mental health by exercising regularly, limiting time on mobile phones - particularly social media - and by eating healthy meals. We also reminded students of the many different ways they can access support in school if they are ever worried about their own mental health or have concerns about a friend.

As part of the assembly, it was fantastic to welcome Mr Noblett and Mrs Brainwood in to recognise the very first recipients of the Rushden STARR badges. These students have worked very hard to demonstrate how they meet the criteria for their bronze Aspire and Serve badges and it was great to see them receive their badges with pride.

With Year 9 options evening taking place next Thursday between 5 and 7pm, our Year 9 students have been undertaking various taster sessions to help inform their decisions about what options they want to take for their GCSEs. Hopefully the students have found these taster sessions useful and will be able to explore what the course involves further during the options evening next Thursday.

Before half term, we wrote to a number of parents regarding some persistent uniform issues and I just wanted to say a big thank you for rectifying these issues over the half term break as the significant majority of students have returned in immaculate uniform. For the remaining few issues we have been in day to day contact and have loaned items of uniform until a permanent replacement can be sought.

*Continues on the next page...*

## Message From the Principal Continued....

Next Wednesday is the next day of proposed strike action. I will be writing to you all separately in relation to the plans for the day but if you work frontline for the emergency services or for the NHS, and if you are scheduled to be on shift/duty next Wednesday and would be affected by a partial closure, please can you contact the school so we can discuss whether we can accommodate your child. This would be considered on a case by case basis and evidence of employment as well as duty schedule would be needed to manage this. As always, my intention will be to open the school to as many students as possible with safety and adequate supervision driving any such decisions.

Yours sincerely,

Mr B Baines  
Principal

**The PE Team need your help!**

Do you have old pairs of trainers or boots that no longer fit?

Please bring them into school and deposit them in the tubs near the PE office for others to use!

**Why?**

- Better for the environment
- Helps others
- Cost of living crisis

**Rushden Academy**  
Aspire • Explore • Succeed

## Science Update



We have received a donation of science related books that can be borrowed from our little science library outside S7 near the sofas. Anyone who wants to read around the subject of science can surely find something of interest here. Just pop in to see Miss Jepson.

Stars of the week from science have been receiving sweets as a little reward from the science team - if you have been star of the week please come and collect from S6.

We are starting our PR2 testing sessions this week with year 11 sitting

their mock paper 2s and year 9 sitting their PR2 papers, year 7 and 8 have theirs on the 8th and 9th respectively and year 10 have theirs on the 13th. The topics that are being covered have been posted to their classrooms and Seneca can be used for learning/revising content that will be on the tests.

**Year 13 BTEC** students have started preliminary experiments for their individual projects as part of unit 6 where they investigate anything they want to related to science. There are practicals based around blood splatter as students want to go into forensic science, practicals on testing short term memory of horses due to an interest in horses, practicals into energy stored in different fuels because of an interest in drag racing cars etc.

**Year 7** students are starting their newest unit about energy cost and energy stored in fuels which is a very important topic to understand during the rising fuel cost in the cost of living crisis we are currently facing. Students have seen the energy content found in different food sources as well so they can start to make the correct decisions when choosing which foods to eat.

**Year 8** students have just finished or are just finishing their units on evolution and inheritance where they have learnt about natural selection, Charles Darwin, variation of populations and how characteristics are inherited from our parents or the environment (or both!). This is why you might be getting questions such as "What colour eyes did great grandad have?" as the students think about where their characteristics have come from.



## Science Update

**Year 9** students over the next few weeks will be finishing a unit on either the periodic table or cell biology depending on which class they are in - this helps teachers share out equipment so there are no clashes when ordering practicals. Students may have seen practicals such as group 1 metals reacting with water or looking at onion or human cheek cells under a microscope.



**Year 10** students have been learning about energy changes in chemical reactions and should be starting atomic structure from a physics perspective which will help them recap some chemistry knowledge from last year. This will bring them onto radiation and seeing alpha, beta and gamma radiation sources.



**Year 11** students are very close to finishing being taught content. They have 3 units left to be taught (chemistry of the atmosphere, using resources - chemistry and electromagnetism from physics). Then we have a timetable of revision lessons where we will cover revision of content from years 9 and 10.

Students should still be revising outside of lesson for example completing work on seneca, the weekly emails will be sent out. It is disappointing to see some students are still not accessing this revision resource, these are the students who are picked up on Fridays for detentions.

## Library News

The new display in the Library is going down a storm with the students. The idea is to read the keywords and the first couple of sentences and then choose a book based on that. It's helping students to discover some books that they maybe would not have thought of picking off the bookshelves. We've had to replace quite a few already, which is fantastic.



## World Book Day 2023

**CELEBRATE READING WITH A WORLD BOOK DAY ACTIVITY**

**• From Mon 27th Feb, all week - Literary Cluedo**

There will be characters, objects and rooms on A4 posters around the school. Your task is to try and find them all, which should identify the 3 posters in an A4 envelope kept in the Library. Entry form available from the Library, closing date Fri 3rd March. Prize for the overall winner.

**• Thursday 2nd March- Book character badges**

Various members of staff will be wearing badges with book characters on them. Your task will be to find as many characters as possible. Entry form available from the Library, closing date Thurs 2nd March. Prize for the overall winner.

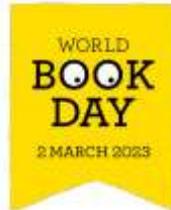
**• Thursday 2nd March- Book Bingo, in the Library at lunch time**

You will each get a bingo card but instead of numbers, book titles will be called out. Individual prizes for one line, two lines and a full house. First come, first served on the day- limited spaces. Once we are full, we will stop entry. You will be able to eat lunch in the Library, just for this event.

**WORLD BOOK DAY**  
2 MARCH 2023

# World Book Day Token

The World Book Day team have changed the way they are distributing their tokens this year. Please find an electronic copy of the token below. Some stores may ask you to print the token, please check with your local store before visiting to see if they will accept the electronic barcode on a mobile device or require a printed copy.



## £1 Book Token

Secondary Schools (UK)

World Book Day® changes lives through a love of books and reading. Our mission is to promote reading for pleasure, offering every child and young person the chance to choose and have a book of their own. We hope you will join us in celebrating the joy of reading. Visit [worldbookday.com](http://worldbookday.com) for reading tips, videos, activities and brilliant recommendations from your favourite authors. Your **£1 book token** is available below.

	<b>VALID FROM 16 FEBRUARY – 26 MARCH 2023</b>	<b>SPONSORED BY</b> 	<b>YOUNG PEOPLE &amp; BIG FAMILIES:</b> Participating retailers undertake to reduce the price as described, subject to the terms and conditions: <a href="http://worldbookday.com/terms-conditions">worldbookday.com/terms-conditions</a>  Find your nearest participating bookseller at <a href="http://worldbookday.com/participating-retailers">worldbookday.com/participating-retailers</a>  <b>RETAILER:</b> Retailer's full terms and conditions: <a href="http://worldbookday.com/resources/booksellers">worldbookday.com/resources/booksellers</a>  <b>PROMOTED:</b> World Book Day is co-organized by World Book Day Ltd, registered charity 1374157 (England and Wales), registered company 6576095 (UK).
	<h1>THIS IS YOUR</h1>		
<h1>£1 BOOK TOKEN</h1>			
			Take me to a bookshop. Choose your £1 book for <b>FREE</b> . OR use me to get <b>£1 off</b> any book or audiobook worth <b>£2.99 or more</b> or more in participating booksellers only, subject to stock availability.
Changing lives through a love of books and reading			<p>9 930420 081007</p>
			<b>#WORLDBOOKDAY</b>

For the full list of £1 books, visit [worldbookday.com/books](http://worldbookday.com/books), for full terms visit [worldbookday.com/terms-conditions](http://worldbookday.com/terms-conditions)

The World Book Day £1 books are a gift from booksellers, who fully fund the cost of the £1 book token redemptions. Check with your local bookseller what plans they have in place for World Book Day. Please note:

- Only **ONE TOKEN** can be used per transaction.
- Token is for young person's individual use.
- Offer valid **16 February 2023 – 26 March 2023** inclusive.
- The book token barcode can either be scanned from your phone/tablet screen or printed out and shown in-store. Please check with your local bookseller before visiting if they can accept the barcode on mobile devices.
- The digital £1 book token cannot be redeemed online.

Visit our [FAQ page](http://worldbookday.com/about-us/frequently-asked-questions) to answer all your questions  
[worldbookday.com/about-us/frequently-asked-questions](http://worldbookday.com/about-us/frequently-asked-questions)  
 To contact the World Book Day team, email [wbd@education.co.uk](mailto:wbd@education.co.uk)

HOW TO TRAIN YOUR  
**DRAGON**  
 20 YEARS

**WIN A FIERY FAMILY ADVENTURE!**

Celebrate 20-years of Cressida Cowell's magical series with a chance to win a trip to Heide Park in Germany, the theme park that is home to an entire How to Train Your Dragon land. PLUS lots of extra goodies to be won.

To enter and for full terms and conditions visit [worldbookday.com/HowToTrainYourDragon](http://worldbookday.com/HowToTrainYourDragon)

**Changing lives through a love of books and reading**  
 World Book Day® is a charity sponsored by National Book Tokens  
Registered charity number 1374157 (England and Wales) | Registered company number 6576095 (UK)



## Performing Arts Update

### **Drama:**

Year 8 has been exploring physical theatre this week. This is a continuation of the work they have done in year 7. They have been looking at how to incorporate comedy into mime and how movement can be a good tool at provoking humour. Non-verbal communication will be really important this term and the year 8s are being encouraged to consider their movements really carefully and how they can be impactful.

### **Dance:**

Year 7 will continue their exploration of characterisation in their dance lessons this term. Last term was a Graffiti artist, However this term the stimulus is 'secret agents'. All students will participate in creative tasks, improvisation, choreography to create duets and perform to their peers.

### **Music:**

Year 9 students this week have been exploring Samba music, we have been learning where Samba music comes from and the key instruments that are performed on. Students have had a go at playing a variety of these instruments and learnt different rhythms on each. We have had whole class performances of the main groove and have worked with individual students to develop intro rhythms as leaders of the class. Students have enjoyed that chance to make lots of noise in these lessons!

### **Performing Arts Career of The Week: Screenwriter**

Screenwriters write and develop screenplays for film or TV drama. They do this either based on an original idea, by adapting an existing story into a screenplay or by joining an existing project (TV).

Estimated Annual Salary: £33,822



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Brooks! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[r.brooks@Rushden-academy.net](mailto:r.brooks@Rushden-academy.net)



## Performing Arts Update

### Bugsy Malone:

The Bugsy cast were working extremely hard over the half term. They were in for a full day completing scenes, running lines, practising dances and much more. The show is really starting to come together and the cast are growing more and more excited each week. The show is full of comedy, brilliant musical numbers, questionable bad guys and so many bright, talented young students who have a passion for the arts. We are finally in the term where the show takes place and although this can be quite a nerve wracking experience we, as a department, are so proud of and are so excited to show off the students' hard work.

A reminder that Bugys Malone will debut **Tuesday 28th March** and run for two evening performances. Information on how and where to get tickets will soon be released.





Northamptonshire Healthcare  
NHFT Foundation Trust

# Participation Social meet-up

For ages 11-25

Join the Youth Advisory Board  
social for fun group activities,  
delicious pizza and a chance to  
meet other young people!

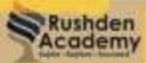
Wednesday, 01 March 5.30pm - 7.30pm at  
Campbell House, Campbell Square, Northampton,  
NN1 3EB

Email us your name, age and any dietary  
requirements at  
[Participation@nhft.nhs.uk](mailto:Participation@nhft.nhs.uk)



## Summer Rewards Trips

440 students are still eligible for this year's summer reward trips! A great effort being shown by our young people. 5 weeks to go until Easter! Will you be there?



# SUMMER REWARD TRIPS

TOVE



# smart

S C H O O L S

## DO SMARTPHONES AND SOCIAL MEDIA INFLUENCE YOUR CHILD'S WELLBEING?



Rushden Academy is taking part in the SMART Schools Study, and we would like **parents and carers to take part in a discussion group**. You will be asked to talk about the school smartphone policy, and smartphone and social media use at home. Anything discussed will be confidential.



60 minute **discussion group** with University of Birmingham researchers to talk about smartphones and social media



Discussions will involve **4-6 parents and carers** of pupils at Rushden Academy



Parents and carers will receive a **£25 payment** for taking part



Discussion groups will take place **online** via zoom or **in-person** at the school



UNIVERSITY OF BIRMINGHAM



NHS Birmingham Women's and Children's



Services For Education



Forward Thinking Birmingham



UK active

If you are interested in taking part, please sign up via: <https://redcap.link/smartpfgc>

Or email: [smartstudy@contacts.bham.ac.uk](mailto:smartstudy@contacts.bham.ac.uk)

Website: [birmingham.ac.uk/smart-schools](http://birmingham.ac.uk/smart-schools)

Twitter: @Smart\_SchStudy

YouTube.com/watch?v=zwmAXw--Fg8

## Check Your Contact Details Are Correct

Please make sure you let Rushden Academy know if any of your contact details change. You can do this via the SIMS Parent App, or by calling main reception on 01933 350391

# CRISIS CAFÉS

If you find yourself in crisis or need support with your mental health in the evening and/or at the weekend we are here to listen and help you in your time of need.

Mind Cafés have professional mental health workers who can offer you a safe space. Our aim is to support people to reduce any immediate crisis and to safety plan; drawing on strengths, resilience, and coping mechanisms to manage their mental health and wellbeing.

There is no need to call, just drop in to find a safe place with hope and comfort and find your pathway to recovery.

CRISIS CAFÉS TIMETABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>The Sanctuary @ Carty Mind</b> 26 Argyle St, Carty, NN17 9RZ Tel: 01536 267280				12-10 PM	12-10 PM		2-8 PM
<b>The Mixing Bowl @ Kettering Mind</b> 49-51 Russell St, Kettering, NN16 6EN Tel: 01536 522236		12-11 PM	12-11 PM	12-11 PM			
<b>Quenby Mind, The Old Gasworks Car Park,</b> Break Street, Quenby, NN2 4GG Tel: 01537 859458			5-9 PM				
<b>Anchor House @ Northampton Mind</b> 67 Regent Square, Northampton NN1 2WJ Tel: 01604 634281 / 624951	12-10 PM	12-10 PM				2-10 PM	
<b>The Recovery Café @ Rushden Mind</b> Phoenix House, Skinner's Hill, Rushden, NN10 3YE Tel: 01933 309800	12-10 PM	12-10 PM	12-10 PM				2-8 PM
<b>Wellingborough Mind</b> 14 Handwick Street, Wellingborough, NN9 4JA Tel: 01933 225591				12-10 PM	12-10 PM	2-8 PM	



MAKING A DIFFERENCE FOR YOU WITH YOU



We are a professional and charitable organisation, working across North Northants, with two key areas of focus:

1. Impartial and life changing housing, debt and benefits advice
2. Supported accommodation for single homeless people in North Northants

We empower individuals to move out of debt, out of hunger, out of poverty and out of homelessness.

At Accommodation Concern we believe everyone deserves the right to live their best possible life.

### Housing Advice

Eviction paperwork, Homelessness, Repairs, Landlord/Tenants obligations, housing with landlords/council/Housing Associations.

### Money & Debt Advice

Budgeting support, Access Debt Solutions e.g. Debt Relief Orders, repayment plans etc., Breathing space

### Welfare Benefits

Maximising income, Benefit claims/Appeals (incl PIP/ESA)

### Other Support

WCU food parcels distributor, Grants: rent deposits, white goods etc.

### Supported Accommodation Provision

For single, homeless adults - building life skills; preparing for independent living; increasing confidence through a planned programme of re-settlement.

- Facebook: [accconcern](#)
- Twitter: [accconcern](#)
- LinkedIn: [accommodation-concern](#)
- Instagram: [accommodationconcern](#)

Office  
01536 416560

Email  
[help@acc.org.uk](mailto:help@acc.org.uk)

Website  
[www.accommodationconcern.co.uk](http://www.accommodationconcern.co.uk)

UNDERSTANDING YOUR CHILD

SOLIHULL APPROACH

inourplace

**FREE** Online course for parents

## Understanding the impact of the pandemic on your teenager

This short course covers:

- You and the pandemic
- Your teenager and the pandemic

Try on mobile

Exclusively at  
**inourplace.co.uk**

LibraryPlus



name to be confirmed...

**Do you love books?**  
Fantasy, action, romance, mystery, non-fiction, comedy or even comics?

**Want to meet other young people with a passion for stories?**

Then why not come along to our new group at Rushden Library?

*Discuss your current book.  
Share your favourite author.  
Discover a new genre.*

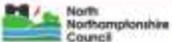
**Not a big reader?**  
Dyslexia friendly, online audiobooks and quick-reads available.

**Friday afternoons  
4pm – 5pm  
School years 7 – 13**

Feel free to pop in early to grab a book and a snack.



LAUNCHING FEBRUARY 24<sup>th</sup>



LibraryPlus

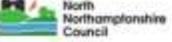


**Do you like drawing?  
Have an interest in Manga?  
Love watching Anime?**

Join us at Rushden Library for our  
**NEW MANGA CLUB!**

Relaunching on  
**25<sup>th</sup> FEBRUARY 2023 2PM – 4PM**

For young people in  
**School years 7 to 13**

## Hair & Beauty at Rushden Academy

Is your child looking for a career in the Hair and Beauty industry?

We offer level 2 and 3 qualifications here at Rushden Hair and Beauty academy, Hayway, NN106AG.

Feel free to email [k.olrod@rushden-academy.net](mailto:k.olrod@rushden-academy.net) or call 01933417858 for more information.



## Hair & Beauty at Rushden Academy

Please be aware we are a training salon, so appointments may be cancelled due to absences of the students.

Your hair and beauty services will be carried out by a student and will be supervised by a member of staff.

Treatments that are offered will vary, dependant upon the assessment criteria that is needed at the time by the students.

The prices for colouring does not include a cut, but does include a finish.

For any treatments with colour, a skin test needs to be completed 24-48 hours prior to the services.

Call us to book your appointment or for further enquires 01933 417858



Beauty Price List	Hair Price List	Level 2	Level 3
<b><u>Facial treatments</u></b>	<b><u>Styling</u></b>		
Cleanse and make up £8.00	Wash & blow-dry/set £5.00	£5.00	£6.00
Facial with cleanse and mask £6.00	Ladies cut £5.00	£5.00	£10.00
Luxury facial £7.00	Restyle £8.00	£8.00	£12.00
<b><u>Holistic treatments</u></b>	Wash, cut & finish £10.00	£10.00	£13.00
<b>Massages:</b>	Restyle and finish £8.00	£8.00	£15.00
Indian head massage (30mins) £7.00	Gents £5.00	£5.00	£7.00
Indian head massage (45mins) £8.00	Conditioning treatment (with finish) £10.00	£10.00	£12.00
Hot stone (back only) £8.00	<b><u>Colouring</u></b>		
Hot stone (full body) £12.00	<b>Quasi permanent colour</b>		
Full body massage £11.00	Full head - short hair (long hair) £12.00 (£16.00)	£12.00 (£16.00)	£16.00 (£20.00)
Back, neck & shoulder massage £7.00	<b>Semi permanent:</b>		
<b>Body treatments</b>	Semi permanent - short hair (long hair) £10.00 (£13.00)	£10.00 (£13.00)	£11.00 (£14.00)
G5 massage £9.00	<b>Colouring and permanent tinting</b>		
Infrared £5.00	Full head - short hair (long hair) £13.00 (£19.00)	£13.00 (£19.00)	£20.00 (£25.00)
<b><u>Manicure &amp; pedicure</u></b>	Roots only £10.00	£10.00	£13.00
Mini manicure (file/polish) £3.50	Roots & refresh - short hair (long hair) £13.00 (£20.00)	£13.00 (£20.00)	£20.00 (£25.00)
Manicure £5.00	<b>Highlights/Lowlights</b>		
Luxury manicure £7.00	With cap £12.00	£12.00	£15.00
Mini pedicure (file/polish) £3.50	Woven - short hair (long hair) £22.00 (£27.00)	£22.00 (£27.00)	£27.00 (£30.00)
Pedicure £5.00	T-section - short hair (long hair) £12.00 (£17.00)	£12.00 (£17.00)	£20.00 (£25.00)
Luxury pedicure £7.00	Flashes (per pack) £3.00		
Re varnish £3.00	<b>Lightening products bleach</b>		
Nail art extra £3.50	Full head - short hair £22.00 (£25.00)	£22.00 (£25.00)	£25.00 (£28.00)
	Spectrum (specialised tonal highlighting) extra £8.00		
	<b><u>Extras</u></b>		
	Colour mousse - £1.00		
	Eraser colour remover & colour correction - (Consultation needed)		
	Toner - £5 extra on top of the colour service		

## Literacy Challenge

### The "Which Word" Game

Game: Think/Pair/Share your responses to each of these questions:

- Would you rather be **commandeered** by your best friend or head teacher? Why?
- Would you rather **delegate** the washing up or **delegate** eating cake? Why?
- Would you rather **meander** through through town or **meander** through a park? Why?

#### Need help getting started?

Try this: Can you work out what each **verb** might mean?

Stretch: Can you analyse what each **verb** infers?



## Numeracy Problem of the Week



You are told that 30 pupils have 25 different birthdays between them. What is the largest number of these pupils who could share the same birthday?

Last Week's Solution: 30

Join the Google Classroom code **f2esulr** to submit your answer

## Cost of Living Support

### Warm Spaces

Organisation	Opening Times
Salvation Army	Mondays 10am-2pm
St Mary's Church, Rushden	Tuesdays 10am-2pm
Wesleyan Church, Rushden High Street	Wednesdays 10.30am-1.30pm
St Mary's Church, Rushden	Thursdays 12 noon-4pm
Rushden Town Council (Rushden Hall)	Fridays 1.30pm-3.30pm
Rushden Library	Monday-Friday 9am-6pm Saturdays 9am-5pm
Hope Methodist Church, Higham Ferrers	Tuesdays 1pm-3pm
St Mary's Church, Higham Ferrers	Thursdays 10am-2pm

### Food Bank

<b>Encompass</b>	
19-21 Church Street	01933 733001
Rushden	<a href="mailto:Info@encompasscharity.org.uk">Info@encompasscharity.org.uk</a>
NN10 9YU	

School are able to make referrals so that you receive additional support

### ADDITIONAL INFORMATION INCLUDING FINANCIAL SUPPORT

<https://www.northnorthants.gov.uk/cost-living>

## Stars of the Week

Congratulations to the following students for achieving star of the week.



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## Stars of the Week

Congratulations to the following students for achieving star of the week.



If you do not have an exam you will be in your normal lessons.

\*\*\* For French and German speaking you will be given your own individual timeslot

**Students taking maths, science, business and geography exams will need a calculator**

	P1 + P2			P3 + P4			Reg + P5		
MON 20th FEB	ENGLISH LANG Paper 1 (SH) 1hr 55mins	134	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	134	Normal lessons				
TUES 21st FEB	COMBINED SCIENCE Biology (SH) 1hr 15mins TRIPLE SCIENCE Biology (SH) 1hr 45mins	118 16	GEOGRAPHY (SH) 1hr 30mins	77	FRENCH LISTENING (VOC) 35mins/45mins	17			
WED 22nd FEB	SOCIOLOGY (SH) 1hr 45mins	47	COMBINED SCIENCE Physics (SH) 1hr 15mins TRIPLE SCIENCE Physics (SH) 1hr 45mins	118 16	GERMAN LISTENING (VOC) 35mins/45mins	16			
THUR 23rd FEB	ENGLISH LIT Paper 1 (SH) 1hr 45mins	134	MATHS Paper 2 (SH) 1hr 30mins (calculator)	134	Normal lessons				
FRI 24th FEB	DANCE (HALL) 2hrs (CP) BUSINESS (SH) 1hr 30mins FRENCH FOUNDATION SPEAKING 30 mins***	14 56 9	DANCE (HALL) 2hrs (CP) HISTORY (SH) 1hr 20mins FRENCH FOUNDATION SPEAKING 30 mins***	14 47 9	DANCE (HALL) 1hr (CP)	14			
MON 27th FEB	MATHS Paper 3 (SH) 1hr 30mins (calculator)	134	COMBINED SCIENCE Chemistry (SH) 1hr 15mins TRIPLE SCIENCE Chemistry (SH) 1hr 45mins	118 16	Normal lessons				
TUES 28th FEB	ART (CA4) 2hrs (DC +SAN) PHOTOGRAPHY 10C (CA6) 2hrs (LH) (P1 only) GERMAN HIGHER SPEAKING 30mins***	26 18 9	ART (CA4) 2hrs (DC +SAN) PHOTOGRAPHY 10C (CA6) 2hrs (LH) GERMAN HIGHER SPEAKING 30mins***	26 18 9	ART (CA4) 1hr (DC +SAN) PHOTOGRAPHY 10C (CA6) 1hr (LH)	26 18			
WED 1st MARCH	DRAMA (LTH) 2hrs (KJ) GRAPHICS (CA6) 2hrs (LH) (P1 only) GERMAN FOUND SPEAKING 30mins***	26 15 7	DRAMA (LTH) 2hrs (KJ) GRAPHICS (CA6) 2hrs (LH) GERMAN FOUND SPEAKING 30mins***	26 15 7	DRAMA (LTH) 1hr (KJ) GRAPHICS (CA6) 1hr (LH)	26 15			
THUR 2nd MARCH	PHOTOGRAPHY 10B (CA6) 2hrs (LH)	24	PHOTOGRAPHY 10B (CA6) 2hrs (LH)	24	PHOTOGRAPHY 10B (CA6) 1hr (LH)	24			
FRI 3rd MARCH	FRENCH HIGHER SPEAKING 30 mins***	9	FRENCH HIGHER SPEAKING 30 mins***	9					

## KS4 Summer Exam Timetable

	Mon 15th May	Tues 16th May	Wed 17th May	Thurs 18th May	Fri 19th May
AM 9am		Biology Paper 1(CS) 1 hr 15 mins	English Lit Paper 1 1 hr 45 mins	History Paper 1 1 hr 15 mins	Maths Paper 1 1 hr 30 mins
		Biology Paper 1(Trp) 1 hr 45 mins			
PM 1.30pm		German Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins		Business Paper 1 1 hr 45 mins	BTEC H & SC Unit 3 2 hrs
		Sociology Paper 1 1 hr 45 mins		BTEC Childcare Unit 3 2 hrs	

	Mon 22nd May	Tues 23rd May	Wed 24th May	Thurs 25th May	Fri 26th May
AM 9am	Chemistry Paper 1 (CS) 1 hr 15 mins	French Paper 1 & 3 F 1hr 20 mins / H 1hr 45 mins	English Lit Paper 2 2 hrs 15 mins	Physics Paper 1 (CS) 1 hr 15 mins	German Paper 4 F 1 hr 10 mins / H 1hr 20 mins
	Chemistry Paper 1 (Trp) 1 hr 45 mins			Physics Paper 1 (Trp) 1hr 45 mins	
PM 1.30pm	Geography Paper 1 1 hr 30 mins	BTEC ICT Unit 3 1 hr 30 mins		Sociology Paper 2 1 hr 45 mins	
				BTEC Sport Unit 2 1 hr 30 mins	

Mon 29th May	Tues 30th May	Wed 31st May	Thurs 1st June	Fri 2nd June
<b>HALF TERM</b>				

	Mon 5th June	Tues 6th June	Wed 7th June	Thurs 8th June	Fri 9th June
AM 9am	English Lang Paper 1 1 hr 55 mins		Maths Paper 2 1 hr 30 mins		Geography Paper 2 1 hr 30 mins
PM 1.30pm	French Paper 4 F 1 hr 10 mins / H 1hr 20 mins		History Paper 2 B1-B4 1 hr 45 mins	Contingency session in the event of national or significant local disruption to exams in the UK.	Biology Paper 2 (CS) 1 hr 15 mins Biology Paper 2 (Trp) 1 hr 45 mins

	Mon 12th June	Tues 13th June	Wed 14th June	Thurs 15th June	Fri 16th June
AM 9am	English Lang Paper 2 1 hr 55 mins	Chemistry Paper 2 (CS) 1 hr 15 mins	Maths Paper 3 1 hr 30 mins	History Paper 3 1 hr 20 mins	Physics Paper 2 (CS) 1 hr 15 mins
		Chemistry Paper 2 (Trp) 1 hr 45 mins			Physics Paper 2 (Trp) 1 hr 45 mins
PM 1.30pm	Business Paper 2 1 hr 45 mins			Contingency session in the event of national or significant local disruption to exams in the UK.	Geography Paper 3 1 hr 15mins

**28th June 2023 Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.**

## KS5 Summer Exam Timetable

### KS5 Timetable Summer 2023

	Mon 1st May	Tues 2nd May	Wed 3rd May	Thurs 4th May	Fri 5th May
AM 9am		BTEC PA Unit 1 3 hrs		BTEC Science Unit 3 Part A - 45 mins Part B - 1 hr 30 mins	
				BTEC Sport Unit 2 2 hr 30 mins	
	Mon 8th May	Tues 9th May	Wed 10th May	Thurs 11th May	Fri 12th May
AM 9am			BTEC ICT Unit 2B 2 hrs		BTEC Business Unit 2B 3hrs
			BTEC Sport Unit 19 2 hr 30 mins		
PM 1.30pm		BTEC ICT Unit 2A 3 hrs		BTEC Business Unit 2A 2hrs	
	Mon 15th May	Tues 16th May	Wed 17th May	Thurs 18th May	Fri 19th May
AM 9am			Geography Paper 1 2hrs 30 mins	BTEC Business Unit 3 2hrs	Psychology Paper 1 2 hrs
			Core Maths Paper 1 1 hr 30 mins	BTEC Sport Unit 22 3 hrs	BTEC H&SC Unit 2 1 hr 30 mins
					GCSE Maths Paper 1 1 hr 30 mins
PM 1.30pm	BTEC H&SC Unit 1 1 hr 30 mins				
	BTEC Sport Unit 1 1 hr 30 mins				
	Mon 22nd May	Tues 23rd May	Wed 24th May	Thurs 25th May	Fri 26th May
AM 9am	Sociology Paper 1 2 hrs	Business Paper 1 2 hrs	History Paper 1 2hrs 15 mins	English Lang/Lit Paper 1 1 hr	BTEC Science Unit 5P 50 mins
	BTEC H&SC Unit 4 3 hrs	Dance 2 hrs 30 mins			
		BTEC Science Unit 1C 40 mins			
PM 1.30pm	Media Paper 1 2 hrs	BTEC Science Unit 1B 40 mins	English Lit Paper 1 2 hr 30 mins	For Maths A Paper 1 1 hr 30 mins	BTEC Science Unit 5B 50 mins
			Physics Paper 1 2 hrs	Psychology Paper 2 2 hrs	
			Core Maths Paper 2 1 hr 30 mins	BTEC Science Unit 5C 50 mins	
			BTEC Science Unit 1P 40 mins		
	Mon 29th May	Tues 30th May	Wed 31st May	Thurs 1st June	Fri 2nd June
	<b>HALF TERM</b>				

## KS5 Summer Exam Timetable

	Mon 5th June	Tues 6th June	Wed 7th June	Thurs 8th June	Fri 9th June
AM 9am	English Lang/Lit Paper 2 2 hrs	Geography Paper 2 2hrs 30 mins	Business Paper 2 2 hrs	English Lit Paper 2 2 hr 30 mins	Physics Paper 2 2 hrs
	BTEC L3 H&SC Unit 3 1 hr 30 mins		Spanish Paper 1 2 hrs 30 mins		Sociology Paper 2 2 hrs
	GCSE English Lang P1 1 hr 55 mins		GCSE Maths Paper 2 1 hr 30 mins		BTEC ICT Unit 1 2hrs
PM 1.30pm	Psychology Paper 3 2 hrs	Maths Paper 1 2 hrs	Biology Paper 1 2 hrs	Contingency session in the event of national or significant local disruption to exams in the UK.	History Paper 2 1 hr 30 mins
	Fur Maths A Paper 2 1 hr 30 mins	Media Paper 2 2 hrs	Drama Unit 3 2 hrs 30 mins		
			Graphics 2hrs 30 mins		
	Mon 12th June	Tues 13th June	Wed 14th June	Thurs 15th June	Fri 16th June
AM 9am	Chemistry Paper 1 2hrs 15 mins	History Paper 3 2hrs 15 mins	Business Paper 3 2 hrs	English Lang/Lit Paper 3 2 hrs	Biology Paper 2 2 hrs
	GCSE English Lang P2 1 hr 55 mins		Spanish Paper 2 2 hrs	Physics Paper 3 2 hrs	
			GCSE Maths Paper 3 1 hr 30 mins		
PM 1.30pm	Computer Science 1 2hrs 30 mins	Maths Paper 2 2 hrs	Further Maths FM1 1 hr 30 mins	Contingency session in the event of national or significant local disruption to exams in the UK.	Further Maths FS1 1 hr 30 mins
			Sociology Paper 3 2 hrs		
	Mon 19th June	Tues 20th June	Wed 21st June	Thurs 22nd June	Fri 23rd June
AM 9am	Computer Science 2 2hrs 30 mins		Biology Paper 3 2 hrs		Chemistry Paper 3 1 hr 30 mins
PM 1.30pm	Chemistry Paper 2 2hrs 15 mins	Maths Paper 3 2 hrs			Further Maths D1 1 hr 30 mins
<b>28th June 2023</b> Contingency day in the event of national or significant local disruption to exams in the UK. Candidates should be available up to and including this date.					

**THE DROP IN**  
A SAFE PLACE TO RELAX, PLAY GAMES  
AND CHAT ABOUT LIFE

YEAR 7 TUESDAY  
YEAR 8&9 WEDNESDAY  
YEAR 10&11 THURSDAY  
IN THE ETHOS ROOM AT  
LUNCH TIME  
EVERYONE WELCOME

# PE Extra Curricular

**Monday - Basketball & Netball**

**Tuesday - Football**

**Wednesday - Staff meetings**

**Thursday - Fitness Suite**

Keep up to date with all fixtures & events by joining the Google Classroom: **YFIMI5U**

PERFORMING ARTS PRESENTS

# Dance

## CLUB

**FRIDAY 3:10pm-4:10pm**  
Main Hall



YEAR 7  
YEAR 8  
YEAR 9

Come along and learn new moves in a fun and friendly environment

**FOR MORE DETAILS CONTACT MISS PILGRIM**

[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

Rushden Academy presents



# Performance Group

## DANCE

### MODERN DANCE GROUP

**Every Monday**  
**Starting 19th September**  
**3:10-4:10pm**

DANCE STYLES  
Contemporary  
Hip Hop  
Jazz

*Express yourself through the art of modern dance*

Register with Miss Pilgrim  
[c.pilgrim@rushden-academy.net](mailto:c.pilgrim@rushden-academy.net)

# Weekly Star of MFL

Each week the MFL department chooses one of its Stars of the Week to showcase.

This may be for producing a particularly impressive piece of work, making excellent progress, having great attitude to learning or otherwise representing one of the Team Rushden values.

This week's star is...  
**Charlee**

You have shown an excellent display of resilience in improving your writing for PR2.  
Well done!  
Mrs Charlton

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @Rushden-academy.net)

#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

Please send me a password

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) in the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

You also have access to the Go4Schools app that can be downloaded from the Apple Store or Google Play.

Mr P Bocking  
Assistant Principal

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@Rushden-academy.net](mailto:g.brainwood@Rushden-academy.net)

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

WHAT'S ON YOUR MIND?

sex **DRUGS**  
contraception **exam anxiety**  
**BULLYING** family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

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**CHAT** Youth Counselling  
Starting Wednesday 3rd November

# CAFE AND CHAT

YOUNG PERSON'S EMOTIONAL WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,  
30 MARKET ROAD,  
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS? WE'RE HERE TO HELP. JUST COME ALONG

Need relationship advice? Having trouble at school? Just feeling a bit low? Come talk to us for free and confidential support and advice.

NEED TO CHAT TO SOMEONE IMPARTIAL ABOUT SOMETHING?

**CHAT** Youth Counselling

## MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

**Monday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton, NN1 1PP  
01604 654385

**Tuesday 4pm - 8pm**  
Youth Works at Corby Mind,  
18 Argyle St, Corby NN17 3RU  
01536 518339

**wednesday 4pm - 8pm**  
Chat,  
Souster Youth Building,  
30 Midland Road, Thrapston,  
NN14 4JU  
01832 274422

**Thursday 4pm - 8pm**  
Youth Works,  
47 Rockingham Rd,  
Kettering, NN16 9HX  
01536 518339

**Friday 4pm - 8pm**  
the lowdown,  
3 Kingswell Street,  
Northampton,  
NN1 1PP  
01604 654385

**Saturday 10am - 2pm**  
Service Six,  
15 Sassoon Mews,  
Wellingborough,  
NN8 3LT  
01935 277530

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

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#weareNHS

Northamptonshire Healthcare NHS Foundation Trust

## CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/0303CAMHS/LIVE](http://WWW.NHS.UK/0303CAMHS/LIVE)

t f

QR code

**Camhs**  
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU

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