



Rushden Academy Newsletter

Aspire, Explore, Succeed

28/01/2022

Message From the Principal



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Team Rushden - United we stand, divided we fall

Dear Parent / Carer

We are experiencing several challenges with the Covid situation at present due to staff and pupil absences. We are fully aware that it is having an impact on everyone so let's keep positive and stay kind to ourselves and others. Please continue to communicate and let us know if you need any support. We will continue to use Google Classroom to provide work for those who are absent but if you notice an issue with this please email info@rushden-academy.net or call on 01933 350391 so that we can rectify the issue and continue to support the learning.

This week we have successfully delivered many extra-curricular activities including a year 10 Desert Rats workshop to develop team building skills and resilience. A year 9 County Lines conference to help keep pupils safe and informed about the issues surrounding drugs. We have also delivered year 12 with Resilience training. We have had Performing Arts rehearsals brightening up the dark, misty evenings, there is something special about hearing our pupils singing voices throughout the corridors! Finally this week a team of 5 fabulous pupils came back to school wearing medals and carrying the Boccia trophy after fighting off all the local competition. They have been invited to compete at County level, we are very proud of the fab 5, go Team Rushden!

Government updates

Students taking exams this year have had considerable disruption to their education and adaptations to the exams take account of that. Advance information of the focus of exams in most GCSE and all AS and A level subjects with exams will be published by exam boards (on their public websites) on Monday 7 February to support students in their revision. It is still important that students receive teaching that is broad and balanced in line with the national curriculum. Advance information will confirm some of the aspects of the specification that will be assessed in the exams, relating to content, texts, topics, themes and/or skills as appropriate for each specification.

We will keep you posted!

Mrs J Burton
Principal



FLOURISH

Word Type:
Verb and Noun

Definition:

- Grow or develop in a healthy or vigorous way, especially as the result of a particularly pleasing environment.

Synonyms:

Grow
Thrive
Blossom

Antonyms:

Die
Wither
Perish

Example:

- With the assistance of a caring mentor, Jill was able to flourish academically and socially at her new school.
- With a flourish, she ushered them inside.

Site Notice

Please be aware that we are a smoke free site, and kindly ask visitors to not smoke anywhere on our premises. This includes in our car park.

Check Your Contact Details are Correct

Please ensure the contact details Rushden Academy has for you are correct. You can do this via SIMS Parent Online or via the SIMS Parent App. If you have not received an invitation to login, please contact main reception.

Numeracy Problem of the Week



On Brian's 14th birthday, his father was 41. Brian noticed that his age was the reverse of his father's age.

How old will Brian be the next time his age is the reverse of his father's age?

Join the Google Classroom code **yqzhivc** to submit your answer

Students who submit a solution go into a prize draw for a voucher at the end of term.

Non-Prescription Medication

Following a review of the Health and Safety Policy at Rushden Academy, non-prescription medication will no longer be administered by the school. This includes paracetamol and homoeopathic medicines.

Staff may not know whether the student has taken a previous dose, or whether the medication may react with other medication being taken. Where it is appropriate (on rare occasions) to administer non-prescription medicine to a student, specific permission will need to be given by parents/carers on each occasion.

Cross Country County Competition

On Saturday morning we had two Rushden Academy students competing in the County Cross Country trials at Abington Park, Northampton. Winnie L and Preston W qualified to represent East Northants due to their impressive performance in the district competition before Christmas. Cheered on by both Mr Harris and Ms Mcveigh, Winnie started us off with a courageous performance in incredibly difficult conditions, the big hills proving really difficult for all athletes. Preston had County qualification in his sights prior to the race and was very focused on achieving that throughout the race. He put in an absolutely stunning performance racing into 14th position at the end of the first circuit, knowing he had to come within the top 18 to qualify to represent Northamptonshire in the next round. Despite dropping a couple of places, Preston fought hard to hold his ground and came a fantastic 17th place!!! A very proud moment for both him and his supporting dad!

A massive well done to both students who once demonstrated incredible willingness to compete in tough conditions, as well as a huge thank you to both sets of parents who attended and supported their children. It is very much appreciated and we look forward to cheering on Preston in the next round!



Stationery for sale in the Library

Don't forget that there are stationery items available to buy in the Library, so if you've realised you haven't got your pen on the way to school or your ruler has broken, pop in to see the Library and get yourself sorted. We have:

 Black or blue biro 15p	 Pencils 15p	 Small eraser 15p Large eraser 20p	 Pencil sharpener 10p	 Small, clear pencil case 40p Large, clear pencil case 60p
 Protractor 15p	 15cm ruler 15p 30cm ruler 30p	 Calculator £8	 Highlighter pen 40p	 Set square 15p

There are a few other items too. To see everything have a look at the stationery list available on the school's library page.

Sports Council

Introducing and congratulations to our chosen Sports Council.

We have in total 53 students who have been chosen to be a part of our Sports Council from year 7 to Year 10. These students will be the face of PE, they will represent us in upcoming events such as inter form competitions, working with Primary Schools, helping in extracurricular clubs and being our student voice to improve and tailor lessons, clubs and events to what our students want on a daily basis.

We are Proud to have each one of them on board and know that they will support the PE department and generate greater interest and excitement around the Academy. Our council are proudly wearing their shiny new Green Sports Council badge and are excited for future events and activities. Meet some of our new team below:



Year 7



Year 8



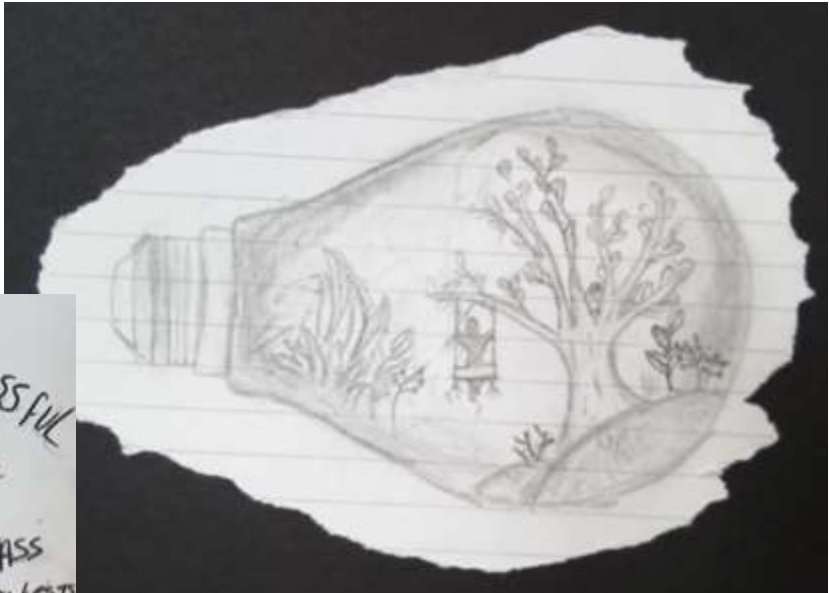
Year 9



Year 10

Ethos Stories of Hope Competition Winners

A huge CONGRATULATIONS to our winners of the Ethos Stories of Hope creative competition! We received lots of interesting, beautiful and unusual entries, so thank you to everyone who took part. Well done to Ella (Y7), Alison (Y9) and Darcie (Y7) for their winning pieces of art!



Boccia Champions

On Wednesday morning a team of Y7 & 8 students travelled to Wollaston to represent the Academy in the Key Stage 3 District Boccia Competition. Competing against other schools including Wollaston and Ferrers, the students played 6 games in total. The Rushden team won 5 out of the 6 games and drew to local rivals Ferrers! An absolutely fantastic achievement for a group of students who only met each other as a team last week and were only introduced to the sport for the first time two weeks ago!!!

The team consisted of Winnie L, Luke Q, Logan B, Robert B and Thomas W. Each of these students should be incredibly proud of this achievement and the way in which they conducted themselves throughout the morning, demonstrating amazing sportsmanship and encouragement to other schools when not participating themselves. The team will now continue to practice on a Friday lunchtime at Invitation Club, ready to represent East Northamptonshire in the County Championships later this year.

For many of the students this was the very first time they have represented their school and Rushden Academy and we as a PE team and school could not be any prouder of their achievement!!



Bookbuzz Book Review

All year 7 students have now chosen their own book from the Bookbuzz Trust to take home and keep.

Rat by Patrice Lawrence

I loved reading this book and would definitely recommend it. There were some upsetting moments in this book, but also some ones that made me want to read more. Out of 5 I would definitely give it a solid 5. It made me feel as though I was there as the story was being told. - Amy Year 7



Medicine on the Western Front Workshop

On Wednesday 26th January, Year 11 were lucky enough to partake in a history workshop put on by David and Richard from Frontline Living History who brought with them their extensive First World War battlefield artefacts and replicas.

They shared their knowledge with our Year 11 historians who will be using it in their upcoming mock and in their final GCSE History Paper 1: Medicine Through Time.

Richard and David really brought to life the experiences of soldiers in the trenches on the Western Front by passing around helmets, weapons and even recreating the smell of mustard gas.

Private Orton made an excellent First World War soldier and, when he was injured on the battlefield, it was a good job the pals in his battalion: Lewis, Harrison, Jayden and Jakub were there to get him down the chain of evacuation.

Thank you to David and Richard for sharing your time and knowledge with our students.



Poetry Work by Year 7

Year 7 have been looking at poetry in English. Here is a poem written by one of our students.

*My name is what makes me myself,
And I would never change a thing about it.
Determination drives me on,
Dedication in everything I do,
It holds me up, and reminds me I am unique,
Extrovert, empathetic and extraordinary.*

*What does my name mean to me?
Enthusiasm is my go-to,
Love, life, laughter,
Forever kind and helpful,
Ongoing, loving life,
Role model to others
Dedication and determination will forever drive me down life's path
-Maddie Y7*

CALLING ALL Y10-13



REVOLUTION
MANCHESTER



27TH-30TH JUNE

Do you want to:

MAKE A DIFFERENCE?

EXPLORE A NEW CITY?

MAKE NEW FRIENDS?

TRY NEW EXPERIENCES?

GAIN NEW SKILLS?

Cost: £175
(includes transport,
food,
accommodation
and a free
personalised
hoodie). Don't let
the cost put you off
– we can help you
with fundraising
etc!

This is a four-day residential trip, where we will be joining other schools from the Midlands to take part in social action projects across the city of Manchester. We will be doing all sorts of activities such as garden makeovers, house decorating, making food parcels, running a homeless banquet and loads more!

Sign up
deadline:
1st February

What are
you waiting
for?!

For more information, email Rosie at r.benn@rushden-academy.net, ask your form tutor, or pop down to the Ethos office for a chat.

Performing Arts at Update



Drama

Year 11 BTEC Performing Arts students are working extremely hard this term with the initial stages of their Component 3 part of the BTEC qualification. Students have been given their stimulus 'Better Together' are now in the ideas stage of the process. Students have created mood boards to show their interpretation and are now using practical exploration methods of the very talented theatre company 'The Paper Birds'.

Dance

Our amazing Year 10 BTEC Dance students are coming to the end of their contemporary dance exploration as part of their component 1 coursework. Students have shown huge interest towards researching the roots and foundations, who are the practitioners that contributed to the evolution of contemporary dance and created movement phrases in reflection of their findings. Currently students are building a performance piece which demonstrates their understanding of the stylistic features of contemporary dance and touches upon the theme of mental health.

Music

Year 9 are continuing their Music for media project to learn about the use of music in response to a visual stimuli. Previously they added sound effects to a Tom and Jerry cartoon and this week they have used Windows Video Editor to attach 14 specific sound effects to a silent movie at specific timelines within the 1 minute 20 sec clip. Additionally they will source and upload musical loops from Bandlab to add background music to add tension into the film. This revisit to Bandlab software will brush up techniques used in an earlier project and involve the skill of dovetailing the sounds and experiment to maximise the impact of music to the viewer.



Performing Arts Career of the week: Dance Photographer

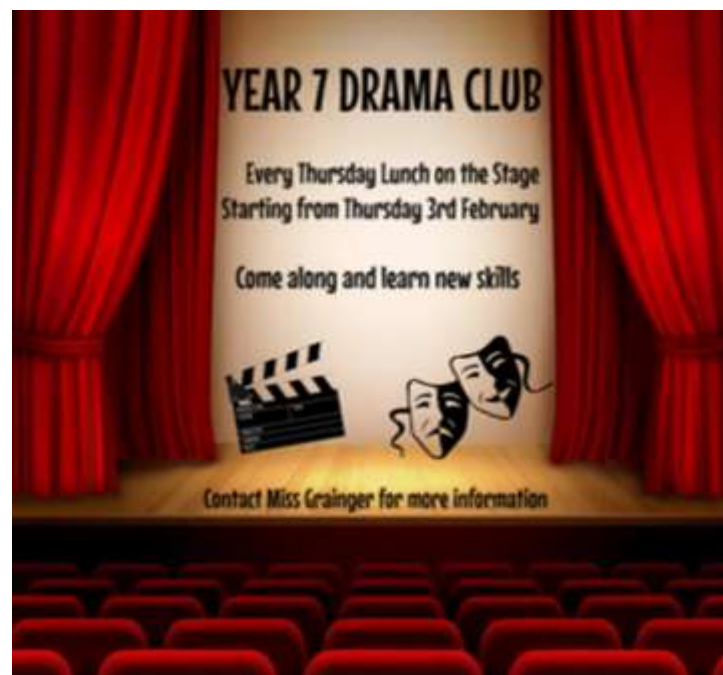
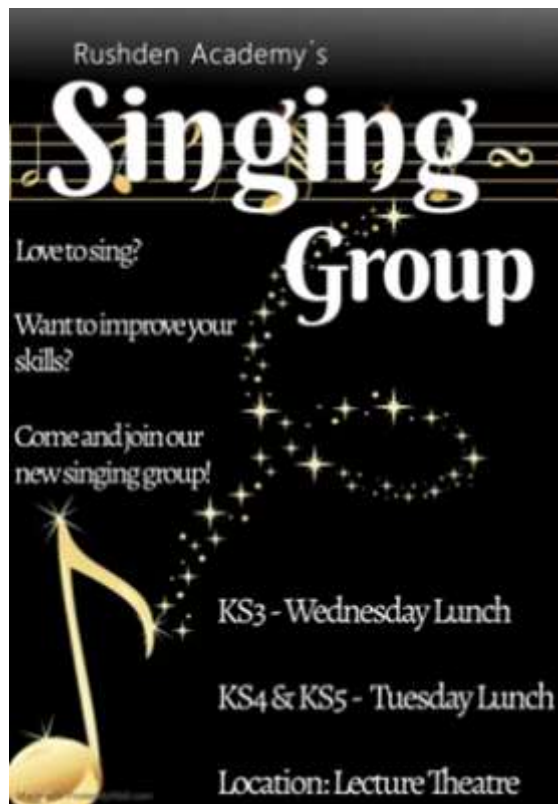
Dance photographers can take pictures of studios, classes, competitions, awards ceremonies, for magazines and newspapers.

Average Salary: £24,274

For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

j.ede@rushden-academy.net

Performing Arts Update Continued...

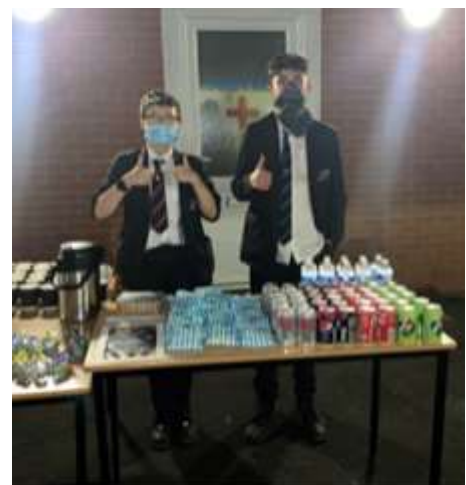


Performing Arts The Week in Pictures

A quick preview of rehearsals for our KS3 musical 'Matilda'.



A throwback to Panto, where our amazing Front of House Team worked so hard!



Legally Blonde Update

This week saw the cast and chorus go back over vocals for 'So Much Better'. As you may know this is a tough number and Lottie playing Elle has been belting this out during rehearsals. Friday nights rehearsal looks at all things ELLE and GIRL POWER, as Mrs Ede begins to block 'Positive'



Interview with the skipping crew for Whipped Into Shape

Miss Pilgrim, Georgia Y12, Jamie Y13, Kelsie Y13

How do you feel about choreographing Whipped Into Shape?

CP - It's a challenge but the students are able to pick it up, plus there plenty of practice time

What's the biggest challenge?

K - I think the stamina, as I really struggle with keeping my breath and singing at the same time

What are you most looking forward to?

J - The ending? Just joking - I'm looking forward to skipping on stage with everyone, its going to be so fun and exciting!

How do you feel about leading this number?

G - I'm really excited to be leading the number, as its my first time doing so. I've got the opportunity to learn to dance, skip and sing at the same time!

KS3 Musical Update

Rehearsals for our KS3 musical are well underway. The cast have been working on 'Miracle' and have also been working on dialogue scenes with Miss Grainger and Maddie Y12. Mrs Trunchbull has made her presence very clear with the little kids in the musical, be careful of the CHOKEY....

Please remember to check the Performing Arts notice board and also the Google Classroom for updates and rehearsal schedules!

Dates for the diary:

Tuesday 29th March

Wednesday 30th March

Tickets on sale SOON!



Operating Theatre Live

On Saturday 26th February 2022 MED-SOC will be coming to Rushden Academy providing the opportunity for students to experience clinical careers first hand.

The event is delivered by the award-winning human anatomist Samuel Piri who has been featured on the BBC, The Discovery Channel & Medicplayer.

At the event, Sam and his team will provide the opportunity for students to participate in the dissection of real organ specimens including a head & brain, lungs & heart as well as a digestive tract showcasing the stomach, liver, gall bladder, pancreas and intestines. The day is rigorously academic with students receiving award-winning insight into how the body works and the challenges faced by the next generation of medical professionals.

All of the content is carefully matched to the main GCSE, A-Level & BTEC specifications and is relevant to the study students are undertaking in the classroom. The event operates in such a way that it appeals to the students considering both medicine, dentistry & veterinary science as well as those considering; nursing, midwifery, paramedic science, occupational therapy, pharmacology, biomedical science and sports sciences.

This event is open to all students at Rushden Academy who are aged 14+, and tickets can be booked through [ParentPay](#).

Students and parents are advised to visit the website www.med-soc.co.uk for full details of the modules covered on the day.



"READ ALL ABOUT IT!"

If you want to keep up-to-date with the latest news stories (and don't want to risk reading any fake news), then you can access many of the national newspapers and TV stations online. Reading or watching different news outlets will help you to get a balanced view of what is going on in the world.

In the Library

The Library has a weekly newspaper called *First News*. The latest edition should be available every Monday. There are also past copies available for you to read.

In addition, there are four new magazines for you to read in the Library:

How It Works
Teen Breathe
BBC Wildlife
PC Gamer



All of these resources can be found in the seating area of the Library.

National Newspapers online

The Independent - you have to register to read <https://www.independent.co.uk/>
The Guardian - free to read (asks for donations) <https://www.theguardian.com/uk>
The Mirror - free to read, with some advertising <https://www.mirror.co.uk/>
Daily Express - free to read, with some advertising <https://www.express.co.uk/>
The Sun - free to read <https://www.thesun.co.uk/>
Daily Mail - free to read <https://www.dailymail.co.uk/home/index.html>
The Times - need to subscribe <https://www.thetimes.co.uk/>
The Telegraph - need to subscribe <https://www.telegraph.co.uk/>
Financial Times - need to subscribe <https://www.ft.com/>
i newspaper - free to read, some advertising <https://inews.co.uk/>

Most of the newspapers also have an app you can download but make sure you read the terms properly, don't sign up for anything you have to pay for!



Television News Channels



BBC News - <https://www.bbc.co.uk/news>

ITV News - <https://www.itv.com/news>

SKY News - <https://news.sky.com/uk>

Channel 4 - <https://www.channel4.com/news/>



Most of these news outlets will also have apps but, again, make sure you know what you are signing up for.



WEDNESDAY 2 February 2022

At 6:00PM

**Parents and Carers with
young people in Year 9 -13**

Apprenticeships.

This 30 minute session delivered by Aspire Higher explains the different types of Apprenticeships and the wide range of industries they are available in.

To sign up:

<https://www.eventbrite.co.uk/e/wednesday-webinar-parent-carer-sessions-for-academic-year-202122-tickets-182475528217>



PREMIER LEAGUE

KICKS



FREE FOOTBALL COACHING!

Are you interested in coming to play football and receive football coaching free of charge?

We have a Premier League Kicks site in Rushden
Make sure you come and join us!

Every Wednesday from 4:30pm to 5:30pm we will be at:

The Pemberton Centre (Indoors),
H.E. Bates Way,
Rushden,
NN10 9YP.

SCHOOL YEARS 7-13 BETWEEN 4:30PM TO 5:30PM

Due to COVID-19 regulations, participants **MUST** register in advance
at: ntfccommunity.co.uk/pl-kicks

For any Premier League Kicks enquiries please contact Anna Letts
On 07896299377 Or Anna.Letts@ntfc.co.uk



North
Northamptonshire
Council

NORTHAMPTON TOWN I'M
#PROUDTOBE



Would you like to understand more about County Lines in Northamptonshire?

Join our panel of experts for a live webinar



Lindsay Dalton
CEO, Pace



Adrian Sharp
Northamptonshire
Police



Sarah Pritchard
Barnardos

Free webinar for parents & carers

31 January, 7.00 - 8.00pm

Do you know how to keep your child safe?

Do you know about child criminal exploitation in Northamptonshire?

Are you worried someone is taking advantage of your child, making them do something illegal?



Learn what county lines is



Understand the signs that your child might be at risk or involved



Learn how offenders groom and exploit children



Understand what is happening in your local area

Register northamptonshirewebinar.eventbrite.com



Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: g.brainwood@rushden-academy.net

Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

Extra-Curricular Clubs

	Year 7	Year 8	Year 9	Year 10	Year 11
Lunch					
After School	Fitness Suite Netball	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite Dance, Drama and Music Intervention
Lunch					
After School	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)	Ethos Drop In School Musical Rehearsals Football (Boys and Girls)
Lunch					
After School	MFL Film Club KS3 Musical Rehearsals Performing Arts rehearsal space available Netball Rugby	MFL Film Club KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	MFL Film Club KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	MFL Film Club Performing Arts rehearsal space available Netball	MFL Film Club MFL Intervention Photography, Art and Graphics coursework Performing Arts rehearsal space available Netball
Lunch					
After School	THRIVE Ethos Room Performing Arts rehearsal space available Kinball Basketball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball	THRIVE Ethos Room Performing Arts rehearsal space available Kinball Sport Studies and Childcare coursework
Lunch					
After School	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club

Stars of the Week

Congratulations to the following students for achieving star of the week.



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February 2022 KS4 BTEC Exams

Date	Subject	Unit	Length	Start Time
Tuesday 8th February	Yr 10 Sport	Unit 2	1.5 hrs	9.00 am
Thursday 10th February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 10th February	Yr 11 Childcare	Unit 3	2 hours	9.00am

6th Form Assessment Week - January 2022

Students will sit their exams in homebase schools unless indicated otherwise

MON 31st JAN	TUES 1st FEB	WED 2nd FEB	THURS 3rd FEB	FRI 4th FEB	
13 French Paper 1 13 Psychology Paper 1 13 Maths (1 student MW) 13 Media Paper 1	2hrs 30mins 2hrs 2hrs 2hrs 13 Biology Paper 1 13 Business 13 Comp Science Paper 1 13 Drama 13 Graphics 13 Media Paper 2	2hrs 2hrs 2hrs 30mins 2hrs 30mins 2hrs 2hrs 13 Eng Lang/Lit Paper 2 (HO) 13 French Paper 2 13 Geography Paper 1 13 Photography (Rushden) 13 Physics	1hr 2hrs 2hrs 30mins 4hrs 2hrs 13 Dance 13 Further Maths Paper 3 13 Geography Paper 2 13 History	13 Art (Rushden) 13 Chemistry Paper 2 13 Comp Science Paper 2 13 English Lit Paper 1 (ES)	4hrs 1hr 30mins 2hrs 30mins 2hrs 30mins
12 Business (BTEC) 12 Eng Lang/Lit 12 Geography 12 Photography (Rushden) 12 Physics	2hrs 2hrs 2hrs 4hrs 1hr 30mins 2hrs 2hrs 12 Art (Ferreers) 12 Chemistry 12 Dance 12 English Lit Paper 1 (HO)	4hrs 1hr 30mins 2hrs 2hrs 2hrs 30mins 12 Business 12 Computer Science 12 Drama 12 Graphics	1hr 30 mins 2hrs 2hrs 2 hrs 12 English Lit Paper 2 (SW) 12 Science (BTEC) 12 Spanish Paper 2	12 Further Maths Paper 2 12 Maths 12 Media	2hrs 2hrs 1hr 30mins
13 Eng Lang/Lit Paper 1 (ES) 13 English Lit Paper 2 (CM) 13 Further Maths Paper 1 13 Maths Paper 1	2hrs 1hr 15mins 1hr 30mins 2hrs 13 Chemistry Paper 1 13 Sociology	1hr 30mins 2hrs 13 Core Maths 13 Further Maths Paper 2 13 Maths Paper 2 13 Photography (Rushden)	1hr 30mins 1hr 30mins 2hrs 1hr 13 Psychology Paper 2	13 Art (Rushden) 13 Biology Paper 2	1hr 1hr 30mins
12 Photography (Rushden) 12 History	1hr 1hr 30mins 12 Art (Ferreers) 12 Core Maths 12 Further Maths Paper 1 12 Spanish Paper 1	1hr 1hr 30mins 2hrs 1hr 45mins 12 Psychology	1hr 30mins 12 Biology	12 Sociology	1hr

AM

PM

Year 11 Mock Exams - February 2022

MOCK EXAMS

From 21st Feb until 3rd March, if you do not have an exam you will be in your normal lessons. More information will follow later.
 *** Students taking German or French will be given a 30min slot for their exam.

P1 + P2			P3 + P4		Reg + P5	
MON 21st FEB	ENGLISH LIT (SH) 1hr 45mins	115	COMBINED SCIENCE B2 (SH) 1hr 15mins	115	FRENCH LISTENING (VOC) 1hr 45mins F 35 mins DANCE (HALL) 1hr (CP)	16
TUES 22nd FEB	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	115	COMBINED SCIENCE C2 (SH) 1hr 15mins	115	GERMAN LISTENING (VOC) 1hr 45mins F 35 mins DANCE (HALL) 1hr (CP)	17
WED 23rd FEB	MATHS Paper 2 (SH) 1hr 30mins (calculator)	115	HISTORY (SH) 1hr 15mins	80		
THURS 24th FEB	COMBINED SCIENCE P2 (SH) 1hr 15mins	115	GEOGRAPHY (SH) 1hr 30mins	47		
FRI 25th FEB	BUSINESS (SH) 1hr 45 mins DRAMA (Stage + Studio) 2hrs	32 32	MATHS Paper 3 (SH) 1hr 30mins (calculator)	115		
MON 28th FEB	ART (CA3 + CA4) 2hrs (DC + SAN + AO) ***FRENCH SPEAKING F (VOC) (TC)	38	ART (CA3 + CA4) 2hrs (DC + SAN + AO) ***FRENCH SPEAKING F (VOC) (TC)	38	ART (CA3 + CA4) 1hr (DC + SAN + AO) ***FRENCH SPEAKING F (VOC) (TC)	38
TUES 1st MARCH	PHOTOGRAPHY 11A (CA6) 2hrs (LH + DC) PHOTOGRAPHY 11C (CA6) 2hrs (AO) (selected students only) ***GERMAN SPEAKING H (VOC) (GB)	20 7	PHOTOGRAPHY 11A (CA6) 2hrs (LH + DC) PHOTOGRAPHY 11C (CA6) 2hrs (AO) (selected students only) ***GERMAN SPEAKING H (VOC) (GB)	20 7	PHOTOGRAPHY 11A (CA6) 1hr (LH + DC) PHOTOGRAPHY 11C (CA6) 1hr (AO) (selected students only) ***GERMAN SPEAKING H (VOC) (GB)	20 7
WED 2nd MARCH	GRAPHICS (CA6) 2hrs (DC + LH) ***FRENCH SPEAKING H (VOC) (TC)	19	GRAPHICS (CA6) 2hrs (DC + LH) ***FRENCH SPEAKING H (VOC) (TC)	19	GRAPHICS (CA6) 1hr (DC + LH) ***FRENCH SPEAKING H (VOC) (TC)	19
THURS 3rd MARCH	***GERMAN SPEAKING H (VOC) (GB)		***GERMAN SPEAKING H (VOC) (GB)		***GERMAN SPEAKING H (VOC) (GB)	

Students taking maths, science, business and geography exams will need a calculator

How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



First-time User?

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking
Assistant Principal

Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

Main symptoms

The main symptoms of coronavirus are:

- ◆ **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

WHAT'S ON YOUR MIND?

sex **DRUGS**
contraception **exam anxiety**
BULLYING family issues
alcohol **SMOKING**
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships

for friendly, helpful advice
TEXT YOUR SCHOOL NURSE ON
07507 329 600

It's confidential

CHAT Youth Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S
EMOTIONAL
WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship
advice? Having
trouble at school?
Just feeling a bit
low? Come talk to
us for free and
confidential
support and
advice.

CHAT Youth Counselling

MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need. Book an appointment by calling the numbers or drop in during our opening times.

Monday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton, NN1 1PP
01604 654385

Tuesday 4pm - 8pm
Youth Works at Corby Mind,
18 Argill St, Corby NN17 1BU
01536 518339

Wednesday 4pm - 8pm
Chat,
Souster Youth Building,
30 Midland Road, Thrapston,
NN14 4JU
01832 274422

Thursday 4pm - 8pm
Youth Works,
97 Rockingham Rd,
Kettering, NN16 9RX
01536 518339

Friday 4pm - 8pm
the lowdown,
3 Kingswell Street,
Northampton,
NN1 1PP
01604 654385

Saturday 10am - 2pm
Service Six,
15 Sassoon Mews,
Wellingborough,
NN8 2LT
01935 277535

espresso yourself

1:1 SUPPORT AND ADVICE

ALSO AVAILABLE REMOTELY

1:1 PARENT SUPPORT IS AVAILABLE

NHS Northamptonshire Healthcare
the lowdown
ST Andrew's Community Centre
YOUTH WORKS
CHAT Youth Counselling

#weareNHS

CAMHS LIVE #MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:
WWW.NHS.UK/CAMHS/LIVE

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Camhs
Where Young Minds Matter

MAKING A DIFFERENCE FOR YOU, WITH YOU