



# Rushden Academy Newsletter

Aspire, Explore, Succeed

05/11/2021

Message From the Principal



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## Team Rushden - United we stand, divided we fall

Dear Parent / Carer

The changes to the school day have gone smoothly since returning back to school on Monday. We have ensured that each year group gets first access to the canteen and snack shack with a 5 minute head start. We have calculated that the queue takes 7 minutes in total to clear with pupils constantly moving throughout. There is enough space for pupils to sit and eat and a variety of activities available including table tennis, football, library events and games with the ethos team in the hub.

We ask that pupils continue to keep to the left when moving through the school and have reinstated a 2 way flow up and down the stairs to minimise congestion and we have many staff on duty to keep the team safe. We have CCTV on site and should any issues arise we are quick to identify and sanction. Behaviour remains calm and we are always happy to welcome guests into our school to show them around.

This week we have celebrated the hard work of pupils in lessons in our awards events and in assemblies this week we have focussed on kindness and compassion. One of the most historic acts of kindness and compassion was observed on Christmas Day during World War I when enemies called a truce, stopped fighting, shared their belongings, played football and sang together. We will be collectively commemorating next Thursday 11/11 all those that have lost their lives in war and inviting veterans into school.

Also to note that the following day, Friday 12th November, the school will be closed to pupils due to it being a training day, this coincides with other schools in Tove Learning Trust.

Thank you for reading the newsletter, please do have a safe weekend especially as we celebrate bonfire night today.

Mrs J Burton  
Principal

## Speakers for Schools Teen Book Club

Speakers for Schools five week [National Teen Book Club](#) programme begins on **Wednesday 10th November, 3:30-4:30pm**, and gives students the opportunity to:

- ◆ Meet the UK's top writers and illustrators, including Candice Carty-Williams (winner of the British Book Awards Book of the Year 2020 for Queenie).
- ◆ Become a published author themselves - and win masterclasses from top writers and literary agents.
- ◆ Engage in activities and conversations online with students from across the UK, related to the book we'll read together.

The programme is free and fully facilitated and runs for five weeks. Students can [sign up here](#).

## Pupil Dress Code

We have had a few pupils asking questions about the expectations around pupil's dress code this week. In light of this we would like to highlight a few things so that they are receiving the same message at home as at school and hopefully remove any conflict.

The policy has been agreed by the Student Council, who are the body of pupils elected by their year group.

### Uniform

- ◆ A blazer must be worn when arriving at school and then throughout the day
- ◆ A plain V-neck jumper can be worn if it is cold but this cannot be a hoodie or branded jumper
- ◆ No leggings or jeans are allowed

### Piercings

- ◆ 2 stud earrings in each ear are allowed – no hoops or bars
- ◆ All other piercings must be removed before entering the academy site

### Nails

- ◆ No false nails of unnatural length. Heads of Year should be informed in advance of any special occasion such as weddings or birthdays whereby a student is to have longer or designer false nails applied

Further details can be found on the academy website.

## Word of the Week

Our students have been extremely enthusiastic towards this new challenge and are endeavouring to use the 'WOW' word in their daily communication. Our hope is to create a language rich community where good vocabulary choices are recognised and rewarded. Well done everyone.

Each week, students will be introduced to a new word which they will use, in context, in their written and verbal work during lessons and around the school.

Every time they use the word, our students will be rewarded with Achievement Points.

The graphic is enclosed in a blue border. In the top left corner is the Rushden Academy logo (a stylized blue and white wave) with the text 'Rushden Academy' and 'Aspire • Explore • Succeed' below it. In the top right corner is the TOVE Learning Trust logo (the word 'TOVE' in a stylized font with a wave above it) and 'LEARNING TRUST' below it. On the left side, there is a circular badge with a blue border and white background containing the text 'Word of the Week' in blue. To the right of the badge, the word 'DECIPHER' is written in large, bold, red capital letters on a grey rectangular background. Below this, the text 'Word Type:' is followed by 'Verb' in blue. Underneath, 'Definition:' is followed by two bullet points: '• To figure out or understand something' and '• To comprehend and unravel information'. At the bottom left, 'Examples:' is followed by one bullet point: '• It was virtually impossible to decipher my doctors handwriting.' A faint, light blue wave logo is visible in the bottom right corner of the graphic area.

## Inappropriate ICT Use

We would like to remind pupils that anything that they post or share on the internet is there forever. The digital footprint left can be traced back to them and could potentially have a detrimental effect at a college or job interview as colleges and employers are now doing internet check on many occasions prior to interview.

## 6th Form Outstanding Student News

### We would like to congratulate:



Amber in year 12 who has secured a place on the Podiatry Traineeship. This is a 6-week programme at Northampton General Hospital, and is run in conjunction with the University of Northampton. It is a hands on clinical experience where students will have the opportunity to look at how outpatients are assessed and the treatment plans that are put in place for them. As well as general nail and foot care, the clinics also deals with nail and skin pathology, monitoring of diabetic and at risk patients and sports injuries.



Connor in year 12 for assisting in Year 9 French lessons in his own time. He has also decided to self-study French 'A' Level as his fourth subject with the valuable support of Mrs Brainwood and Mrs Charlton.

Mrs A Owen  
Director of KS5

## 6th Form UCAS Update

This is the term when Year 13 students are beginning to plan their post 18 pathways and applying to university.

Each week we will give you an update on who has completed their application alongside any offers or interviews they have received.

NAME	1st choice study	Course	Offer/interview?
Alicia	University of Hull	Children Nurse	Interview
Sam	Northumbria University, Newcastle	Biomedical Science	Offers
Sara	University of Surrey, Guilford	Biomedical Science	Offers
Matthew	University of Northampton	Biomedical Science	
Madi	University of Portsmouth	Film Production	
Shannon	University of Arts London	Hair, makeup & prosthetics for performance	

Mrs A Owen  
Director of KS5

## Are you looking for a career change? Are you interested in training to teach?

Rushden Academy has a proven track record in successfully supporting trainee teachers on programmes leading to QTS. Many of our staff, past and present, have been trained at the school and an even larger number have completed main placements and second placements here before securing teaching jobs elsewhere.



As a school with a strong and successful record for training new teachers to the profession, Rushden Academy works closely with School Centered Initial Teacher Training (SCITT) providers to provide fully supported and mentored school placements on a variety of routes.

If you are interested in a new career or are looking for more information about routes into teaching, then please contact Gail Brainwood, Director for Learning on 01933 350391 or by email: [g.brainwood@rushden-academy.net](mailto:g.brainwood@rushden-academy.net)

## Parliament Week

This week, as part of UK Parliament Week, our students have been learning about the UK's Government. They have looked at;

- ◆ how laws are made
- ◆ the roles of the House of Commons and the House of Lords
- ◆ how MPs are elected
- ◆ how Parliament contributes to our British Value of the Rule of Law and Democracy.

We saw some excellent discussions taking place across all year groups.



## Cultural Committee

### Rushden Academy Cultural Committee Launches Next Week!!

If your child likes to organise events, raise awareness, celebrate diversity and individual uniqueness and they want to make a difference then the Cultural Committee might be the club for them!

The committee will encourage team working, communication, debating and organisational skills and also be a way of making friends with like minded people.



We will discuss lots of topical issues as well as calendar events. For example, Bonfire night is tonight! We hope if you intend to celebrate that you keep yourself safe. Did you know that not all faiths and cultures celebrate this festival? Guy Fawkes night is rarely celebrated in Northern Ireland.

It is also the festival of Diwali too this week. The main day was yesterday, Thursday the 4th November.

This festival can also be seen celebrated with fireworks too! The festival lasts for 5 days and is also known as the festival of lights. This is one of the major festivals celebrated by Hindus, Jains, Sikhs and some Buddhists, notably Newar Buddhists. The festival is celebrated during the Hindu lunisolar month Kartika.

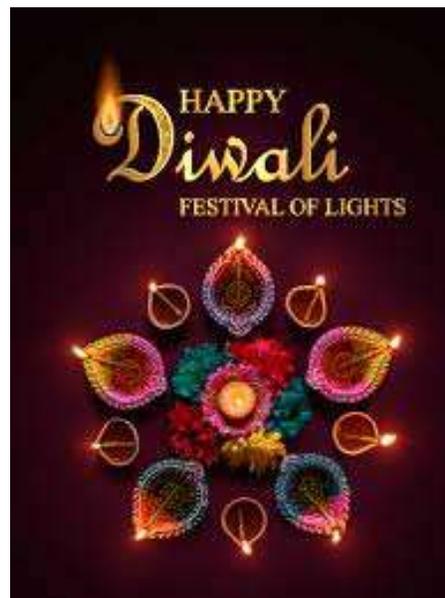
With Christmas fast approaching the committee will begin discussing how we celebrate this festival as a school? How do different faiths and religions celebrate? How can we be mindful of everyone's beliefs yet embrace our own?

Please encourage your child/children to come and join our committee to discuss and get organising our first awareness campaign.

Likewise if you have a festival or awareness campaign that you would like to share with the pupils at Rushden Academy please contact me at [r.burrows@rushden-academy](mailto:r.burrows@rushden-academy). We would be more than open to suggestions.

Students can join us on Thursday Lunch time in H5 where students are welcome to eat their lunch during the club.

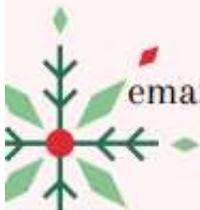
Miss R Burrows  
Humanities Department





enter your photography, paintings, creative writing, manga, sketches, graffiti art, sculpture, or anything else you can create to show the theme 'Stories of Hope', to win prizes and have your creative work displayed in a special Christmas installation

entries to Rosie by Friday 3rd December  
email [r.benn@rushden-academy.net](mailto:r.benn@rushden-academy.net) or drop them off in the Ethos room





## \* Christmas Card Design Competition 2021

- Design your own Christmas Card and be as creative as you like!
- Christmas cards need to be either **A4** or **A5**
- Submit your card to **MAIN** Reception
- Closing date: **November 26th**

\* **PRIZE!** \*

Be in with a chance of winning a prize and producing the official card for Rushden Academy

**OPEN TO ALL YEAR GROUPS!**



## Y9 PSHE - Is social media affecting our well being?

Year 9s were in amazement that they could check their socials at the start of their PSHE lesson. "Best Lesson ever" was heard among students eager to check their notifications. We began by reflecting on how it would feel if we had to go away for just 4 days to a place with no reception and no WIFI. "I wouldn't cope", "Can I opt not to go", "I feel anxious just thinking about it".

Maybe some of us adults would feel the same way too. This was not to shame us but develop awareness. After this all students placed their phones on the desk with the sound on; they were asked not to touch their phones under any circumstance and began engaging with the TED talk (which can be accessed here [https://www.youtube.com/watch?v=Czq\\_9C7qw0o](https://www.youtube.com/watch?v=Czq_9C7qw0o)).



We stopped at relevant points to consider four key effects of social media.

1. **The highlight reel** - Where we post our "wins" where we compare our everyday life with other peoples highs. How many of us see our friends away on holiday and wish we had that life but deep down we know that they are totally busy and stressed in their jobs but we do not see that on their reel...
2. **Social currency** - Likes, Shares, followers is currency. We are the product and we are allowing others to attribute a value to us. How many people take 30 photos just to get the right one? Taken down a post as it didn't get enough likes?
3. **Fear of Missing out** - Ever considered de-activating your social accounts? Chosen not to because you have actual social anxiety that you would miss out on news, activities or events?
4. **Online harassment** - Major and minor it all adds up. Secret filming and outing people, being shamed and received threats - but what about the "mug" shot you sent your best friend thinking it was private and now they have shared?

Then we had a look at the phones on our desks and revealed some staggering statistics:

- ◆ On average, a class of students received 235 notifications in 30 minutes!! Each of those notifications can be a distraction. Some people had to check their phone because they just could not resist a peek.
- ◆ On average phones were checked 72 times in the 30 minute period.

*Continues on next page...*

## Y9 PSHE Is social media affecting our well being?

After a few shocks and looking at how our awareness had developed, we looked at how we could improve our digital well-being.

### Our 4 top tips

1. **Recognise the problem** - You read this article and you watched the TED talk that is this step complete!
2. **Audit your social media** - Did that scroll make you feel better or worse? How many times do you check your likes?
3. **Create a better experience** - Do celebrities remind you of everything you do not have? Do your friends just make you feel bad? Do they lower your vibe? You don't need to follow your "friends" online. One student reduced who they were following on Instagram from 486 down to 240 - based on the fact they added no positive value to them.
4. **Model good behaviour** - We are taught not to kick in the playground so why post something or send a message that will kick someone when they are already feeling down?

### So the big question we asked and answered this week:

#### **Is all social media bad?**

No, and that was not the message of today's lesson. We wanted to explore how it affects our well being.

#### **Is social media hurting our mental health?**

We concluded it doesn't have to. It can lift you up and give you those laugh out loud moments IF you use it wisely.

So if we are going to spend 9 hours (that was the average for our year 9s) on social media each day; try to make sure that those 9 hours make us feel better not worse. Have a go at auditing your accounts and creating a better online experience for yourself.

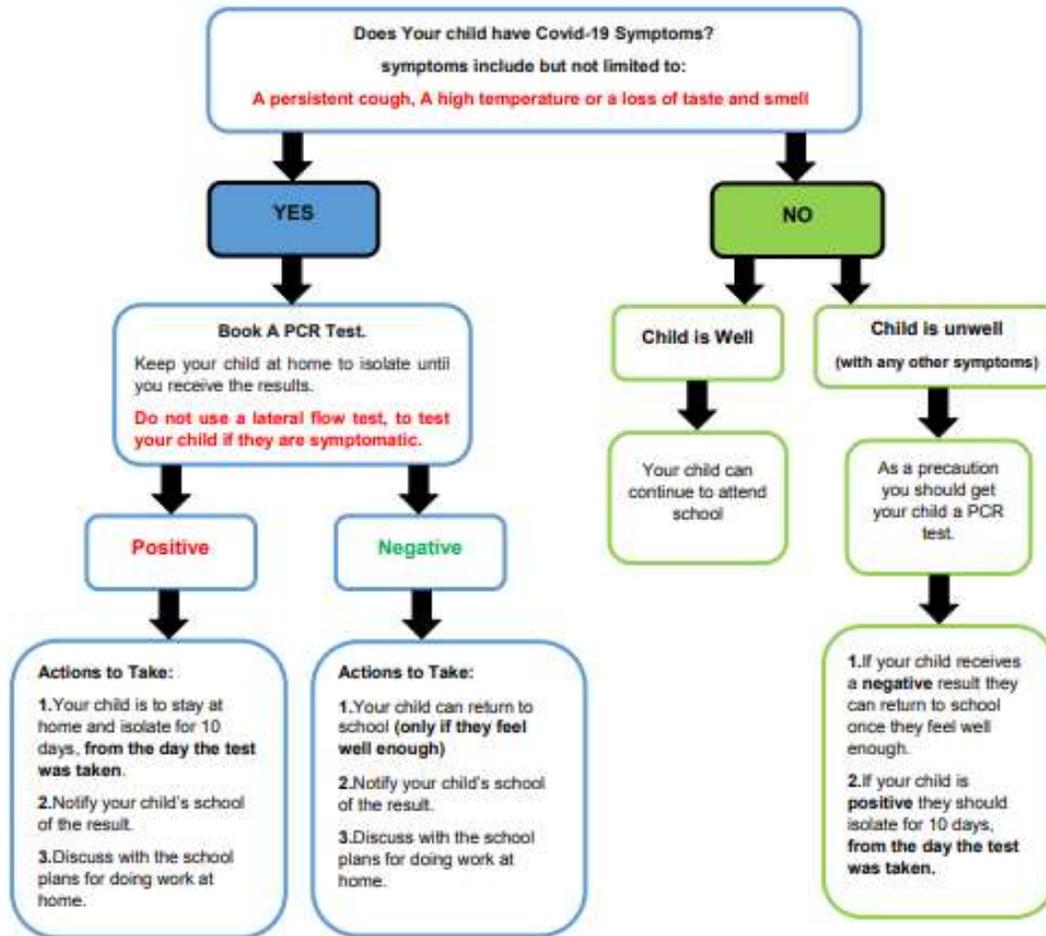
***NB Phones we only allowed out for the purpose of the lesson - following the lesson students were reminded about the schools mobile phone policy and asked to turn phones back off and put them inside their bags.***

Miss R Burrows  
Humanities Department

# Parents Guide to Covid19 Testing



## Parent's Guide To Testing their Child/Children



**Lateral Flow Device (LFD) Test:**

- LFD testing should only be completed when anyone over the age of 11 is asymptomatic.
- Children over the age of 11 should complete twice weekly LFD testing.
- If your child has a positive lateral flow test, **take a PCR test and isolate until results arrive.**
- Children under the age of 11 years **should NOT be taking LFD tests.**

**Additional Details to provide to your child's School:**

- Dates of test.
- Type of Test (LFD, PCR).
- When symptoms began.
- Any close contacts. (friends, teacher, parent and siblings).

## Performing Arts at Rushden Academy



### Drama

Year 11 are in full swing of rehearsals for their Component 2 scripted pieces. This year we have a wide variety of plays and styles being performed, ranging from naturalism to verbatim. We can't wait to see the finished result, Good Luck Y11.

### Dance

Year 11 dancers have been actively preparing for their final Component 2 exam. This practical unit involves all students duplicating professional repertoire demonstrating a high level of physical and interpretive skills to communicate the mood of the overall performance. Good Luck Dancers.

### Music

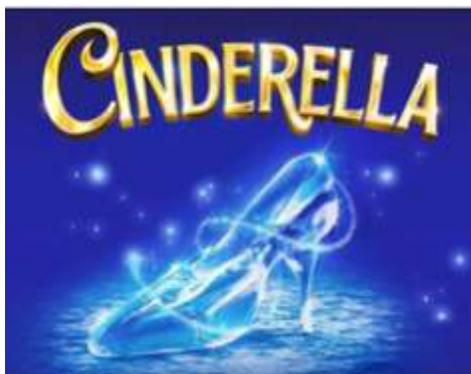
Music for Year 8's this week was an introduction to the topic of film music. Students analysed the function of the music used in a short clip from the James Bond film 'Goldfinger' to identify technical devices deployed in it, such as choice of instrumentation, pitch and rhythms to create and release tension to the viewer.

They learnt key words such as leitmotiv, digetic and non-digetic music, describing whether music in a film is heard by the actors or whether it is just to support the drama. Students made a start on learning the opening chords of the James Bond movie theme on keyboard.

### Performing Arts Career of the week: Zumba Instructor:

A Zumba fitness instructor leads a group workout that blends a variety of dance styles and Latin music. Zumba classes combine low and high intensity exercises that are designed to improve aerobic capacity, muscle strength, balance and flexibility.

Average Salary: £22,250



**Panto News:** It's Panto Time! Oh, no it isn't. Oh, yes it is!

As we are on the run up to Christmas, it is full steam ahead with panto over in the performing faculty. Act 1 of Cinderella is blocked, the choreography for Act 1 is being done Friday after school with the cast & chorus and the Performing Arts Teachers have had a production meeting to sort out costume, set and props. We are also on the look out for a panto horse!

## Performing Arts Update Continued...



KS3 dance club is starting on Friday 5th November, 3pm-4pm.

Come along and enjoy learning various dance styles.

### The Week in Pictures

Pictures include, Y11 BTEC Dancers, Y10 BTEC Performing Arts Students



For any students that are interested in taking up instrument lessons this term - please get in touch with Mrs Ede! We currently offer string, piano, guitar, drum and singing lessons but if you are interested in other instrument please let us know and we will try and source the provision!

[j.ede@rushden-academy.net](mailto:j.ede@rushden-academy.net)

## Legally Blonde Update

As we return to school for a fresh new half term, rehearsals for Legally Blonde are back into full swing. Mrs Ede is still hard at work with the cast and chorus choreographing 'What you Want'.

The next number Mrs Ede will be looking at is 'Blood in the Water' which shows Elle on her first day at Harvard Law School, where she meets Professor Callahan played by the one and only Mr Brainwood!! Watch out for sneak peaks from rehearsals!



## KS3 Musical Update



We have successfully launched our KS3 Musical 'Matilda' to students this week.

Monday 8th November - Auditions (named roles only)

### Interview with a cast member:

**Name:** Mackenzie Y12

**Role:** Mrs Trunchbull

### **What are you most looking forward to?**

I am looking forward to playing a notorious baddie. I hope to fulfil everyone's expectations of Mrs Trunchbull - I'm just very excited for it all! I also really like the leadership opportunities for myself as a Year 12 student working with KS3 students.

### **What do you think will be your biggest challenge?**

It's definitely playing such a well known character and living up to everyone's expectations, as well as putting my own spin on it. I want to please!

### **Any words of wisdom to KS3 Students auditioning?**

Enjoy it! Ask Questions and put your all into it.... you don't want to be sent to the chokey!!! Good Luck KS3!

Latest News & Achievements Follow us:

@RushdenAcademyPerformingArts



## Careers in Construction or Creative subjects

There are some careers talks coming up in November that you can register for online and attend virtually.

**16th November 5.00-6.00pm** – Define Your Career - Construction

**17th November 5.00-6.00pm** – Define Your Career - Cultural and Creative (sport; design (product/graphic/fashion); Film, TV, Video, Radio & Photography; Museums, Galleries, Heritage & Libraries; Music, Performing & Visual Arts)

The format will be similar to the previous [broadcasts](#) with a short presentation and a panel of employers/experts who will promote any opportunities/resources they may have and then take a live Q&A hosted by Speakers for Schools.

The broadcasts will be live. They will be primarily aimed at the transitional year groups, i.e. those seeking employment in the summer or taking decisions about pathways post 16 or 18/19. We are also seeing this an opportunity to promote diversity and inclusivity.

Please sign up using the link below if you are interested.

<https://forms.office.com/r/9e57zpN8Yp>.

**PRAY FOR SCHOOLS EVENING**  
PARK RD BAPTIST CHURCH, RUSHDEN  
TUESDAY 17TH NOVEMBER | 7:30-8.30 PM  
WORSHIP PRAY CHAT  
FOR ANYONE WITH A HEART FOR CHILDREN, YOUNG PEOPLE AND OUR LOCAL COMMUNITY  
R.BENN@RUSHDEN-ACADEMY.NET FOR MORE INFO

**YOUTH CAFE**  
EVERY TUESDAY  
**3:15PM-5:15PM**  
1 Hayway, Rushden NN10 6AG  
COMPLETELY FREE, COME AND ENJOY HOT CHOCOLATES, MILKSHAKES AND SNACKS.



**LGBTQ+ PRESENTS:**  
**ACCEPTANCE CLUB**

A safe space for LGBTQ+ students and Allies, offering support and a listening ear on relevant issues

**When:** Tuesdays, Afterschool  
3.15 - 3.45pm

**Where:** Ethos Room – CA Block



## Careers

### Opportunities this week:

- ? Which of these will you be part of?
- ? If you don't try it how will you know that it doesn't interest you?
- ? If you don't know what it is, try it and find out.
- ? If we only experience what we know, how will we ever know more?



### Free Webinars this week:

DATE	SPEAKER	INFO
Tues 9 <sup>th</sup> November 10-10:45am For K4-5	Work/Life Broadcast: Phoebe Barter, Group Brand Management Director, Barclays and Barclaycard	We are looking forward to hosting a Work/Life Campaign Broadcast with Phoebe Barter, Group Brand Management Director, Barclays and Barclaycard. As a full-time working mum in the city, maintaining a work/life balance is really important to Phoebe. During this broadcast, you will learn about importance of perseverance and Phoebe's tips on how to maintain a good work/life balance at school.  Click <a href="#">here</a> to register
Tues 9 <sup>th</sup> November 2-2:45pm For KS5	Careers in the tech industry with Lady Nicola Mendelsohn, Vice President for EMEA, Facebook	Did you enjoy our Predict 21' Campaign Broadcasts? Do you want to learn even more about working in the tech industry? We are excited to be joined by Lady Nicola Mendelsohn, Vice President for EMEA, Facebook!  Lady Mendelsohn will be speaking about what excites her most about her career and will be reflecting on the rapid changes taking place in technology and the changing job market.  Click <a href="#">here</a> to register

## Extra-Curricular Clubs

	Year 7	Year 8	Year 9	Year 10	Year 11
Lunch					
After School	Fitness Suite Netball	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite Dance, Drama and Music Intervention
Lunch	Ethos Drop In	Ethos Drop In	Ethos Drop In	Ethos Drop In	Ethos Drop In
After School	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)	School Musical Rehearsals Football (Boys and Girls)
Lunch	MFL Film Club	MFL Film Club	MFL Film Club	MFL Film Club	MFL Film Club
After School	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball Rugby	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	KS3 Musical Rehearsals Performing Arts rehearsal space available Netball	Performing Arts rehearsal space available Netball	MFL Intervention Photography, Art and Graphics coursework Performing Arts rehearsal space available Netball
Lunch	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room	THRIVE Ethos Room
After School	Performing Arts rehearsal space available Kinball Basketball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball	Performing Arts rehearsal space available Kinball Sport Studies and Childcare coursework
Lunch					
After School	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club	Panto Rehearsals Dance Club

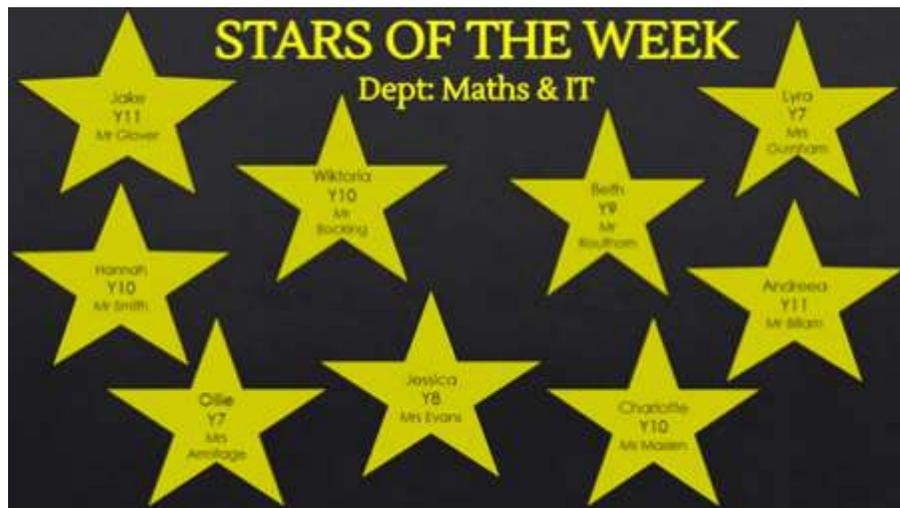
## Stars of the Week

Congratulations to the following students for achieving star of the week.



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# Year 11 Mock Exam Timetable

## Final BTEC C2 Exams

These are your final Component 2 Exams. These marks will go towards your final BTEC grade next summer.

	P1 + P2		P3 + P4		Reg + P5	
TUES 23rd NOV	DANCE (Hal) 2hrs (CP)	19	DANCE (Hal) 2hrs (CP)	19	DANCE (Hal) 1hr (CP)	19
WED 24th NOV	DRAMA (LTH) 2hrs (HT, JED)	36	DRAMA (LTH) 2hrs (HT, JED)	36	DRAMA (LTH) 1hr (HT, JED)	36

## MOCK EXAMS

From 30th Nov until 9th Dec, if you do not have an exam you will be in your normal lessons. More information will follow later. Music and ICT sessions marked \*\* are for selected students - you will be told if you are needed.

	P1 + P2		P3 + P4		Reg + P5	
TUES 30th NOV	ENGLISH LANG Paper 2 (SH) 2hr 5 mins	115	COMBINED SCIENCE B1 (SH) 1 hr 15mins	115	FRENCH LISTENING (VOC) H 45mins F 35 mins ICT** (IT1) 1hr (JF)	16 3
WED 1st DEC	MATHS Paper 1 (SH) 1hr 30mins (non-calculator)	115	GEOGRAPHY (SH) 1hr 30mins	47	GERMAN LISTENING (VOC) H 45mins F 35 mins	20
THURS 2nd DEC	HISTORY (SH) 1hr	80	COMBINED SCIENCE C1 (SH) 1 hr 15mins	115	FRENCH READING (SH) H 60mins F 45mins ICT** (IT4) 1hr (JF)	16 4
FRI 3rd DEC	MATHS Paper 2 (SH) 1hr 30mins (calculator)	115	ENGLISH LIT (SH) 1 hr	115	GERMAN READING (SH) H 60mins F 45mins	20
MON 6th DEC	COMBINED SCIENCE P1 (SH) 1 hr 15mins	115	PHOTOGRAPHY 11C(CA3) 2 hrs (AO + DC) CHILDCARE (SH) 2hrs	20 21	PHOTOGRAPHY 11C (CA3) 1 hr (AO + DC) ICT (IT3) 1hr (JF)	20 21
TUES 7th DEC	BUSINESS (SH) 1hr 30 mins YEAR 10 SPORT (SH) 1hr 30mins MUSIC** (PA4) 2hrs (JF)	32 40 2	FRENCH WRITING (SH) H 80mins F 70mins ICT (IT3) 2hrs (JF)	16 21	PHOTOGRAPHY 11A (CA4) 1 hr (LH + DC)	20
WED 8th DEC	GRAPHICS (CA6) 2hrs (DC +LH) MUSIC** (PA2) 2hrs (JF) (IT3 reserve room for Graphics)	19 2	PHOTOGRAPHY 11A (CA6) 2 hrs (LH + DC) GERMAN WRITING (SH) H 80mins F 70mins (IT3 reserve room for Photography)	20 20	(IT3 reserve room for Photography) GRAPHICS (CA6) 1hr (DC +LH)	19
THURS 9th DEC	ART (CA3 + CA4) 2hrs (DC +SAN + AO)	36	ART (CA3 + CA4) 2hrs (DC +SAN + AO) (IT3 reserve room for Graphics)	36	ART (CA3 + CA4) 1hr (DC +SAN + AO)	36

Students taking maths, science, business and geography exams will need a calculator

## January 2022 TENC BTEC Exams

Date	Subject	Unit	Groups	Length	Venue	Start Time
Wednesday 12th January	Yr 13 Health & Social Care	Unit 4	dbl/trp	3 hours	Homeschool	9.00 am
Wednesday 12th January	Yr 13 Sport	Unit 2	all	2.5 hrs	Homeschool	9.00 am
Wednesday 12th January	Yr 13 Business	Unit 2A	all	2 hours	Homeschool	1.30 pm
Thursday 13th January	Yr 13 Business	Unit 2B	all	3 hours	Homeschool	9.00 am
Friday 14th January	Yr 12 Sport	Unit 1	all	1.5 hrs	Homeschool	9.00 am
Friday 14th January	Yr 12 Health & Social Care	Unit 1	all	1.5 hrs	Homeschool	1.30 pm
Monday 17th January	Yr 13 Health & Social Care	Unit 2	all	1.5 hrs	Homeschool	9.00 am
Monday 17th January	Yr 13 Sport	Unit 22	dbl/trp	3 hours	Homeschool	9.00 am
Tuesday 18th January	Yr 13 Applied Science Biology	Unit 1B	resits	40 mins	Homeschool	1.30 pm
Wednesday 19th January	Yr 13 Applied Science Chemistry	Unit 1C	resits	40 mins	Homeschool	9.00 am
Wednesday 19th January	Yr 13 Sport	Unit 19	trp	2.5 hrs	Homeschool	9.00 am
Wednesday 19th January	Yr 13 Applied Science Physics	Unit 1P	resits	40 mins	Homeschool	1.30 pm
Wednesday 19th January	Yr 13 ICT	Unit 2A	all	3 hrs	Homeschool	1.30pm
Thursday 20th January	Yr 12 Health & Social Care	Unit 3	resits	1.5 hrs	Homeschool	9.00 am
Thursday 20th January	Yr 13 ICT	Unit 2B	all	2hrs	Homeschool	9.00 am
Friday 21st January	Yr 13 Applied Science	Unit 3	all	1.75 hrs	Homeschool	9.00 am
Monday 24th January	Yr 13 Applied Science Chemistry	Unit 5C	dbl	50 mins	Homeschool	1.30 pm
Tuesday 25th January	Yr 13 Applied Science Physics	Unit 5P	dbl	50 mins	Homeschool	9.00 am
Tuesday 25th January	Yr 13 Applied Science Biology	Unit 5B	dbl	50 mins	Homeschool	1.30 pm

## February 2022 KS4 BTEC Exams

<u>Date</u>	<u>Subject</u>	<u>Unit</u>	<u>Length</u>	<u>Start Time</u>
Tuesday 8th February	Yr 10 Sport	Unit 2	1.5 hrs	9.00 am
Thursday 10th February	Year 11 ICT	Unit 3	1.5 hrs	9.00am
Thursday 10th February	Yr 11 Childcare	Unit 3	2 hours	9.00am

## GCSE Resit Timetable November 2021

	<b>Mon 1st Nov</b>	<b>Tues 2nd Nov</b>	<b>Wed 3rd Nov</b>	<b>Thurs 4th Nov</b>	<b>Fri 5th Nov</b>
<b>AM</b>	<b>English Lang Paper 1</b>	<b>Maths Paper 1</b>	<b>English Lang Paper 2</b>	<b>Maths Paper 2</b>	
9am	1 hr 45 mins	1 hr 30 mins	2 hrs 5 mins	1 hr 30 mins	

	<b>Mon 8th Nov</b>	<b>Tues 9th Nov</b>	<b>Wed 10th Nov</b>	<b>Thurs 11th Nov</b>	<b>Fri 12th Nov</b>
<b>AM</b>	<b>Maths Paper 3</b>				
9am	1 hr 30 mins				

## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

## Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

### Main symptoms

The main symptoms of coronavirus are:

- ◆ a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).

Northamptonshire Healthcare NHS Foundation Trust

**WHAT'S ON YOUR MIND?**

sex  
contraception  
**exam anxiety**  
BULLYING  
alcohol  
HEALTHY EATING  
social networking & cyber bullying  
SELF HARM  
relationships

DRUGS  
family issues  
SMOKING  
body image

for friendly, helpful advice  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

ChatHealth

#weareNHS

Northamptonshire Healthcare NHS Foundation Trust

**CAMHS LIVE**  
**#MYMINDMATTERS**

WE KNOW IT CAN BE HARD TO GET HELP.

CAMHS LIVE CAN BE ACCESSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.UK/CAMHS/LIVE](http://WWW.NHS.UK/CAMHS/LIVE)

MAKING A DIFFERENCE FOR YOU, WITH YOU

Camhs  
Where Young Minds Matter