



# Rushden Academy Newsletter

Aspire, Explore, Succeed

09/07/2021

## Message From the Principal



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### Team Rushden - United we stand, divided we fall

Good afternoon

This week we received information from the government regarding school opening in September. Here is the link to read the full document.

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak/step-4-update-what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges>

### Here is a summary of September expectations:

- ♦ Attendance is mandatory for all pupils.
- ♦ Over the summer, pupils should continue to test regularly **if** they are attending settings that remain open.
- ♦ All pupils are expected to have two on-site lateral flow tests, 3-5 days apart when they return in September. Following this initial testing in September at school, pupils should continue to test twice weekly at home until the end of September, when this will be reviewed.
- ♦ Separate year group bubbles are no longer recommended as necessary. But if there is an outbreak, we may need to reintroduce bubbles.
- ♦ Face coverings will no longer be advised for pupils, staff and visitors either in classrooms or in communal areas.

When we return in September we will provide remote education for pupils who are unable to attend school due to COVID-19 (for example if they need to self-isolate, or if they have tested positive but are well enough to learn from home).

### Online safety

- ♦ At home talk about staying safe online and encourage them to talk to you if they come across something worrying.
- ♦ Here is the government link: [guidance for parents and carers to keep children safe online](#) this explains how to talk about online safety issues.

*Continues on the next page*

## Message From the Principal Continued...

- ◆ Here is the link about [staying safe online](#) and includes information on setting up age appropriate controls, on-line fraud, privacy settings, and screen time recommendations.

### **Self-isolation**

From 16 August 2021, children under the age of 18 years old will no longer be required to self-isolate if they are contacted by NHS Test and Trace as a close contact of a positive COVID-19 case. Instead, children will be contacted by NHS Test and Trace, informed they have been in close contact with a positive case and advised to take a PCR test. We would encourage all individuals to take a PCR test if advised to do so.

### **Positive rapid lateral flow test results**

Anyone with a positive test result will need to:

- ◆ self-isolate in line with the [stay at home guidance](#) (if they test positive at school, you should arrange for them to be collected)
- ◆ [book a further test](#) (a lab-based polymerase chain reaction (PCR) test) to confirm the result, whether the test was done at home, school or college

Whilst awaiting the PCR result, the individual should continue to self-isolate. If the PCR test is taken within the 2 days following the positive LFD result, and is negative, it overrides the self-test LFD test and your child can return to nursery, childminders, school or college, as long as they don't have COVID-19 symptoms.

**If you suspect your child has coronavirus or has a positive test please do not send your child to school**

### **Holidays and travel abroad**

You should plan your holidays within school and college holidays as usual. Avoid seeking permission to take your children out of school during term time. You should make sure any travel is in line with [national travel guidance](#).

Keep in mind that you and your children may need to self-isolate when you return from a trip overseas. Any self-isolation should also fall within the school or college holidays.

Hopefully this helps, but if you need further advice, please contact the school.

Mrs J Burton  
Principal

## Arrangements for the Last Day of the Academic Year - Friday 16th July 2021

The Academy will be closing early on Friday 16th July.

- ◆ Pupils should arrive as normal at the start of the school day.
- ◆ There will be an extended morning break for 30 minutes.
- ◆ Years 7 and 10 will be dismissed at 12.50pm
- ◆ Years 8 and 9 will be dismissed at 12.55pm
- ◆ The canteen will be open for a 'grab and go' service for any student who requires something to eat.

If you wish for your child to remain on site, please contact reception on 01933 350391. All students who remain with us can take their lunch as normal but will need to report to the Library at 1.20pm. Whilst in the Library, they will then be able to continue with independent work whilst being supervised by a member of staff. The students will then be dismissed at 2.50pm.



## England in the European Final on Sunday - later start to school for those staying up late

Dear Parents/Carers

With England playing in the final of the European Championship on Sunday evening there is the possibility that the game could extend into extra time and penalties. There may also be significant levels of celebration following (fingers crossed) an England victory.

Should circumstances mean that children will be staying up and going to bed late, we are giving leeway for them in terms of the start to Monday morning. Should the match continue late into the night, students have the option of arriving at school at 9.55am just prior to the start of period 2 at 10am. We would very much prefer to have them here than for them to take the rest of the day off. School will be operating as normal with Tutor time and period 1 for those students unaffected or those still feeling 'match fit' for school on Monday despite their late night.

Mr R Middleton

Vice Principal



The poster features a blue border and contains the following elements:

- Parent Teachers Friends Association logo:** A circular logo with four stylized figures in green, orange, red, and blue holding hands. Text inside: "PARENT TEACHERS FRIENDS ASSOCIATION" and "Helping make your school a better place".
- Rushden Academy logo:** A blue stylized 'R' logo with the text "Rushden Academy" and "Aspire • Explore • Succeed" below it.
- Trophies:** Three trophies (silver, gold, and bronze) sitting on a blue and white podium.
- Title:** "Sports Day Refreshments" in large, bold, black text.
- Text:** "Please bring change with you:"
- List:**
  - Refreshments available throughout sports day
  - Prices from **30p** to **£1**
- Refreshment icons:** A green packet of crisps, a yellow juice carton, a brown chocolate bar, and a red can of soda.

## Dyslexia Webinar

Free Webinar 'Inspiring young people to achieve their potential' will now be held on 22 July, 7:00pm - 8pm.

Don't forget if you can't make the live webinar, simply register and a recording will be sent to you to watch in your own time.

Focusing on strategies to support studying and working from home with success stories to inspire young people, including a Q&A session.

The session will also aim to inspire parents and teachers of young people with dyslexia, including stories and anecdotes from dyslexic clients who have achieved significant levels of success and enjoyment in their professions and the kind of support available to young adults once they reach the workplace.

[Register here](#)



## CCTV on Site

We would like to remind students, parents and visitors that Rushden Academy has CCTV covering the site for the purposes of maintaining the security of property and premises and for preventing and investigating incidents.



## Grace Foundation Charity Single

If you haven't listened already, have a look at the charity single released by the Ethos Team and Grace Foundation that features 5 students from Rushden Academy.

<https://www.youtube.com/watch?v=m1qiyPP7IG8>





## Rushden Academy Musical 2021



### The Rushden Academy School Musical **IS BACK!**

From September 2021 we are back in rehearsals for....



See the Performing Arts notice board for details  
First meeting Tuesday 14th September 3.15 in the hall

## Road Safety

Please can you remind your child(ren) to be safe when they are coming to and from school, and watch for traffic.

Students who bike or scooter to school should also be mindful of the pedestrians and vehicles they pass and ensure that they remain aware of their surroundings. More information on safe biking can be found at [Cycle Northants](#).

## Learning For Life Day

Today we had our final Learning For Life day of the Academic Year, with a range of activities and sessions taking place to equip our students with valuable Careers, Relationships, and Sex education.

Year 7 learnt about Good Friendships, Bullying and Banter, and Cyberbullying,

Year 8 took part in the Enterprise Challenge, working together to produce creative ideas for a real-world brief.

Year 9 learnt about The Equality Act, Gender and Trans Identity, and Sexual Harassment.

and Year 10 had visitors to inform them about a range of careers options, and also learnt about Sexual Harassment and Contraception.

A busy day all around the school, and a true team effort from students, staff, and visitors. Our students did us proud with excellent behaviour and engagement, and some excellent discussions taking place!

## Congratulations to Level 2 Hair & Beauty Students

A huge congratulations to the TENC Level 2 Hair and Beauty students.

They have achieved their Level 2 Hair and Beauty Diploma, despite the disruptions the pandemic brought to the industry. They have risen above the challenges with many achieving Distinction results for their units.

We are immensely proud of each and every one of you, well done girls!

Mrs K Olrod & Mrs M Hathaway  
Hair & Beauty





# Time Out For Parents

**Handling Anger in the Family**

Sessions for anyone parenting children aged 5 to 16

**Care for the Family**

Dates  
Every Wednesday, 7-9pm  
8th - 29th September

This course will be run online via Zoom

Book your place online visit [hopeforfamilies.org.uk](https://hopeforfamilies.org.uk)

For more information contact  
Hope for Families on 07784 333825  
or email [hello@hopeforfamilies.org.uk](mailto:hello@hopeforfamilies.org.uk)

**positiveparenting**  
Children learn by doing. We provide practical advice and support to help you to manage your child's behaviour and build your relationship.





## GCSEPod Summer Learning Programme

From the **26th July and over the course of 3 weeks**, students and parents are invited to participate in engaging and interactive webinars, and gain access to interviews with subject specialists, resources, task sheets, podcasts and more.



Any student or parent can take part but they must register at [gcsepod.com/summerpod](https://gcsepod.com/summerpod) to get involved!



## Stars of the Week

Congratulations to the following students for achieving star of the week.



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PREMIER LEAGUE

KICKS



## FREE FOOTBALL COACHING!

Are you interested in coming to play football and receive football coaching free of charge?

We will soon be re-starting our Premier League Kicks site in Rushden! Make sure you come and join us!

Every Wednesday from 6:00pm to 7:00pm we will be at:

The Pemberton Centre MUGA,  
H.E. Bates Way,  
Rushden,  
NN10 9YP.

THIS IS FOR SCHOOL YEARS 7-13.

Due to COVID-19 regulations, participants **MUST** register in advance at: [ntfccommunity.co.uk/pl-kicks](http://ntfccommunity.co.uk/pl-kicks)

For any Premier League Kicks enquiries please contact us (text only) on 07848473528.



## GIRLS PLAY RUGBY TOO!

TRY SOMETHING NEW!!

RUSHDEN & HIGHAM RUGBY CLUB ARE  
STARTING ITS U12'S - U15'S GIRLS TEAM AGAIN  
NO EXPERIENCE NECESSARY

Starts:  
Sunday 23<sup>rd</sup> May 2021  
12.30pm - 2pm

At: Rushden & Higham  
Rugby Club,  
Manor Park,  
Bedford Road, Rushden



For more information please contact  
Jo Griffiths on 07792-902390



## Become a Youth Ambassador!

We are recruiting young people to join our youth ambassadors group

Take part in creating and executing campaigns, getting other young peoples voices heard and be part in a wellbeing conference.

To get involved or for more information email:

[Leanne.conroy@free2talkcic.org](mailto:Leanne.conroy@free2talkcic.org)

You will receive  
accreditation through  
Youth Voice



## DISABILITY FOOTBALL FUN!

Come and join our coaches, Cameron and Kym, for some football fun on a Wednesday evening in a fun, safe and secure environment!

These sessions are for those who are aged 8 - 18 years old. Please register online at [ntfccommunity.co.uk/pl-kicks](http://ntfccommunity.co.uk/pl-kicks) If you have any further queries please contact Cameron Marshall via email at [Cameron.Marshall@ntfc.co.uk](mailto:Cameron.Marshall@ntfc.co.uk)



Every Wednesday starting  
16th June 2021.  
Inc. School Holidays  
16:30 - 17:30  
(INDOOR SPORTS HALL)

The Pemberton Centre,  
H.E. Bates Way,  
Rushden,  
NN10 9YP.



NORTHAMPTON TOWN F.C.  
#PROUDTOBE



## How to Access Go4Schools

Go4Schools is the online system that Rushden Academy uses to track student attendance, student progress and assign homework tasks.

Students and parents can access this at home to keep up to date, by checking timetables and homework deadlines. Student progress reports will be published through Go4Schools 3 times a year.

Please follow the instructions below to access Go4Schools.

### Student access to Go4Schools

- ◆ Go to the Go4Schools student access page (on the top right of the Go4Schools home page)
- ◆ Type in your school email address in the first time user box (your computer login in followed by @rushden-academy.net)



#### **First-time User?**

If you haven't logged on to GO 4 Students before, type your email address and click the "please send me a password" button.

Email address:

Please note, if you are having problems with your password please contact your school. For Data Protection reasons we are unable to divulge or set passwords for students ourselves.

- ◆ This will send you an email link with your password
- ◆ Login with your new password

### Parental access to Go4Schools

- ◆ Go to the Go4Schools parent access page
- ◆ Enter your email address (the one Rushden Academy contacts you on) to the first time user box
- ◆ This will send you an email link with your password
- ◆ Login with your new password

If you haven't received an email in 5 minutes, please double check you have your email typed in correctly and ask them to send the password again. If you have any problems accessing Go4Schools do not hesitate to contact the academy.

Mr P Bocking  
Assistant Principal

## Check if You or Your Child has Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

### Main symptoms

The main symptoms of coronavirus are:

- ◆ a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- ◆ a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- ◆ a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

Use the NHS 111 online coronavirus service if:

- ◆ you're worried about your symptoms
- ◆ you're not sure what to do

## Are You Eligible for Free School Meals?

If you are in receipt of any of the following, your child may be eligible for free school meals.

- Income Support
- Income based Job Seekers Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)
- Guarantee Element of State Pension Credit
- Universal Credit - income dependant

You can check your eligibility and apply for free school meals through Northampton County Council by clicking [here](#).



**WHAT'S ON YOUR MIND?**

sex  
contraception  
**exam anxiety**  
BULLYING family issues  
alcohol **SMOKING**  
HEALTHY EATING body image  
social networking & cyber bullying  
**SELF HARM** MENTAL HEALTH  
relationships

**for friendly, helpful advice**  
TEXT YOUR SCHOOL NURSE ON  
**07507 329 600**

It's confidential

ChatHealth



#weareNHS

**CAMHS LIVE**  
#MYMINDMATTERS

WE KNOW IT CAN BE HARD TO GET HELP.  
CAMHS LIVE CAN BE ACCESSSED VIA YOUR PHONE, TABLET OR LAPTOP AND IS A WEB CHAT. IT IS HERE TO HELP YOU ACCESS THE MENTAL HEALTH SERVICES YOU MIGHT NEED. SPEAK TO OUR ADVISORS ABOUT THE RIGHT OPTION FOR YOU.

LIVE AND ONLINE:  
[WWW.NHS.uk/CAMHSLIVE](http://WWW.NHS.uk/CAMHSLIVE)

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QR code

**Camhs**  
Where Young Minds Matter

**MAKING A DIFFERENCE FOR YOU, WITH YOU**